



KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN'S CLUBS, INC.

2007-2008 Officers

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PRESIDENT'S MESSAGE

Greetings,

I know everyone is knee deep in preparations for Christmas, making sure those last gifts are bought, those groceries are bought and the stocking stuffers are in place. This is a wonderful time of year.



I want to take this time to thank all of you who attended Interim Board in Frankfort. Each of you in attendance made it a huge success. A big thank you to Sonia Sanders for all of her hard work. I couldn't have done it without her.

Ladies, in the upcoming months there are going to be some changes to the structure of BPW. We have discussed these issues at the last two meetings. There will be Bylaws and amendment changes at State Conference. So please make your plans now to attend. This will be the most important meeting we have had in a long time.

I want to wish each of you a very Merry Christmas and please let's keep all of the ones less fortunate in our thoughts and prayers this holiday season.

PRESIDENT-ELECT REPORT

by Debrah Pierce, BPW/KY President-Elect

This is time of year when we stop and reflect on the things we are thankful for and the true meaning of giving. I am thankful that I live in a country where freedom is valued, that as a citizen I have a voice and am able to make choices that affect my life; I am thankful for my family and the love we share; I am thankful for friends who are there in times of joy and sadness; and I am thankful for an organization like Business and Professional Women.

I would like to take a minute to share with you the BPW things I am thankful for and my thoughts on how you can give to BPW. This organization gives each of us the opportunity to learn and develop skills that can be used on the job and in our daily lives. I am thankful for an organization where close friendships are established and mentors are found. I am thankful to have been able to attend the November 2007 Interim Board Meeting in Frankfort, KY because I reconnected with BPW members/

friends, met new members, and made new friends. I am thankful that I can call on these friends and mentors when situations requiring additional input occur.

As this year draws to an end and you begin thinking about the New Year I ask that you consider giving some of your time and energy to BPW. I know that in many cases I am talking to the choir. However, you can make a huge difference by being involved in the organization not only at a local level but also at the state level. BPW NEEDS YOU!!! There are numerous opportunities available to you at the state level. I would love to serve with you as we continue to develop our leadership skills and build an organization that gives back to its members and the community.

I wish you the happiest of holidays and look forward to hearing from you as you accept the challenge of lending your talents to BPW.

VICE PRESIDENT REPORT

by Diane Croney-Turner, BPW/KY Vice President

As we approach the Holiday Season, let us not forget the reason for the Christmas Season. Take time to share with family and friends. Also if possible take time to visit a nursing home, hospital, or a homebound individual. They will be blessed because you thought of them and you will be blessed for taking time from your busy schedule. Remember during this time a lot of individuals are very down spiritually, emotionally, mentally, and physically. Your visit could make a difference.

Remember all clubs are asked to support the Kentucky Cardinal with at least a \$150 ad, ask businesses, individuals, and etc. in your area for their support.

Regional Directors, at the Interim Board meeting in November, a point system was established to be used in preparing your submission for the Regional Award in June. The deadline for submission is May 1, 2008. If you have any questions, feel free to contact me.

Also, a point system for the Giraffe Award was established at Interim Board. If you would like a copy, visit BPW/KY website.

We would like for everyone to start making plans to attend the State Convention which will begin on Friday, June 6, 2008 in Bowling Green, KY.

Wishing each of you a Merry Christmas and a Happy New Year

CALL FOR NOMINATIONS

Believe it or not, it's not too soon to begin the nomination process for our next slate of state officers. Completed nomination applications and required documents are due February 15, 2008.

Questions to ask yourself:

- Am I or one of my BPW sisters my **ready** for the next leadership step in BPW?
- Could I or one of my BPW sisters **benefit** from a BPW KY leadership role?
- To whom do I want to entrust the **future** of BPW KY?

Nominations are needed for the following leadership positions:

- President-Elect
- Vice President
- Treasurer
- Recording Secretary

Don't be shy! Self-nominations are welcomed. Nomination forms are available from your local president, the BPW/KY Web site or contact Ruth Schiller for more information at 502-875-5102. Email is ruth.schiller@ky.gov.

MEMBERSHIP, MEMBERSHIP, MEMBERSHIP

by Joanne Story, Membership Chair

I encourage All BPW/KY CLUBS to EMPHASIZE your COMMITMENT to MEMBERSHIP! Please challenge your current membership to RECRUIT, RECRUIT, RECRUIT! BPW gives you business prestige, opportunity to work on civic projects, opportunity to join with other women in promoting programs which raise the standards of education, opportunity for self-expression, wholesome recreation, the opportunity for mental, physical and spiritual growth. WOW what a wonderful opportunity for all women in Kentucky!

MEMBERSHIP RECRUITMENT AND REVITALIZATION IS ALL ABOUT ALL OF US WORKING TOGETHER TO MAKE IT HAPPEN! WE NEED TO ACTIVELY BRING ABOUT CHANGE!

Please contact me if I can be of service to you in your effort to recruit and retain members.

Contact Info: Joanne Story, Somerset Community College, Somerset, Kentucky 42503, 606-451-6654, joanne.story@kctcs.edu

**KEY WORDS TO
ENCOURAGE MEMBER
RECRUITMENT**

MOTIVATION

TEAM EFFORT

GROUP PARTICIPATION

RECRUIT

RETAIN

2008 LOBBY DAY IN FRANKFORT

The date for our trip to Frankfort to lobby our legislators is planned for Wednesday, February 20. We will meet at 9:30 AM in Conference Room 338, in the Capital Annex Building which is behind the Capital.

We encourage everyone to attend this important event in Frankfort. You will have a chance to meet Legislators from around the State. Please come for part of the day if you cannot attend the entire day. Your attendance is important.

We want a strong showing to let Legislators know we care about issues for women.

For more information, please contact:

Violet Clark at vclark@ksfb.ky.gov

Phyllis Hargrave at ph2858@att.com

Debbie Pierce at DP2799@att.com

AGENDA

- | | |
|-------------------------|---|
| 9:30 a.m. - 11:00 a.m. | Meet with a Lobbyist and Legislators, Conference Room 338 |
| 11:00 a.m. - 11:45 a.m. | Attend a Committee Meeting |
| 12:00 Noon - 1:30 p.m. | Lunch |
| 2:00 p.m. | Attend House and/or Senate Sessions |

BID SOLICITATION NOTICE TO LOCAL ORGANIZATIONS

Bids are now being solicited for the 2008-2009 year for the following items:

- Kentucky Cardinal Newsletter/Magazine
 - Printing
 - Layout / Design
 - Postage, preparation and mailing

- Audit - 2007-2008 Audit, Preparation and Filing
- Bonding Insurance

Any questions or samples required of magazine, please contact Debrah Pierce at 502-839-8777 (home); email - piercedv@aol.com. Deadline for submission is

BPW / KY PAC

by Donna Howard, BPW/KY PAC Chair

Our BPWKY State was established in 1982 and is organized along the lines similar to BPWUSA PAC. We make contributions and/or endorsements to those candidates at our state constitutional and legislative levels who support the Kentucky BPW legislative platform and federation objectives.

BPWPAC was established as the “financial muscle” behind BPW’s legislative agenda expressed each year by our legislative platform. The PAC is a separate body and is governed by the rules of the Kentucky Registry of Election Finance.

Endorsements are made on a race-by-race basis. We endorse women and men, Democrats and Republicans, and candidates from every region of the Commonwealth. BPWPAC is a non-profit, bipartisan, and votes on endorsements based on candidates’ support of our legislative platform.

PAC is also a resource to provide public leadership skills, political skills, educational programs and technical

assistance to candidates and members.

KYBPW PAC was formed to be governed by a Board of Directors appointed by the BPWKY President with one director per region. The Chair is appointed by the State President along with the Treasurer. The Treasurer serves without voting privileges. Under the current bylaws, no more than three directors of the KYBPW PAC Board may belong to any single political party. The State President and President-Elect serve as Ex-officio Board Members.

KYBPW PAC endorses candidates for state constitutional office and state legislative offices. Candidates who receive KYBPW PAC endorsements and/or support BPW’s legislative platform.

The above information was adapted from the current leadership manual and will be a continuing effort to educate our members about BPW PAC.

We must become more involved in our legislative process and education is an ongoing process. There will be more to come in future Cardinal issues!

MENTORING

by Karen Galde, BPW/KY Mentoring Chair

Whether you are mentoring someone in your workplace or someone outside your workplace, mentoring benefits all parties involved. The US Department of Labor provides some Mentoring information on its website: <http://www.dol.gov/odep/archives/ek00/mentoring.htm>. Some benefits of mentoring listed on the website are:

- It is an investment in future workforces.
- It sends employees a message that you care.
- It creates positive attitude changes in your corporate culture.

It's not too late to begin a mentoring program for your club. If you have a local organization mentoring program or individual mentors, please submit them for the mentoring awards. There is an award given to the Local Organization with the best mentoring program and an award given to an individual who has exhibited an exceptional commitment to mentoring. The criteria for the individual award are:

- Both the mentor and the person submitting the nomination must be BPW members in good standing.

- A mentor can only win the award one time, but may be nominated more than one.

Those making a nomination are asked to reply to the following questions:

- How has this Mentor nominee made you a better BPW member?
- Why are you a better person or more successful because of this person?
- Why do you think this person deserves to be honored as a Mentor?
- Tell your Mentor's BPW history, i.e.,; offices held, awards received, ect.
- In a summary paragraph, you may make other comments and include any information you feel is pertinent to the nomination.

The deadline for award submission is April 1. Please submit to:

Karen Galde
4575 Oddville Sunrise Rd.
Cynthiana, KY 41031



NORTHWEST REGION NEWS

by Jeanné Owers, Regional Director

Interim Board has come and gone. What a great meeting. Jerilyn and the EC did a wonderful job – and everyone went home a winner.

After an enormous amount of time and effort, Owensboro’s 2008 Women Business Directory will be available in January, featuring more than 600 names of women-owned businesses and women in business.

Members were asked what they liked about their jobs? What brought them satisfaction? Was it ownership? Getting a raise? Recognition? Judy Brown, VP of Republic Bank and Trust says, “Republic is a great bank to work for. They encourage and support women, provide training, and fast promotions.” Patti Acquisto, OBWP President and owner of Patti’s ReSale said, “Creating a business, developing it, nurturing it, watching it grow and succeed is somewhat like having a child. Success is measured many different ways. Respect, accountability, longevity and reputation are more important than just a monetary success.”

The “First Women In History,” column this month featured Martha Coffin Pelham-Wright, a Quaker, who fell in love with Peter Pelham when she was 16 and he was 37.

Peter died 2 years later, leaving Martha with a baby. She re-married in 1829. In July 1848, pregnant with her 7th child, Martha joined her sister, Lucretia Coffin Mott, and helped to plan the first women’s rights convention in Seneca Falls, NY. Martha Wright was one of the most judicious and clear-sighted women in the movement.

Fast forward this accomplished woman to 2007. Three bills are currently in Congress: (1) HEART for Women Act, (2) FAIR PAY Restoration Act and (3) FAMILY LEAVE Insurance Act. Martha Coffin Pelham-Wright spent nearly 30 years of her life working for our rights. What would she say today about our progress?

The Northwest Regional Directors wish everyone the happiest of Christmas Seasons.



from your Executive Committee



Suzanne

Diane

Debbie

Jerilyn

Cathy

Patti

Janis

SOUTH/SOUTHEAST REGIONAL NEWS

By Shelia Spradlin - South/Southeast Regional Director

Hello BPW Sisters,

WOW what a year and it's only begun. Interim Board Meeting in Frankfort was a wonderful meeting. The majority of our region's locals were in attendance, Campbellsville, Glasgow, Middlesboro, Somerset and Southeast C&TC Samothrace. Albany/Clinton County was unable to attend this meeting, but they received the information. We hope to see them at the State Conference in May.

Thanks again to **Middlesboro BPW** for their continuous planning to assure a successful South/Southeast Regional Meeting on Saturday, April 12 at Pine Mountain State Park in Pineville. If you haven't been there before, you'll love it. Plans will be finalized in late February 2008.

I had a wonderful, informative and eventful meeting with **Campbellsville BPW** on October 11th. I look forward to meeting with you again in February. As Assistant Regional Director, Wanda will be in charge of the Young Careerist program at the Regional Meeting. All locals need to email Wanda with any questions in regards to your local YC program. Her email is wanda@teamtaylorcounty.com.

I truly enjoyed the meeting on November 1st with **Glasgow BPW**. Their program was focused on Legislation and their County Court Clerk- Pam Browning (A female clerk), was an awesome speaker who highlighted on voting and what it entails. We had a MOCK vote and I have to say the highlight of the whole evening was Ms. Golda Walbert, Legislation Chair. She is a true BPW and a Charter Member of the club. Keep it up Golda and Glasgow BPW, you are awesome.

On November 12th, Joanne Story and I attended our newest local, **Albany/Clinton County BPW**. Joanne conducted her second pinning ceremony, which was tear-jerking. This was my first visit there and let me say, THEY ARE ON THE BALL. Although they are a new club, I was absolutely impressed at what they've accomplished in just a few very short months. What excitement, enthusiasm, dedication and pure Womanhood they have. Ladies, you are well on your way to becoming a TOP local in BPW/KY.

These ladies are REVED UP and have their game plan and goals set out and are striving to reach them.

Again, thanks Suzanne for your Newsletters and Minutes from meetings, this really helps in keeping me up to date with what your club is doing, which is always something phenomenal.. This club is always up and going and busy little beavers. I commend each of you for all your community involvement. I can tell you are truly BPW ladies and go that extra mile to help others. KEEP IT UP!!!! I will be meeting with them January 21st and cannot wait to attend one the FAMOUS **Franklin BPW** meetings.

Just to let everyone know **Russell County BPW** President, Davene Davore and I are working on a visit date around the first of next year. She has been on maternity leave with her bundle of joy and with the holidays here, we are going to work in a visit at that time.

Somerset BPW is rolling with their new ideas for Membership and Fundraising. Thanks for the newsletters, agendas and minutes from meeting!!!!

Southeast C&TC Samothrace President Lois Bailey and I have been communicating on a regular basis with the guidance of Joanne Story. Lois attending the Interim Board meeting. Thank you for taking that step forward. These meeting will prove to be most helpful to you in your goal to making your local organization a success. Lois is on the ball as well as striving feverishly to get the organization up and going full force.

Somerset CC Samothrace has 30 paid members to date. That is absolutely and tremendously awesome. What an overwhelming number. Just think how well the futures of these 30 members will be with the experience and knowledge they gain from BPW/USA.

So, ladies, keep your head up, your voice in tune and your feet walking toward INCREASING MEMBERSHIP IN SOUTH/SOUTHEAST REGION.

Thanks to all of you!!!

SOUTHWEST REGION

By Susan Campbell - Southwest Regional Director

The Southwest Regional meeting has been set for Saturday, March 29, 2008. Originally thought to be held in Paducah at the Woman's Club, with the resignation of Assistant Director Eileen Dubonis-Gray, and Director Susan Campbell appointing Sharron Belcher to fill the unexpired term, the meeting is currently being planned for Princeton.

It is hoped that all four clubs of the Southwest Region will have representation in the YC competition at that time.

LOCAL NEWS

BPW / HOPKINS COUNTY

Wanda Crowe, President

BPW/Hopkins County got some very exciting news at Interim Board during the NBWW Luncheon. Our nominee, Madisonville Community College, took top honors as the winner of the 2007 BPW/KY Business Equity/Outstanding Employer award. Madisonville Community College is an asset to our entire region and very deserving of this award. We're also especially happy to have 5 MCC faculty/staff members as BPW/Hopkins County members - one is Nena Matheny, BPW/Hopkins County's choice for Woman of the Year. Nena has been very active statewide and nationally in BPW and is our local Secretary, Membership Chair and a very valued member of ours. Our Woman of Achievement, Teresa J. Anthony, returned to Hopkins County five years ago to revive her historic hometown of Hanson. Since then she has purchased, renovated and rented out 14 historic structures making Kentucky's smallest Historic District a thriving downtown.

We have added 2 new members and hope to add more in the near future, so BPW/Hopkins County is looking forward to the future. May you all have a blessed Christmas and wonderful New Year!

GLASGOW BPW

Martha Carol McCoy, President

The NBWW Committee did an outstanding job for us. At our awards banquet Janis Turner, received Woman of the Year. Ann Rodgers, Woman of Achievement and PBI Bank, Business Equity. We also had another fun raiser - the Bean Soup Day. The week was complete with an activity for each day.

In November our Legislative Committee charged us up to get out and vote. Pam Browning, County Court Clerk, spoke about different aspects of voting. Also, Regional Director Shelia Spradlin attended our meeting and presented helpful information. We ended with members and guest participating in an election poll.

Interim Board was held in Frankfort and we had four members attending. The meeting was very informative and we enjoyed communicating with others.

After Interim Board on November 13th, we held our regular board meeting and discussed many possible projects. We have some plans for helping start two additional clubs and some suggestions for other projects that will be very rewarding for our club and community.

SHELBYVILLE BUSINESS AND PROFESSIONAL WOMEN



2006 Ornament

Collectible Ornaments

LIMITED QUANTITIES

Shelbyville BPW is Now

Offering Ornaments



2007 Ornament

Commemorating Shelbyville's Unique Landmarks

2007 Ornament portrays THE Shelbyville fountain at 5th and main—like the 2006 ornament, it is a beautiful 2D Golden METAL laser cut of A unique landmark

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Order Today!

**2006 ORNAMENTS ARE
EXTREMELY LIMITED**

**Only 250 Copies made of the
2007 ornament**

**No additional copies will be
made ensuring each
ornament's collectible status**

These make great gifts and are instant collectibles. If Shelbyville and Shelby County are special to you, you'll want an ornament of your own. You will also want share some of what makes Shelby County so special with visiting friends, relatives, and those with Shelby County ties. This is a great gift for those moving away for college or jobs elsewhere.

The Shelbyville Fountain was purchased jointly by the city and county from J.L. Mott Iron Works in New York. It was erected at the intersection of 5th and Main upon the completion of the first Public Water Works. It was moved in 1914 to the public square to clear the street after construction of the new courthouse. The top of the fountain portrays Atlantis.



Joanna Freels holding the 2007 Fountain Ornament with Shelbyville BPW President Mary Jo Newton

Only \$15

While Supplies Last

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reinbullet@aol.com
or**

Call 502.633.2344

Last year Shelbyville BPW began the tradition of offering unique collectible Shelby County/Shelbyville landmark ornaments for sale to raise funds for BPW Programs such as NBWW, Scholarships, Equal Pay Day, and Get Out the Vote.

2006 was the first edition—the landmark chosen was the larger-than-life bronze statue of county resident Mary Gaylord McClean, World Champion in the Five-Gaited Saddlebred Stake, riding Santana's Lass.

Ms. Gaylord operates a successful Saddlebred farm in Simpsonville, KY in Shelby County.

LOCAL NEWS

BPW / RIVER CITY, INC.

Phyllis Hargrave, President

BPW/River City is having a terrific year as the time quickly flies by! Our NBWW Week was very successful with the following received awards: Woman of Achievement - Judge Ann O'Malley Shake; Young Careerist - Poorna Ramakrishnan, Anthem; Corporate Award of Excellence - Anthem; Good Guy - Ellen Jones, AT&T

Our monthly lunch programs, held the second Wednesday of each month at the Jefferson Club, have been very informative. Guest speakers have included Donna Brown, Lobbyist; Julie Herman, Associate Athletic Director of Uof L; and Sherri Craig, Secretary of the Kentucky Commission on Women.

River City had a successful fundraiser at Churchill Downs, with all proceeds going to our Scholarship Foundation. Two members, Patty Marks and Kay Holsclaw, sold their handmade jewelry and donated 100% of the proceeds back to the Foundation!

BPW members have been offered an opportunity to learn more about the community through participation in our Leadership program. Participants toured several local businesses including Leadership Louisville, the Galt House, The Center for Women and Families and attended a Louisville Metro Council meeting. Participants also had an opportunity to meet with Representative John Yarmuth in his office.

Save the date for our annual Lobbying trip to Frankfort, planned for February 20, 2008. See you there.

River City wishes everyone wonderful and Happy Holidays!

SHELBYVILLE BPW

Denise Coon, Reporter

Greetings BPW Sisters. As you may see from the ad in this edition, Shelbyville BPW is on the second year of a new fund-raising effort in which we commission ornaments made from city landmarks. The cost is half the selling price and the selling price is reasonable. The proceeds will enable us to support our Signature BPW Programs and the scholarships we give each year. They are a popular keepsake for residents and visitors. The ornaments are available at local shops and other businesses and our members get the word out to their friends and families. Our group continues to grow in numbers and in involvement as we find new friends and supporters in our quest to better ourselves, our community, and the lives of workingwomen everywhere. Our December meeting will be relaxed and unstructured with gift exchange and hors d'oeuvres and time spent getting to know each other better. We look forward to seeing many of you at the BPW North Region meeting in the spring.

PRINCETON BPW

Susan Campbell, President

The Princeton Business and Professional Woman's Club was represented at the Interim Board by President Susan Campbell and Sharron Belcher.

Upcoming events for the local is one of their major fundraisers, The Christmas Home Tour. Four houses, Missy McLain, Rick and Bebbby Lewis, Bill and Renee Clift and Mike and Amy Littlejohn are featured as well as the newly renovated Art Guild where refreshments will be served. The event will be held Sunday, Dec. 9, from 1 to 4 p.m.

The Christmas meeting will be held Tuesday, Dec. 4, at 6 p.m. at the home of member, Margaret Osting, age 91, who enjoys hosting the meeting. The ornament exchange and potluck meal will be served. State President Jerilyn Dawson is expected to attend.

State Vice President Diane Crony-Turner attended the November meeting.

She gave local members insight into upcoming plans with BPW-KY, and BPW-USA.

HOPKINSVILLE BPW

Janice Cayce, Reporter

What a busy fall we've had! The topic of our September meeting was the "History of the Hopkinsville BPW" and included an Emblem Presentation. It was very educational for our newer members and a nice refresher for some of us older ones. Thank you, Membership Committee!

Lots of activities took place during NBWW in October. Karen Lamb, Chair, and those in charge of the daily events, did a super job! Congratulations to Karen Hunter - Woman of the Year; Debbie Dunn - Woman of Achievement; and Pennyryle Electric - Business Equity Award winner. We are proud of you all!

The Nursing and Health Issues Committee hosted our November meeting. Hope Wood, speaker, brought an interesting program on women's health issues, which was followed by a very informative question and answer session.

Because of our club's fundraising efforts, two of our members, Karen Lamb and Mary Fletcher attended the Relay for Life Reunion in Louisville on Nov. 2-3.

Welcome to our new members, Anita Cartwright and Louise Belair.

We are selling pecans as a fundraiser.

In December, we will be ringing bells for the Salvation Army and dressing teddy bears which will be given young children.

May you all have a blessed Christmas and wonderful New Year!

CENTRAL CITY BPW

JoAnne Moore, Reporter

The big news in October is always National Business Women's Week. Central City members celebrated again with a luncheon for working women--and several men, as it turned out--on Tuesday. Soup, sandwiches, desserts, and drinks were provided by members of CCBPW and it was gratifying to welcome a large group of hungry people to break bread with us. The luncheon was held in the new meeting room of the public library which made it easy for our visitors to view our Kentucky Women's Hall of Fame. We welcomed a new member, Katharine Casebier, at our regular October meeting. On November 13, CCBPW celebrated Veteran's day with two military women who spoke to us about their experiences as women in the military. Both were young women and very comfortable in their positions as Staff Sgts. in charge of troops. One, a single mother of three, assured us that she is ready for deployment if and when it comes for her unit with plans in place for her children. She assured us that her children are ready for this as they understand what her job is. The other young lady is newly married and shares the military career with her new husband. At this meeting, we presented a certificate to our Woman of Achievement, Martha Cessna, who was chosen in October. Mrs. Cessna is an outstanding educator, currently a professional development trainer for the Ky. Assoc. of School Councils and is a writing coach at Muhlenberg South High School and Middle School. She recently was a part of a mission group to South Korea to teach spoken English to a wide range of students who already knew how to read and write English but could not speak the language. December's meeting will follow a pattern set several years ago. Our program consisted of an auction of wrapped gifts to raise money to benefit a needy project in our community. This year's auction will benefit a woman in our community with ties to the club. She has been battling cancer for several years. Members were asked to bring two gifts, a "nice" gift and a "gag" gift, which were bought by club members. Besides raising money for our friend, we always have a hilarious time with good food and great fun. Merry Christmas and Happy New Year to all BPWers in Kentucky.

LICKING VALLEY BPW

May Ann Lee, Reporter

The Licking Valley Business and Professional Women's Club is busy like the rest of the clubs, with numerous projects going

October was a very busy month from Proclamation signing of Mayors and Judge to our Annual Awards Dinner with WKTY-TV Anchor Woman and Cynthiana's very own Amber Philpot as guest speaker.



Our Annual Turkey Bingo was another great success too. We furnished meals to less fortunate families.

With Christmas coming, our club is busy gathering toys and trying to make Christmas happen and happy for many children in the Cynthiana/Harrison County area.

Five of our Club members attended the November Interim Board Conference in Frankfort and had a wonderful time. 'Hats off' to Jerilyn and everyone involved that made the conference happen! Great Location, Great Food, Great Fellowship. Thanks, we had a great time.

The LVBPW meets every second Wednesday of each month at noon (12:00), at Biancke's Restaurant on Main and Pleasant Street in downtown Cynthiana. Next meeting will be Dec. 12th. If you are in our area, please join us. You are always welcome.

From our club to your club.....HAPPY HOLIDAYS!!!

RUSSELL COUNTY BPW

Davene Clark-Devoe, President

Russell County Business and Professional women have been busy this fall. October was a month full of excitement. On October 23rd we had our annual BPW luncheon. Charlene Harris was awarded Woman of Achievement. Charlene is a major asset to our community and our club was excited to surprise her with this award. Stephen's Pipe and Steel was awarded BPW Employer of the Year. Terry Stephens, owner of Stephen's Pipe and Steel accepted the award. The ghost and goblins from our club came out in costume and had a fun night on October 25th.

The Russell County Business and Professional Fashion Extravaganza will be February 2nd at the Christian church gym in Jamestown. All profits from our fashion show will go to into our scholarship fund. There will be clothes for all sizes and ages. Tickets are \$20.00. For more information please e-mail dclark@duo-county.com or bwilson@bankofjamestown.com. We would love to see other clubs at this event.

Russell County Business and Professional Women Club

Fashion Extravaganza

February 2nd, 2007
2:00 p.m.

Jamestown Christian Church Activities Center
Ticket Value \$20.00

Tickets are not refundable. Proceeds go to the BPW scholarship fund.

LOCAL NEWS

PADUCAH BPW

Merryman Kemo, Reporter

Since women's health is one of BPW/USA's focus areas and stress is such a big factor in our lives, for the first quarter we concentrated on better health through stress reduction. In July, Merryman Kemp gave an overview of *Stress Reduction* with helpful handouts.

Our program in August was on *Meditation*, a stress reduction method which requires no outlay of money. In September the program was *Know Your Boundaries/Set Boundaries*. In November, Emily Young, a physical therapist and nutritionist, spoke about nutrition, exercise and the role each plays in stress reduction.

For National Business Women's Week, local businesswoman and City Commissioner Gayle Kaler spoke on *Paducah's Steel Magnolias* at a special luncheon and then served as a judge for the *greenest* (environmentally sound, not color) bag lunch contest. Paducah River City BPW members were invited, and five attended the luncheon. Dawn Followell, Paducah River-City President, won the prize for her "green" lunch. We were delighted with our joint meeting.

In December our local gives generously to those less fortunate among us. We gave \$300 to the Merryman House Domestic Crisis Center for needed items for clients there at Christmas. We planned a "wearable exchange" for our festive meeting on December 11. This guaranteed additional gifts for Merryman House.

OWENSBORO BPW

Patti Acquisto, President

Attending the BPW Conference in Frankfort recently was very interesting. Jeanne Owers and I attended the two day conference. How delightful that our candidate, Susan Tierney, was chosen as the Kentucky BPW Woman of the Year! We are all very proud of Susan and pleased that she could be recognized statewide.

Our local chapter was equally elated and happy to share the news with all of Owensboro.

Our November meeting was a dinner at Kentucky Wesleyan College with several visitors and a new member in attendance. We sent 160 Christmas cards with personal notes to recovering military personnel at Walter Reed Hospital in Washington.

December 11 is our Christmas dinner and we will have a cookie exchange at the home of Moretta Bosley. Our cards this time will go to patients in local nursing homes.

We continue to add new members each month and most importantly, maintain the established membership. Our group is growing both in numbers and in fellowship.

ALBANY - CLINTON COUNTY BPW

Christy Nuetzman, President

The Albany-Clinton County BPW is off to a great first year. Since being chartered in April, we have held regular monthly meetings including officer installation in August and member pinning during our September and November meetings. We are proud to have 24 charter members. Projects we plan to organize include a community arts program, scholarship program, and expanding mentoring in our schools. We sponsored a very successful inaugural National Business Women's Week. For example, we received a proclamation signed by our County Judge and Mayor recognizing the efforts of business and professional women and a feature article in the newspaper. Our local radio station ran advertisements about the ten great reasons to be a BPW member. We held our monthly meeting that week and spent time preparing for our local festival events. We had a BPW display and membership promotion in conjunction with the Chamber during the festival. Our members also assisted with the Community Health Fair where 243 people were screened for glucose, blood pressure, pulse, etc. The club hopes to add more events next year. Although we're still new and learning, our members are full of motivation and a desire to make a difference in our community.

SOMERSET BPW

Melanie Hines, President

The Somerset club has been very busy over the past couple of months. We sold chances on two beautiful quilts, and gave them away at our Annual Auction which was held on November 15. This is one of our largest fundraisers, and we had a very special moment when Barbara Reynolds, daughter of longtime member Martha Fulcher Estep, spoke of special times that she spent with her mother at BPW meetings and events. Mrs. Estep passed away during the past year, and her family made a very special donation to our club in her memory. We appreciate this family's continued support of BPW in honor of their wife and mother.

On December 1, we held our first annual BPW Breakfast With Santa which was organized by Yvonne Lefavre, one of our newest members. We had a very good showing and were able to enjoy the smiles on many children's faces. We also had a few scared faces and a little crying as well, but overall, the event was a smashing success. The club members learned a lot and plan to make this fundraiser even better next year. Our club Christmas dinner was held on December 4, with a wonderful meal and some poetry reading. Donations were collected from our club members to support Gods Food Pantry as we remember those who are less fortunate during this holiday season.

Fort Harrod BPW would like to recognize and congratulate one of our members, Jo Etta Wickliffe, who was recently appointed as head of Governor-elect Steve Beshear's transition team for the Economic Development Cabinet. In addition, Jo Etta was recently inducted into the Mackville, Kentucky Hall of Fame.



Jo Etta has often said she would not be where she is today were it not for BPW. She believes BPW is a wonderful organization that is too good to not share with others – a sentiment we should all live by. Jo Etta has served as past local, state, and national BPW President. In addition, she has served on various committees at all levels.

Congratulations Jo Etta!!! We are proud of your accomplishments and honored to have you as one of our members.

Fort Harrod BPW would like to wish our sister BPW members in Kentucky a very joyous holiday season. In the spirit of Christmas our members are encouraged to participate in the Harrodsburg Herald's Love Tree by purchasing gifts for local children in need.

Merry Christmas!

FORT HARROD BPW



BPW/KY congratulates National Business Women's Week Award winners:

Madisonville Community College

2007 BPW/KY Business Equity Winner, sponsored by BPW/Hopkins County
and

Susan Wedding Tierney

2007 BPW/KY Woman of Achievement, sponsored by Owensboro BPW

CALENDAR OF EVENTS

January

- 1 BPW/KY Bylaws Chair sends proposed revisions to the Executive Committee
- 19 BPW/KY Executive Committee meeting

February (Foundation Month)

- 13-15 BPW/USA Policy & Action Conference, National Education Association & Capitol Hilton Washington, DC
- 15-16 BPW/USA Interim Board Meeting, Washington, DC
- 16 BPW/USA Conference, Washington, DC
- 15 Deadline for BPW/KY Officer nomination to Nomination Chair

March (Women's History Month)

- 15 Kentucky Cardinal deadline
- 21 BPW/KY Executive Committee meeting
- 29 Southwest Region - Princeton

April

- 1 Deadline for award submissions
- 5 Northwest Region Meeting - Madisonville
- 12 South/Southeast Region Meeting - Middlesboro
- 22 Equal Pay Day
- 30 BPW/KY Foundation Scholarship Application deadline

May

- 1 Deadline for Membership and Regional Award Submission
Submit Regional YC Information to State YC Chair

June

- 5 BPW/KY Executive Committee Dinner & gift exchange, Bowling Green, KY
- 6-7 BPW/KY Annual Conference, University Plaza Hotel, Bowling Green, KY

July

- 22-26 BPW/USA National Annual Conference, The Hilton Atlanta, Atlanta, Georgia





VOLUNTEER FORM 2008-2009

Below is a brief description of the duties associated with the committees that comprise the BPW/KY Leadership Team. Please complete the form provided and indicate your areas of interest.

STANDING COMMITTEES

Bylaws: Review and approve amendments to local organization bylaws; review the amendments bylaws approved at the annual state convention and national conference to determine if any mandatory changes to the local organization bylaws are required; prepare and/or present any proposed state bylaws amendments to the state convention body; inform local organizations of any and all required changes to local bylaws.

Finance: Develop and monitor the annual budget for BPW/KY.

BPW/USA Foundation: Serves as a link between the state organization and the BPW/USA Foundation; promotes member support/contributions for Foundation programs; educates the members about the Foundation and its important role in achieving BPW's purpose.

Individual Development Program: Assist locals in developing and coordinating an Individual Development program and/or competition focusing on increasing women's communication and leadership skills.

Issues Management: Educate and inform local organizations about the BPW/USA and/or BPW/KY issues; Organize program(s) or project(s) around those issues.

Legislation: Understand and educate members about BPW's state and national legislative platforms; identify and inform locals of pending and prospective state and national legislation of particular interest to women and how it relates to our legislative platform and public policy issues. Educate and involve members in the legislative process'

Membership: Responsible for membership retention and recruitment; develop a membership campaign for membership recruitment and retention. This position is as much as you can make it!

Public Relations: Communicate our message and activities to the public by interacting with the media and other organizations and by funneling information and local organization news to media outlets.

Young Careerist: Coordinate and promote the Young Careerist Program on the state level; assist in developing YC programs on local and regional levels; assist state young careerist in preparing for BPW/USA program at National Conference.

SPECIAL COMMITTEES, TASK FORCES & APPOINTMENTS

BPW/KY Political Action Committee (PAC): Promote contributions and participation in the BPW/KY PAC. BPW/KY PAC is a bi-partisan and non-profit entity that endorses candidates for state constitutional and state legislative offices.

Choices – Self Awareness and Personal Planning for Teens: Assists locals in developing and coordinating a Choices program for young women in their communities.

Database Manager: Update and maintain BPW/KY membership database; Create monthly membership report; Generate mailing list for *Kentucky Cardinal*; Generate mailing labels, membership reports, etc. as requested by locals and state leadership.

Expansion Task Force: Expand and revitalize the number of local organizations in Kentucky; assist struggling locals with revitalization strategies upon request.

BPW/KY Foundation Board: Willing to serve on the Board of Trustees for a three year term.

Interim Board Contact: Coordinate and plan all activities surrounding Interim Board of Directors meeting.

Internal Auditor: Provides the independent check of the financial records of the state organization

Kentucky Cardinal Editor: Prepare, with input from BPW/KY President, all issues of the Kentucky Cardinal for publication.

Kentucky Cardinal Advertising Editor: Coordinate advertising sales for Kentucky Cardinal; Urge locals to solicit for advertising and/or obtain advertising contacts; Follow up on all contacts.

Legal Advisor: Advise president and Board of Directors on any necessary legal matters.

Mentoring: Develop and establish a program to provide the opportunity to connect women as both mentors and protégés to share career knowledge and professional experience(s).

National Business Women's Week Chair: Organize nominations from local organizations for Woman of Achievement candidates and Business Equity Award candidates for presentation at Interim Board meeting; obtain judges to make selection for state winner.

Nursing & Health Issues Chair: Act as a central collection point for contributions from local organizations to appropriate charities; Investigate the possibilities of some type of nursing scholarship being given in the name of BPW/KY.

State Convention Contact: Coordinate and plan all activities surrounding the BPW/KY State Conference.

Webmaster: Maintain website for BPW/KY information, activities and other uses as defined by the Executive Committee.

Return this form to Debbie Pierce, 1009 Fox Hollow Drive, Lawrenceburg, KY 40342. If you have any questions, please contact Debbie at (h) (502) 839-8777 or e-mail piercedv@aol.com.

Thank you in advance for volunteering your time and talents!!!

Name _____

Address _____

Phone(s) _____

E-Mail _____

Areas of Interest (check as many as you wish)

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Bylaws | <input type="checkbox"/> Finance | <input type="checkbox"/> BPW/USA Foundation | <input type="checkbox"/> Issues Management |
| <input type="checkbox"/> Legislation | <input type="checkbox"/> Membership | <input type="checkbox"/> Public Relations | <input type="checkbox"/> Young Careerist |
| <input type="checkbox"/> BPW/KY PAC | <input type="checkbox"/> Choices | <input type="checkbox"/> Database Manager | <input type="checkbox"/> Expansion Task Force |
| <input type="checkbox"/> BPW/KY Foundation | <input type="checkbox"/> Individual Development | <input type="checkbox"/> Interim Board Contact | <input type="checkbox"/> Internal Auditor |
| <input type="checkbox"/> KY Cardinal Editor | <input type="checkbox"/> KY Cardinal Advertising Editor | <input type="checkbox"/> Legal Advisor | |
| <input type="checkbox"/> Mentoring | <input type="checkbox"/> National Business Women's Week | <input type="checkbox"/> Nursing & Health Issues | |
| <input type="checkbox"/> State Convention Contact | <input type="checkbox"/> Webmaster | | |

Other areas of interest _____