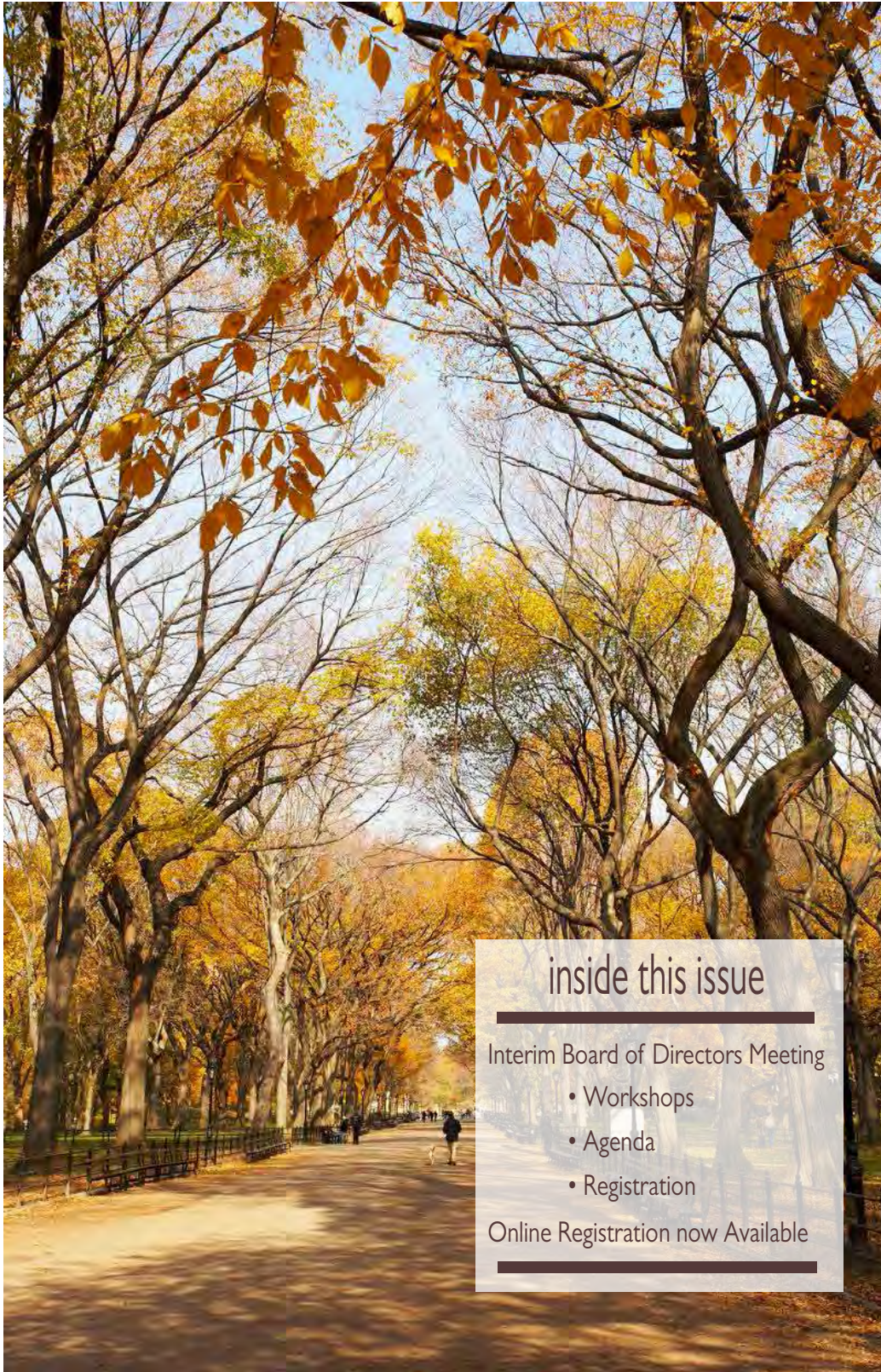


The
KENTUCKY CARDINAL
KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

Volume 97 Issue 2 Fall 2025



inside this issue

Interim Board of Directors Meeting

- Workshops
- Agenda
- Registration

Online Registration now Available

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Kentucky Cardinal Advertising

The Kentucky Cardinal accepts advertising but reserves the right to refuse to publish any and all ads submitted. Mail or email ads to the Kentucky Cardinal editor. All ads are to be paid in advance. Checks should be made payable to KFBPW with Kentucky Cardinal in the memo.

Full Page.....\$150

Half Page.....\$85

Quarter Page.....\$60

Business Card.....\$35

Deadlines for the Kentucky Cardinal~
July 1 ~ September 15 ~ December 1 ~ March 15

inside this issue

President's Message 3

Officer Reports 4

Online Registration 5

Committee Reports 6

Interim Board Speakers 7

Interim Board Agenda 8

Interim Board Registration Form 9

Local News 10-11

President's Message



Brooke Archila
2025-26 KFBPW President



“Every leaf
speaks bliss to me,
fluttering from the
autumn tree.”

—Emily Bronte

Fall has always been my favorite season, from the weather, the colors, the food, and even the reminder that change is often inevitable but can still be beautiful and beneficial.

As we continue to work hard to help our wonderful KFBPW not only grow but also thrive, please remember that while there will be necessary changes we have to make to stay current with our quickly changing world, the spirit, heart, sisterhood, and mission of KFBPW will always be our backbone that keeps us strong and secure!

At our State Conference, I introduced our theme of “Share Your Story.” We want to help you do that in ways that are meaningful and impactful, so that’s been the focus of our planning sessions for Interim Board coming up on November 7-8 in Hopkinsville, KY.

Friday afternoon, our own Rikiyah Pryor and Mariah Hughes will be leading us in a training session to help us improve our local BPW clubs and our own professional lives.

On Saturday, our speaker, Tiffany Bolinger, has an excellent communications workshop planned to help us develop strong stories and statements about our local BPW clubs so that we can confidently share with others the impact we continue to make in Kentucky!

As always, our KBPW Foundation has an excellent dinner and fundraiser planned for us! Great food, great fellowship, and a great cause—that’s what we can always expect!

We are debuting something new this time: online registration! We are excited to be able to offer this option to you. This will hopefully make it easier and quicker to register for Interim Board. You will still have the option to fill out a form and mail it in with a check if you prefer.

I hope you will be able to join us at Interim Board! The best part of any KFBPW gathering is all of YOU, my KFBPW sisters!

Officer Report

Exciting News



Electronic payments are here!

Ginny White-Schatzke, Treasurer

Exciting News – Many of you have requested electronic payments for state meetings. IT IS AVAILABLE FOR INTERIM BOARD!!! You can register via the link below or use the QR code in this Kentucky Cardinal if you would like to pay digitally. The full registration form will appear, select the conference package, fill in your name and other information required. Some information is required and will turn red until completed. Upon completion and payment, you will receive a ticket showing 2025 Interim Board information, your name and the conference package selected as your payment receipt.

NOTE: At the bottom of the form there is a section for a donation to KFBPW. This is not KFBPW Foundation, and you are not required to do this.

<https://www.zeffy.com/en-US/ticketing/kfbpw-interim-board>

Registration by mail is available – mail completed registration form with check to KFBPW Treasurer at the below address. Make checks payable to KFBPW on or before October 8th for Early Bird special. Mail to KFBPW Treasurer, Ginny White-Schatzke, 176 Royal View Drive, Lebanon, KY 40033.

Other Payment Information: Dues with proper forms, State Conference, Liability Insurance and Cardinal Advertising payments are made payable to KFBPW then mailed to KFBPW Treasurer at above address.

Patti Fallin needs copies of membership forms (no checks) at 107 S Harrig Street, Madisonville, KY 42431. Forms are available on the KFBPW website home page which will ensure the proper and complete information is obtained from the local organization.

Also, remember that only new members' dues are prorated according to the month they join. The proration schedule is on our website and in prior Kentucky Cardinal Issues. All other members' dues are \$25, no matter when they pay. This schedule is state dues only and does not include local dues.



KFBPW

INTERIM BOARD

**NOV. 7-8
2025**



REGISTER ONLINE

<https://www.zeffy.com/en-US/ticketing/kfbpw-interim-board>

RESERVE YOUR HOTEL ROOM

<https://www.hilton.com/en/attend-my-event/kentucky-kfbpw-november-2025/>

**EARLY
BIRD RATE:
BY OCT. 7**

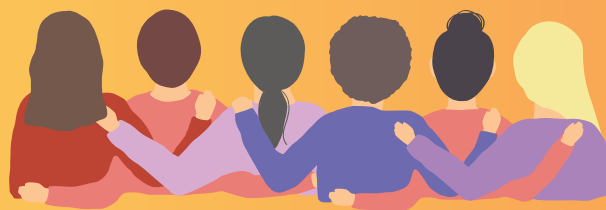


PLAN YOUR TRIP

Hopkinsville, KY

<https://visithopkinsville.com/>

**PREPARE TO HAVE FUN,
CONNECT WITH OTHERS, AND
GROW YOUR LEADERSHIP
SKILLS!**



COMMITTEE REPORTS



Growing Membership in Your Local BPW

Lea Ann Klarner, Chair

The Business & Professional Women's Club has long stood as a pillar for empowering local women in their professional journeys. To ensure its continued vitality, the club can focus on innovative ways to grow its membership.

First, leveraging social media platforms and a user-friendly website can increase visibility among younger professionals and students. Hosting regular networking events and open houses allows prospective members to experience the club's supportive environment first-hand. Partnering with local colleges, businesses, and women's organizations will further broaden outreach.

Another strategy is to offer mentorship programs where experienced members guide newcomers, fostering a sense of community and value. Highlighting member achievements in newsletters and local media can also attract those seeking recognition and growth. Lastly, flexible event scheduling—including virtual options—ensures accessibility for busy professionals.

By embracing these approaches, the Business & Professional Women's Club can continue to inspire, connect, and support the next generation of leaders in the community.



Issues Management/ Legislation

Peggy Orbersen, Co-Chair

Hello Ladies,

There are currently many issues and causes before us today such as voting rights, Medicaid, SNAP benefits, health care, inflation, food prices, etc. After deciding on the most important for your local organization, (it is impossible to address all of them) invite speakers, participate in events, rallies, etc. and call/text/email your legislators about those issues. Become active citizens. You can find resources in your local community organizations and the impact of current legislation on their livelihood.

Just keep this in mind: KFBPW is a nonpartisan organization. We support or oppose issues, not political parties or candidates. If a candidate or party is in agreement with our stance, we may state this fact. No political contributions may be made by or in the name of BPW; however individuals in our group may choose to do so within legal limits.

There are no elections for 2025, but candidates are already lining up for several state and congressional offices. Make sure to become informed of their opinions in order to become an informed voter.

"In every change, in every falling leaf, there is some pain, some beauty. And that's the way new leaves grow."

Amit Ray



KBPW Foundation

Diane Croney-Turner, Chair

The KBPW Foundation Board of Trustees invites everyone to our Foundation fundraiser held during Interim Board on Friday, November 7th at 6:00 p.m. at Hampton Inn and Suites, Hopkinsville.

We will have a live auction as our fundraiser. We ask each local to bring (2) items - one gift basket with a minimum value of \$25.00 (examples - UK, Louisville, "Share Your Story", a basket with items from your home town, etc.) and gift card(s) totaling a minimum of \$25.00. Make sure the gift cards can be used across the state (i.e. Kroger, Walmart, McDonalds, Wendy's, etc.) The gift cards will be placed in a gift bag and we will sell tickets at 6 for \$5.00 or \$1.00 each. All proceeds go to the Promise Campaign for scholarships. Bring plenty of dollars. If unable to attend Interim Board, you can mail a donation for KBPW Promise Campaign, to Patti Fallin, 107 S. Harrig St., Madisonville, KY 42431.

Foundation Grant Applications for the Spring Semester are due to Amanda Ishmael, Scholarship Chair, PO Box 358, Butler, KY 41066-0358 by October 15th. Grant Applications can be downloaded from www.bpw-ky.org under the Foundation tab. The scholarships will be awarded by Interim Board.

The Foundation encourage all local clubs and regions to utilize the Betty Hinz Fund for communication workshops. For requests, submit a budget with a detailed description of the event your local is sponsoring. Email all requests to Diane Croney-Turner at croney0803@gmail.com.

Have a Happy Halloween, Thanksgiving, Merry Christmas, and New Year's.



Mariah Hughes



Rikiyah Pryor

“Blueprint for Event Brilliance: Turning Plans into Success”

This session is all about helping us sharpen our skills when it comes to planning, creating, and following through with successful BPW events. Join Rikiyah and Mariah as they walk us through:

- Planning Your Event – how to get organized (yes, even with a spreadsheet!)
- Sponsorship Best Practices – the ins and outs of one-pagers and making the ask with confidence
- Creating the Experience – everything from volunteers to the little details that make a big difference
- The Follow-Up – thanking our sponsors, capturing memories, and sharing on social media, email, and newsletters

We'll also have a Canva flyer activity built in, so this will be interactive, fun, and hands-on.

Our goal is to leave everyone feeling more confident, prepared, and inspired to make their events shine brighter than ever.

We can't wait to see you there and dive into this together!

Boost your Leadership skills



Tiffany Brooke Bolinger, MAE, LPCC is a Family & Consumer Sciences Extension Agent with over 12 years of experience delivering research-based educational programs in Christian County through the University of Kentucky Cooperative Extension Service. She develops and leads initiatives that promote health, strengthen families, and support lifelong learning, earning multiple state and organizational awards for innovative and impactful programming. A Licensed Professional Clinical Counselor and certified Adult Mental Health First Aid Instructor, Tiffany is dedicated to advancing inclusive education that enriches communities.

Emotionally Intelligent Leadership: Focusing on Self to Connect with Others

Boost your leadership skills in this EQ Leadership Seminar. Explore the four aspects of emotional intelligence—self-awareness, self-management, social awareness, and relationship management—and learn practical strategies to apply them in your professional and personal life.



**Kentucky Federation of Business and Professional
Women's Clubs, Inc.**

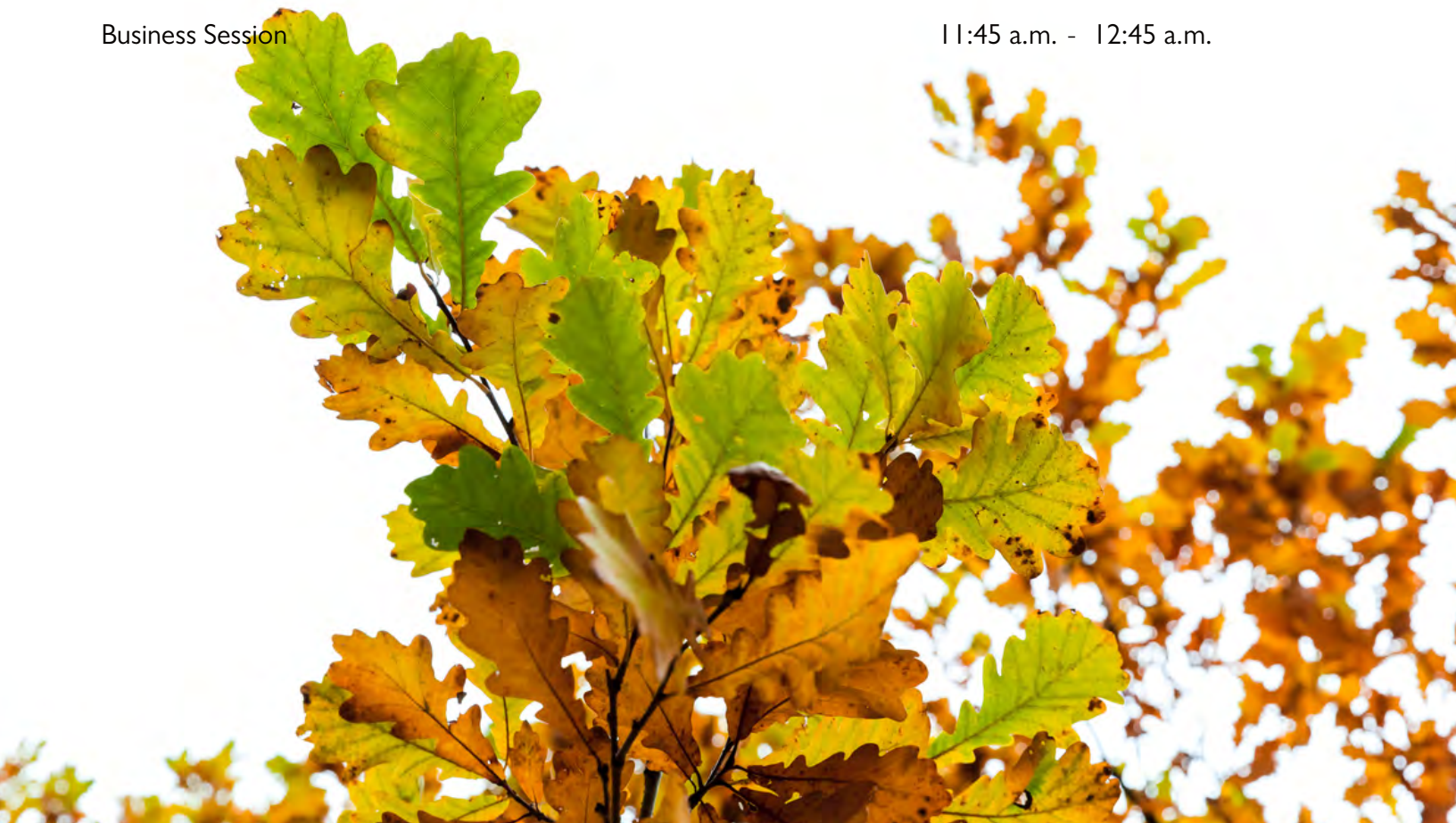


Friday, November 7, 2025

KBPW Foundation Board of Trustees Meeting (if needed)	10:00 a.m. - 12:00 p.m.
Registration	1:00 p.m. - 7:00 p.m.
Welcome	3:00 p.m. - 3:15 p.m.
Regional Planning Meetings	3:20 p.m. - 3:50 p.m.
BPW Training	4:00 p.m. - 5:00 p.m.
Foundation Dinner and Fundraiser	6:00 p.m. - 8:30 p.m.

Saturday, November 8, 2025

Breakfast	7:00 a.m. - 8:50 a.m.
Registration	8:00 a.m. - 10:00 a.m.
Opening Ceremonies of 2025 Interim Board of Directors Meeting	9:00 a.m. - 9:20 a.m.
Communications Workshop	9:30 a.m. - 11:30 a.m.
Snack Break	11:30 a.m. - 11:45 a.m.
Business Session	11:45 a.m. - 12:45 a.m.



103RD INTERIM BOARD OF DIRECTORS REGISTRATION FORM

Kentucky Federation of Business & Professional Women's Clubs, Inc.

Hampton Inn & Suites 210 Richard Mills Dr ♦ Hopkinsville, Kentucky ♦ November 7 - 8, 2025

Please type or print; use one form for each registrant.

Name _____ Phone _____

Address _____ City/State _____ Zip _____

E-mail _____ BPW Local _____

Check your classification/Board of Directors/voting status (*check all that apply*)

- | | |
|---|---|
| ☐ KFBPW Executive Committee | ☐ Current Local Organization President |
| ☐ KFBPW Standing Committee Chair | ☐ Other State Board Member _____ |
| ☐ Committee: _____ | ☐ Past State President & Year Served _____ |
| ☐ Regional Director | ☐ Member |
| ☐ Assistant Regional Director | ☐ Guest |
| ☐ First Time Attendee at Interim Board | ☐ New Member – Join Date _____ |

Registration Packages: THIS EVENT IS NON-REFUNDABLE

Payment must be received with the registration form.

If not received, late payment will be assessed. Registration at the door will not guarantee a meal or a seat.

Check
Purchased
Package

Postmarked on or
before
Oct. 7, 2025

Postmarked after
Oct. 7, 2025

Full Conference Package

- | | | |
|--|----------|---------|
| ☐ (Includes Friday Night dinner prior to Foundation Fundraiser, Friday BPW 101 Class, Saturday Breakfast, Saturday Communication Workshop, and Saturday Board of Directors Meeting) | \$ 60.00 | \$75.00 |
|--|----------|---------|

Friday-Only Conference Package

- | | | |
|--|----------|----------|
| ☐ (Includes BPW Training, Friday Night Dinner prior to Foundation Fundraiser) | \$ 50.00 | \$ 70.00 |
|--|----------|----------|

Saturday-Only Conference Package

- | | | |
|---|----------|----------|
| ☐ (Includes Saturday Communication Workshop, Saturday Board of Directors Meeting and Saturday Breakfast) | \$ 40.00 | \$ 60.00 |
|---|----------|----------|

Registration Only - No Meals

- | | | |
|---|----------|----------|
| ☐ (Includes Friday Night Foundation Fundraiser Event (no dinner), Saturday Board of Directors Meeting, and Communication Workshop and BPW 101 Class) | \$ 30.00 | \$ 45.00 |
|---|----------|----------|

Additional Guest Meals (including children):

- | | |
|---|----------|
| ☐ Friday Dinner at Foundation Fundraiser | \$ 20.00 |
| ☐ Saturday Breakfast and snack | \$ 30.00 |

All KFBPW members **MUST** at least pay registration fee of \$30 to attend any part of this conference.

Total Enclosed: _____

For information about special meals and food allergies, please contact Brooke Archila (brooke.archila@kctcs.edu).

Please Note Hopkinsville, Kentucky is located in the Central Time Zone

Mail completed registration form and payment promptly by deadline date listed above (*keep a copy for your records*).
Make check payable to **KFBPW**. Send check and form to: **Ginny White-Schatzke 176 Royal View Dr., Lebanon, KY 40033**
Please mark envelope: ATTN: KFBPW-IB Direct any questions to: **Ginny White-Schatzke at gwhiteschatzke@aol.com**

Hotel reservations must be made directly with Hampton Inn and Suites at
<https://www.hilton.com/en/attend-my-event/kentucky-kfbpw-november-2025/>
Deadline is October 7, 2025 to guarantee group rate of \$180.34 (taxes and fees included).

Local News

Campbellsville BPW

Myra Gribbins, President

In August, members supported local schools with backpacks and supplies, promoting student success, and attended the "Handpicked for Holiness" Conference, reflecting their dedication to personal and spiritual growth. In September, they raised \$500 for literacy through Dolly Parton's "Imagination Library" campaign. An upcoming "Self-Care September" event at Exclusive Spa emphasizes wellness. This fall, Ky Professional Women's Week will feature activities empowering working women, including the 4th Annual Women in Business Luncheon with Dr. Jordyne Carmack, who will discuss leadership and communication in the AI era. The BPW Breast Cancer Awareness booth at 'Cruisin' on Main Street" highlights ongoing health initiatives. In November, the community honors veterans with a flag depository ceremony and learns about hospice care at a luncheon at Hosparus Health Green River, fostering compassion. December will include guest speakers from the financial sector focusing on tax season preparation, along with planning a Christmas celebration. Campbellsville BPW exemplifies service, growth, and community spirit. Congratulations to Kasey Childers Moss for completing the Civic Leadership Fellowship Class of 2025, and to Sienna Montgomery and Sarah M Hall for participating in the Leadership Campbellsville Civic Leadership Class of 2026.

Heritage BPW

Tracy Perkins, President

Heritage BPW have been busy this summer. We have learned about the pros and cons of Artificial Intelligence and how that impacts our daily lives. We celebrated a proclamation signing by the Lincoln County Judge Executive and Stanford Mayer marking August 26th as Women's Equality Day, the day in 1920 when women gained the right to vote with the 19th amendment!

We watched the movie "On the Basis of Sex" at Brenda Baker's house. This movie is a documentary/drama showcasing the early struggles of women's rights that former Supreme Court Justice Ruth Bader Ginsburg faced.

We will host and celebrate author and BPW sister Zayda Flannery. Zayda will talk about her book "My Simple Dream" to our Heritage BPW ladies.

We will be celebrating our Heritage BPW sisters during KPWW with several fun activities. These activities will include church with the Heritage BPW president, an awards presentation and reception, a presentation regarding breast cancer awareness and prevention, and a meet-up for Starbucks Coffee.



Fort Harrod BPW's Anne Westerfield joins Norma Stine for a self-defense demonstration.

Fort Harrod BPW

Rosalind Turner

Fort Harrod Business and Professional Women's Club has had some exciting programs lately. Norma Stine, a local resident, gave a self-defense demonstration in July. The women enjoyed her presentation. At the end of the program, some of our members even joined Stine for an up close and personal look at how to react when being attacked. Stine provided tips on safety awareness and how to react if attacked.

With the news of Corning Inc. in Harrodsburg expanding its workforce by 100, the members were pleased to have Corning Engineer Shawn Markham discussing engineering careers and opportunities. She also provided a brief overview of Corning's history in Harrodsburg and her personal work journey. Markham is interested in talking to young women about the opportunities in engineering for women.

At the September meeting, members ironed out plans for the National BPW Week to be held the third week in October. It is all hands on deck for the Fort Harrod group as they plan to highlight the accomplishments of some of Harrodsburg's working women.

Fort Harrod BPW also had several new members to join and look forward to their ideas and enthusiasm.



Local News



Hopkinsville BPW

Diane Croney-Turner, President

Greeting! It is hard to believe Autumn began on September 22, 2025.

We would like to honor one of our members, Anna Lee Lackman, who celebrated her 90th birthday on Tuesday, September 9, 2025. She had a birthday celebration on Sunday, September 7th at the Friendship House Dining Room with family, friends, and some Hopkinsville BPW members. Anna Lee has been a member of the Hopkinsville BPW since June of 1988. She started her BPW career with the Katherine Peden BPW Club from 1965-1988 making her a BPW member for 60 years. She served as President of the Hopkinsville BPW in 2016 – 2017. Hopkinsville BPW says congratulations Anna Lee.

Woodford County BPW

Lynne Woodrum, President

Greetings to all from the Woodford County BPW. We wrapped up the summer with guest speaker Misty Trumbore at our August meeting. Missy is a local resident and artist. She recently illustrated a children's book, *xA Kentucky Adventure*, and shared it with us. We welcomed guest speaker, Linder Jackels, at our September meeting. Ms. Jackels is a volunteer at Amigos, a weekly after school program. Ms. Jackels discussed their mission.

Other important topics we discussed at the September meeting are goals for Kentucky Professional Women's Week. We are making plans for a business breakfast, meeting with the County Judge Executive to sign the Proclamation and nominating influential women to be honored at our October meeting.

Woodford County BPW is delighted to welcome 6 new members thus far in 2025.

Hopkins County BPW

Lea Ann Klarnar, President

Hopkins County BPW continues to champion the advancement and support of local businesswomen. In September, the Director of the Women's Triangle Recovery House shared their mission and services with us. Members provided personal care items for their residents as one of our community service projects.

In October, Brooke Robertson, owner of Hometown Pharmacy, a locally owned and operated pharmacy, shared her story and how she and her husband became owners after the original owners, whom she had worked for, retired. We discussed upcoming celebrations and events that will take place during the KPWW.

We were honored in August to have our Scholarship recipient, Elissa Adams, and her mom, attend and accept her award. She will be attending Madisonville Community College.

As the Hopkins County Business & Professional Women's Club looks ahead, the spirit of collaboration and inspiration remains at the heart of its mission. By supporting educational pursuits, celebrating the achievements of local entrepreneurs, and engaging in meaningful service, the Club continues to build a vibrant network where women lift one another to new heights. Members and guests alike are encouraged to join in upcoming events, share their stories, and help shape a community where every woman can thrive.

Springfield BPW, Inc.

Kate Essex, President

Celebrating Kentucky Professional Women's Month

October is here, and our local group is in full swing celebrating Kentucky Professional Women's Month. This special time allows us to honor the contributions of women in our community and spotlight those who are leading the way in their professions and service.

We are preparing to announce the winners of three prestigious recognitions: Woman of the Year, Woman of Achievement, and Business Promoting Women. These honorees represent the very best of our community, and we are excited to celebrate their accomplishments.

The highlight of the month will be our awards banquet, which will also serve as our October meeting. We warmly invite you to join us for this special evening as we celebrate our distinguished awardees. The time and location will be shared soon on our state Facebook page.

On October 14th, the celebration continues when the Mayor of Springfield signs an official proclamation at the city council meeting, declaring October as Kentucky Professional Women's Month in our city.

We are proud to uplift women, support professional growth, and advance equality in our community.

Calendar of Events 2025-2026



October

Breast Cancer Awareness/ Domestic Violence Awareness Month

1-3

KFBPW Kentucky Professional Women's Month (any seven (7) day events)

15

Kentucky BPW Foundation Scholarship Application Deadline

20-24

Kentucky Professional Women's Week (third full week)

November

KFBPW Nomination Chair to Notify Locals of February 15th Deadline for KFBPW State Office

7-8

KFBPW Interim Board of Directors Meeting, Hopkinsville, KY

December

Kentucky Cardinal Deadline (submit articles and advertising) Electronic issue

6

Proposed Bylaws Revisions to KFBPW Bylaws Chair

