

**"Advocacy is empathy,
compassion, and
community at work."**

— Janna Cachola

Mary-Grace Allen is the founder and principal of Commonwealth Strategic Research & Consulting, LLC, where she advises clients at the intersection of people, politics, and policy.

A Kentucky attorney and experienced government relations professional, Allen has represented interests ranging from Fortune 500 companies to grassroots organizations navigating complex legislative, regulatory, and public affairs environments. Her work spans legislative and executive advocacy, strategic consulting, grassroots engagement, coalition building, and stakeholder strategy, with experience engaging and building productive relationships with elected officials, policymakers, and government leaders across the local, state, and federal levels.

Mary-Grace's academic path spans mathematics and science, politics, law, and public policy—an interdisciplinary foundation that continues to shape the way she approaches complex issues.

Meet Our Speaker Mary Grace Allen

A graduate of the Carol Martin Gatton Academy of Mathematics & Science at Western Kentucky University, Mary-Grace continued her education with a Bachelor's of Science in Political Science from the University of Kentucky then her Juris Doctorate from the University of Louisville Brandeis School of Law, where her studies focused on public policy and legislative drafting.

A native of Lincoln County, Mary-Grace now lives on a farm in rural Franklin County with her husband and three-year-old daughter. When she's not outside in her garden, you can find her either at a UK football game, doing DIY home renovations, or listening to music with her little girl.

