

THE

KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.



Business and
Professional
Women/KY

BUILDING
POWERFUL
WOMEN

PROFESSIONALLY • POLITICALLY • PERSONALLY

Inside this issue...

A Great Reason to Vote

Our Right to Vote

Interim Board



VOLUME 80 • ISSUE 2 • FALL 2008

THE
KENTUCKY
CARDINAL
 KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

2008-2009
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July 1 - September 15 - December 1 - March 15



Business and Professional Women/KY

www.bpwusa.org and www.bpw-ky.org



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President's Message

Challenges.....this is a year filled with challenges. Business and Professional Women's organizations across Kentucky are striving to build women professionally, politically, and personally.

Local BPW organizations work to build women professionally by offering members the opportunity to participate in programs like - Young Careerist and Individual Development. The Young Careerist (YC) program identifies women between the ages of 21 and 35, who excel in their careers, and recognizes them for their accomplishments. The program presents these women with an opportunity to build their network at the local, region, state, and national levels. The Individual Development (ID) program offers women valuable training in a number of areas including personal branding and provides them with the tools necessary to identify their leadership style as well as the style of those they interact with on a daily basis. ID teaches us that we must adjust our leadership style according to the style of the individuals with whom we work.

BPW helps members grow politically through involvement. The organization provides us with the tools that let us make informed and educated decisions. The Legislative Hotline gives members insight into issues requiring action and encourages members to be the leading advocate for working women by communicating with their legislators on these issues. In 2008 we will be voting to elect a new president. It is critical that we educate ourselves on the issues and determine which candidate best exemplifies our personal views.

BPW members can meet the challenge of personal growth by being actively involved in their local organization. Your leadership team continues to grow on a daily basis through their involvement and support of each other. BPW/USA is facing the challenge of being the organization that best addresses the needs of today's working women. You are a vital part of BPW/USA and the organization is counting on you to encourage others to realize their potential.

During my installation address I challenged each of you to STEP UP, STEP OUT, and SPEAK OUT about BPW. I encourage you to take action today and to meet the challenges laid before you. They can be met!

Best Personal Wishes!

Debrah V. Pierce



Debrah V. Pierce, President



Business and
Professional
Women/KY

**BUILDING
POWERFUL
WOMEN**

PROFESSIONALLY • POLITICALLY • PERSONALLY

A Great Reason to VOTE!

The message was inspired by an HBO film – *Iron Jawed Angels*, starring Hilary Swank as Alice Paul. The author is unknown.



This is the story of our Grandmothers, and Great-grandmothers, as they lived only 90 years ago. It was not until 1920 that women were granted the right to go to the polls and vote. The women who made it so were innocent and defenseless.

Thus unfolded the "Night of Terror" on Nov. 15, 1917, when the warden at the Occoquan Workhouse in Virginia ordered his guards to

teach a lesson to the suffragists imprisoned there because they dared to picket Woodrow Wilson's White House for the right to vote.

And by the end of the night, they were barely alive. Forty prison guards wielding clubs and their warden's blessing went on a rampage against the 33 women wrongly convicted of "obstructing sidewalk traffic".

They beat Lucy Burn, chained her hands to the cell bars above her head and left her hanging for the night, bleeding and gasping for air. They hurled Dora Lewis into a dark cell, smashed her head against an iron bed and knocked her out cold. Her cellmate, Alice Cosu, thought Lewis was dead and suffered a heart attack. Additional affidavits describe the guards grabbing, dragging, beating, choking, slamming, pinching, twisting and kicking the women. For weeks, the women's only water came from an open pail. Their food—all of it colorless slop—was infested with worms. When one of the leaders, Alice Paul, embarked on a hunger strike, they tied her to a chair, forced a tube down her throat and poured liquid into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press.

So, refresh my memory. Some women won't vote this year because—why, exactly? We have carpool duties? We have to get to work? Our vote doesn't matter? It's raining?

Our Right to VOTE!

Theresa M. Settle, President, BPW Shelbyville

With the national presidential election fast approaching, please do not forget the struggles of our grandmothers and great-grandmothers to achieve this right to vote less than 90 years ago. In their quest to seek the right to vote, women were jailed and beaten and endured treatment that I dare say would now be considered "atrocities of war". My mother is now 90 years old and resides in a nursing home. When I went to see her last she wanted to be sure that someone was going to come by on Election Day and pick her up so she could "go back home and vote". For her, voting is a life time right and privilege and both she and my grandmother were strong supporters of women's rights and great believers that a woman's achievements and worth were hers to lose.

Women are the sole support of over 50% of the families in this country. The legislation drafted and passed not only in Washington, but on the State and local level, has a profound effect on all of us. Please do not say you are too busy to vote. We all need each other and we all need to remember what our grandmothers and mothers remember – a time when casting a vote was not an option for women! On election day, regardless of your candidates of choice, just **GET OUT THE VOTE!**

Last week, I went to a sparsely attended screening of HBO's new movie "Iron Jawed Angels" starring Hilary Swank. It is a graphic depiction of the battle these women waged so that I could pull the curtain at the polling booth and have my say. I am ashamed to say I needed the reminder.

All these years later, voter registration is still my passion. But the actual act of voting had become less personal for me, more rote. Frankly, voting often felt more like an obligation than a privilege. Sometimes it was inconvenient.

My friend Wendy, who is my age and studied women's history, saw the HBO movie, too. When she stopped by my desk to talk about it, she looked angry. She was - with herself. "One thought kept coming back to me as I watched that movie," she said. "What would those women think of the way I use - or don't use - my right to vote? All of us take it for granted now, not just younger women, but those of us who did seek to learn." The right to vote, she said, had become valuable to her "all over again."

HBO released the movie on video and DVD. I wish all history, social studies and government teachers would include the movie in their curriculum. I want it shown on Bunco night, too, and anywhere else women gather. I realize this isn't our usual idea of socializing, but we are not voting in the numbers that we should be, and I think a little shock therapy is in order.

It is jarring to watch Woodrow Wilson and his cronies try to persuade a psychiatrist to declare Alice Paul insane so that she could be permanently institutionalized. And it is inspiring to watch the doctor refuse. Alice Paul was strong, he said, and brave. That didn't make her crazy. The doctor admonished the men: "Courage in women is often mistaken for insanity."

Please, if you are so inclined, share this with all the women you know. We need to get out and vote and use this right that was fought so hard for by these very courageous women. Whether you vote democratic, republican or independent party - remember to vote. History is being made.





OFFICER REPORTS

President Elect Diane Croncy-Turner

It is hard to believe that we are approaching fall and the holiday season. Keep in mind the families who have lost their homes in the storms, the members who have lost loved ones, the members who are sick or have sick family members. Always thank God and count your blessings each day because it could be any of us.

The Interim Board is rapidly approaching and President Pierce and the EC Committee are working hard to make the meeting cost effective and very informative. The registration form and information is included in the Cardinal. We would love to see as many members as possible. We want to keep the membership updated on changes from National.

It is not too early to make plans to run for a state office or serve as chair of a committee. If any member is interested in serving as a committee chair for the 2009-2010 program year, contact me by e-mail: diane@pacs-ky.org.

Have a Happy Thanksgiving, Merry Christmas and Happy New Year.

Vice President Janis Turner

I hope everyone has started this year off with excitement, enthusiasm, and the desire to make a difference. Each and every one of you is so important to making BPW successful.

If you haven't taken the opportunity to visit our www.bpw-ky.org website, please take a few minutes to see how much information is posted there for you. Your local newsletters are now posted. This is a great opportunity to see what other locals are doing and learn about their success stories. We can learn so much from each other. If you haven't been sending them to Patti Fallin, please do so. It's a great source for posting your events and fundraisers as well. This can allow other locals the opportunity to participate in your events.

I also want to encourage all local membership chairs to work closely with your mentor chair. I have seen incredible success stories from establishing mentoring programs in your locals for retention of your new members. This program allows you to learn the history of BPW, the mission of BPW and develop wonderful friendships. It truly makes you feel a part of a team.

I want to invite everyone to Interim Board to be held on November 21st and 22nd at the Barren River State Park. Your leadership team has tried to make it very informative and FUN.

Barren County is so happy to be hosting Interim Board. We have several business owners who have agreed to offer additional discounts to BPW members on the 21st and 22nd. If time allows you to come early and have some relaxation time, please do so. You will be able to enjoy your discounts on both days prior to our meeting or on your way back home.

I do plan to visit your local meetings, so please let me know if there is a specific time that you would like for me to attend. I will make every effort to attend.

It's hard to believe one third of our fiscal year has already past. Let's make it a great year.

Recording Secretary Suzanne Forshee

As we approach the fall season I begin to reflect back on the year and the many blessings in my life. I'm thankful to live in a country that affords me opportunities to have a voice concerning my beliefs and desires for this country. This year we have the privilege and obligation to cast our ballot in a historic election, an election which will determine the future of our sons and daughters and their children as well.

I'm also thankful for the many friendships I've made through BPW, not only at the local level but also at the state and national level.

I hope to see each of you at Interim Board in November at Barren River State Lodge. The planning committee has a fun and educational agenda which I'm sure you will thoroughly enjoy.

If you need any assistance from me, please don't hesitate to contact me.

I wish everyone a great NBWW week, and a safe and Happy Thanksgiving. Count your many blessings and share them with someone else.



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MEMBERSHIP ORGANIZATION



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OFFICER & REGIONAL REPORTS

Treasurer
Karen Lamb

Hello! Hope that the year has been a good one so far for each of you. I am really excited about the upcoming Interim Board meeting. I will get to see so many of my new BPW friends. If any of you have any questions for me, please let me know. I am here to serve each of you.

I am the regional liaison for the Northwest Region. I look forward to meeting with each of the locals in that region. Please let me know when your local meets and I will work diligently to be able to attend a meeting. I will be happy to attend events, as my schedule permits, if you would let me know. I am only an email or call away. This goes for any club or member.

Just a reminder for clubs with a May 31 year end that the 990 N for clubs with less than \$25,000 in gross receipts, is due by October 15, 2008. Also if your local is considering changing your year end to match state, then you will need to do a change of year form with the IRS. The form number is 1128. It is available on the IRS website under forms.

I look forward to seeing all of you at Interim Board in November.

Executive Assistant
Phyllis Hargrave

Have you ever thought why you are a member of BPW? Why did you attend your first meeting? I had a friend encourage me to attend my first meeting in 1992. She said she thought this would be a good thing for me to be involved in. She was correct!

After attending meetings for a couple of months, I felt "safe" with this group of dynamic women and I liked the fact that the organization worked so much to help with issues for all women. Once I became an active member, I realized BPW is a good thing for me. I've learned more than I have room to discuss in this space.

More importantly, I LOVE the fact that in so many different ways, my partnership with BPW has helped me help women! I love the support we have for each other! Don't you feel proud when you say that you have donated to our Foundation? River City gave out 19 scholarships in August! Most Locals have numerous programs that help women in many different ways – IDP, Leadership roles, etc.

It is funny how small things can change your life in big ways. Make a Difference. Invite someone to a BPW meeting soon!

Northwest Region News
Sandra Anderson, Northwest Region Director

Autumn Blessings to everyone! It's the time of year to take stock of your blessings and acknowledge them. Thank you for your thoughts, prayers and cards during Tommy's open heart surgery and my ear surgery. Your friendship was a bright blessing during some trying days. Tommy is recovering from his surgery very well and is impatient to get back to full speed. My recovery is also progressing nicely.

In the Northwest Region, locals are gearing up for a busy fall. Many events are planned for NBWW, including working at the Apple Festival, Woman of Achievement and Woman of the Year Luncheons, Membership Teas, Newspaper articles, displays in local malls, Awards Banquets, Girls Night Out and many others.

The Northwest Region has also been busy recruiting new members. At last count, 3 locals have new members. Our goal this year is to recruit at least 10 new members. And wouldn't it be great if we have to revise up!

Finally, some of you are aware of the task force investigating realigning our regions. We have been discussing this intensely and will have our recommendation for the EC prior to Interim Board. If anyone has any input you would like the task force to consider, contact your Region Director. All are on the task force.

On a final note, we often hear, "take time to stop and smell the roses". Stop now to admire all of the wonderful things, people and feelings around you. Colorful leaves are just as pretty as flowers and the smell of burning leaves can be just as aromatic. It's all in how you look at things!

Special thanks to the
Hopkinsville Business and Professional
Women's Club
for their support as I move up
and serve as
BPW/KY President Elect.
I would also like to wish everyone a
Happy Thanksgiving,
Merry Christmas and
Happy New Year.



Diane Croney-Turner
BPW/KY President-Elect



EcoPhones Recycling Fundraiser

BPW/Kentucky is starting a fund raiser that will help save the environment and raise money for our general fund. We are partnering with EcoPhones to recycle cell phones, ink jet cartridges and laptop/notebook computers. This fund raiser gives you the opportunity to support the organization (at no cost to you), save the environment, and rid yourself of items that are difficult to dispose of.

You are invited to bring your old cell phones, Ink Jet Cartridges, and Laptop/Notebook Computers with you to Interim Board meeting at Barren River November 21 and 22. If you know of others who have these items to dispose of, please collect them and bring them with you. If you cannot attend, please send your items with members from your Local who will be attending.

Items being collected for recycling are:

Cell Phones – If the phone is still working, but you decided to upgrade, please make sure it includes the battery. If it does not work we will still take it.

Ink Jet Cartridges – This is the only type of printer cartridge that will be accepted.

Laptop/Notebook Computers – If the laptop works, please make sure it includes the battery. EcoPhones will also accept non-working Laptops and Notebook computers from us. EcoPhones does remove and destroy each computer's hard drives when they are received - however, if you feel more comfortable removing the hard drive you are encouraged to do so. If the hard drive is removed please keep the hard drive holder intact, i.e., caddy/enclosure.

This is simple way for you to do a little house cleaning while supporting BPW/KY and the environment. If you have questions please feel free to contact any member of the Executive Committee.

PLEASE be advised we will not be accepting desktop computers or monitors.

Bylaws

Beth Moore, Chair

Hello from the chair of the BPW/KY Bylaws Committee! As this year begins I would like to request that all local organization presidents put on the agenda of your next regular meeting the need to update the bylaws! At the 2007 National Convention, mandatory bylaws changes were passed. That means changes for everyone.

Please contact me to talk about the mandatory bylaws changes for your clubs.

I look forward to working with you to accomplish this important task for your local organization. Contact me at (270) 824-8610 or at beth.moore@kctcs.edu

Membership

Sharon Taylor, Chair

Hello, Kentucky BPW Members, I know that you all are working hard recruiting and getting younger members involved in BPW. The membership plan for the year is outlined in the "Empowering Women to Unlock the Future" (this can be found in your leadership manual and on the BPW/KY web site).

You still have time to submit your registration form for this program which is due by October 30th. It would be ideal for each local to complete all 6 keys but you can complete 1, 2, 3, 4, 5 or 6. Each local that meets the October 30th deadline will be recognized at Interim Board. If you have any questions at all please contact me by phone (615)319-6531 or by email SharonLyrae@aol.com. My home address is 2403 Gold City Road, Franklin, KY 42134.

Our Growth and Our Future are in Our Hands

All together WE ARE BPW!!!!

**Building Powerful Women; Personally,
Politically and Professionally.**

National Business Women's Week

Sandra Anderson, Chair

Happy Fall, Ya'!!! Don't you just love that saying? I do because I LOVE, LOVE, LOVE Fall! Why, you might ask do I love fall. First, it makes me think of cool nights, beautiful colored leaves, football, craft shows and bon fires. Next, it makes me think of BPW!!! Fall is a very busy time for BPW. As you all know, NBWW week is in October. I know all of our locals have BIG plans for NBWW and I want to encourage ALL Local Presidents to send in a report on what you are doing. Also, don't forget to send in your nominations for Woman of Achievement, Woman of the Year and Business Equity Awards. I plan on something special for our Awards Luncheon at Interim Board and I know you are going to want to make sure your nominees are recognized. So, just remember as some ole wise person once said, "Toot your own horn! If you don't, who will?" BPW has a lot of horn tooting to do!!!

Young Careerist

Cathy Hughes, Co-Chair

Great news, the Young Careerist topics are now available.

There is a complete guide on how to conduct a Young Careerist competition on the National website, under the new Young Careerist Central section, which is located under the Business and Careers section. This section provides you all the necessary information you need for a successful YC program - from recruiting participants to the final judging process. Please take a chance to look through all of this information. It is a great resource. The topics and guidelines are also available with all the necessary forms on the BPW/KY website.

As always, Susan and I are here to help you anyway possible to make your Young Careerist program as successful as possible. Our goal is for every Region to be represented at State Convention.



Nursing & Health Issues

Judith L. Vittitow, Chair

We are moving into a new season of the calendar year, one I love for the changes it brings. Cooler temperatures, leaves turning from green to bright, autumn colors, pumpkins in the field and best of all, hot apple cider. Remember, each season also signifies changes in each of us. Our bodies are always in a constant flux which means we are able to redirect our lifestyle to reflect a positive change on any given day. I hope each of you is working toward a personal goal of improved health. Start small and don't worry about backsliding. You are an important person to yourself and others so take charge of your health.

If you have a workable plan for improving your health, share it with others. Solicit your BPW sisters for ways to help other women recognize the pitfalls of unhealthy living. Enlist community resources to offer stop smoking classes, suggest your employer offer an exercise regimen to help your colleagues lose weight, and encourage your local schools to have more nourishing food in canteens rather than "junk". Concentrate on positive change in your own health and the health of others.

Don't forget our "FITNESS" exercise plan for the year. Keep your calendar of activity and meet the goal of 315 miles to St. Louis for the BPW national convention in July of 2009. If you do not have a copy of the fitness calendar which I sent out, email me at jlvamb@insightbb.com and I will send you a copy. It can also be found on the BPW/KY Website – www.bpw-ky.org.

BPW/USA PAC

Have you every wondered "what is the function of PAC (Political Action Committee)"? It is an independent and separate organization from BPW/USA, as is the BPW/Foundation. The PAC is incorporated to endorse candidates that support BPW/USA's (women's) issues. This year BPW/PAC chose to endorse Barack Obama for President. While the PAC has endorsed Obama, we want to make you aware of their reasons and to ensure you that it is not an endorsement from BPW/USA.

Members know that BPW/USA's mission is to be the leading advocate for women in the workplace through advocacy, education, and information. BPW/USA formed a PAC in 1979 to further our mission. It has its own Board of Directors and bylaws and plays an important role in helping to shape what our government looks like and what issues they address. The PAC is supported solely by voluntary contributions from BPW/USA members. Member's dues **do not** go toward the support of BPW/PAC.

BPW/USA and BPW/PAC are both nonpartisan organizations, but that does not prevent BPW/PAC from endorsing a candidate who is clearly a stronger advocate for working women. The PAC utilizes a

Mentoring - Just Ask Program

Joanne Story, Chair

As we enter the 2008-2009 BPW year, we will have the opportunity of sharing our knowledge, skills and understanding by mentoring those who need our HELP. The Mentoring JUST ASK PROGRAM is a way to form relationships with people to accomplish shared goals, to make a connection between the mentor and the mentee to help prepare them for success in BPW and the workplace. Your MISSION is to mentor individuals for success through Advocacy, Education, and Information. Your GOAL is to help prepare mentees to succeed as a BPW member and in business and the professions. Your PRIORITIES are to provide business and professional role models and to increase opportunities for career development.

INTERNAL MENTORING; MENTORING WITHIN BPW
With the internal mentoring programs, BPW members help each other to develop, not only as a seasoned BPW member but as a stronger more professional and successful woman. Our existing local BPW Mentoring Committees with help from other groups, such as officers, seasoned members and others will mentor members and potential members. We certainly should first and foremost mentor NEW BPW MEMBERS. The members are the backbone of our great organization. We may and should reach out to mentor others in addition to BPW members.

You will receive more information about the JUST ASK MENTORING PROGRAM at INTERIM BOARD!



thorough process to determine a candidate's stance on BPW and women's issues. This includes evaluating candidate responses to a detailed questionnaire and reviewing their vote/support of our issues and policies. BPW/PAC supports candidates who support our legislative priorities regardless of party.

The PAC does not tell members how to vote and they do not speak for the individual member. BPW/PAC does attempt to educate the members and the candidates about the issues. The PAC will **NEVER** tell anyone how to vote and respects and defends their right to have a choice in everything thing they do, including their vote.

TENTATIVE MEETING AGENDA

Kentucky Federation of Business and Professional Women Interim Board of Directors Meeting

November 21 – 22, 2008

Hosted by: Glasgow BPW and South/Southeast Region

Friday, Nov. 21

Executive Committee Meeting	10:00 a.m. – 2:00 p.m. CST
Registration	1:00 p.m. – 6:00 p.m.
Individual Development Training (2 modules)	4:00 p.m. – 6:00 p.m.
Dinner followed by BPW/KY Foundation Event	7:00 p.m. – 9:00 p.m.

Saturday, Nov. 19

Registration	8:00 a.m. – 2:00 p.m.
Breakfast (<i>On Your Own</i>)	8:00 a.m. – 9:00 a.m.
Business Session #1	9:15 a.m. – 10:30 a.m.
Bylaws/Parliamentary Procedure Workshop	10:45 a.m. – 12:30 a.m.
Mentoring/Membership Workshop	
Awards Luncheon	12:45 a.m. – 1:45 p.m.

Please note Barren River State Resort Park is located in the Central Time Zone.



UNBRIDLE BPW/KY INTERIM BOARD MEETING AT BARREN RIVER LAKE STATE RESORT PARK



Cave Region

Mammoth Cave
Glasgow Plaza Theater
Lost River Cave
Kentucky Repertory Theater
Corvette Museum
Shopping in Bowling Green
Tour the Corvette plant



BARREN RIVER STATE RESORT PARK
1149 STATE PARK ROAD
LUCAS, KY 42156
800-325-0057, FAX 270-646-3645, PHONE 270-646-2151

**Special Offers
BPW Members**

18 holes of Golf

\$20.00 (includes cart)

Stay Thursday and/or

Saturday night \$50.00

Visiting for a seminar
or retreat?

Stay an extra day to
experience all that the
Cave City Region has to
offer and receive a
complimentary
entertainment bag! Come
a day early, stay a date
late, \$50.00 per night for
BPW members

Special offers valid only during
2008 Interim Board Meeting

VISIT US ON THE WEB!

WWW.PARKS.KY.GOV



Business and Professional Women/KY

87th INTERIM BOARD OF DIRECTORS REGISTRATION FORM

Barren River State Resort Park • Lucas, Kentucky • November 21- 22, 2008
Please type or print; use one form for each registrant.

Name _____ Phone (____) _____

Address _____ City/State _____ Zip _____

E-mail _____ BPW Local _____

Check your classification/Board of Directors/voting status *(check all that apply)*

- | | |
|--|---|
| <input type="checkbox"/> BPW/KY Executive Committee | <input type="checkbox"/> Current Local Organization President |
| <input type="checkbox"/> BPW/KY Standing Committee Chair | <input type="checkbox"/> Other Board Member _____ |
| <input type="checkbox"/> Committee: _____ | <input type="checkbox"/> Past State President & Year Served _____ |
| <input type="checkbox"/> Regional Director | <input type="checkbox"/> Member |
| <input type="checkbox"/> Assistant Regional Director | <input type="checkbox"/> Guest |
| <input type="checkbox"/> First Time Attendee at State Conference | <input type="checkbox"/> New Member |

Registration Packages: NO REFUNDS WILL BE PROCESSED AFTER NOVEMBER 12, 2008

	Postmarked on or before October 21, 2008	Postmarked on or before November 7, 2008	Postmarked after November 7, 2008
Full Conference Package (Includes Friday Individual Development Training , Friday Board Dinner prior to Foundation Fundraiser, Saturday Board of Directors Meeting, Workshops -Bylaws/Parliamentary Procedure & Mentoring/Membership, Saturday <i>National Business Women's Week</i> Award Luncheon)	\$ 70.00	\$ 80.00	\$ 85.00
Saturday-Only Conference Package (Includes Saturday Board of Directors Meeting, Workshops -Bylaws/Parliamentary Procedure & Mentoring/Membership, Saturday <i>National Business Women's Week</i> Award Luncheon)	\$ 50.00	\$ 60.00	\$ 65.00
Registration Only - No Meals (Includes Saturday Board of Directors Meeting, Workshops - Bylaws/Parliamentary Procedure & Mentoring/Membership)	\$ 40.00	\$ 50.00	\$ 55.00
Additional Guest Meals:			
Friday Foundation Fundraiser		\$ 20.00	
Saturday NBWW Awards Luncheon		\$ 25.00	

Total Enclosed: _____

Special meals (vegetarian, etc.) are available upon request. Please state preference. _____

I will be attending:

- Friday Afternoon, Individual Development Training - Personal Branding & DISC Modules
- Friday Board Dinner/Foundation Fundraiser
- Saturday Board of Directors Meeting
- Saturday Bylaws /Parliamentary Procedure & Mentoring/Membership Workshops
- Saturday *National Business Women's Week* Award Luncheon

*****Please Note Barren River State Resort Park is located in the Central Time Zone*****

Mail completed registration form and payment promptly by deadline date listed above *(keep a copy for your records)*.
Make check payable to **BPW/KY**. Send check and form to: **Martha Carol McCoy, 311 Hall St., Glasgow, KY 42141**
Please mark outside envelope: ATTN: BPW Please direct any questions by e-mail to: martha.mccoy@ky.gov

Hotel reservations must be made directly with Barren River State Resort Park by October 20, 2008, to receive the discounted rate
Telephone 800-325-0057. Rates \$50.00 single or double plus tax. **Identify your affiliation with BPW/KY for group rates.**



LOCAL NEWS

BPW Hopkins County Teresea Hatler, President

I can't believe it is already Fall. BPW women sure are a busy bunch.

We held our annual planning meeting and fellowship picnic at my home in July. My husband grilled hamburgers, hotdogs and brats and the members brought salads. A good time was had by all!

At our August meeting we met our scholarship winner Audrey Fowler. It makes you feel great when you help a deserving young woman with her education. We also had a silent auction, where members donated and then bid on gently used purses, books and jewelry.

Sharon Smith and Evelyn Fine are working hard planning BPW week. A proclamation will be signed by our mayor. We are focusing on membership. We have had several guests at our meetings. We started a member of the month spotlight in our local newsletter. Each month a different member will be spotlighted by telling about that member's job and other personal information.

We are planning a Junior Miss Scholarship Program for 2009. Julie Franklin graciously hosted the first organizational meeting at her home and provided our dinner. The program is generating a lot of interest and there is a lot of work to be done.

BPW Central City JoAnne Moore, Secretary

The Central City BPW Organization has had a very good beginning for their 08-09 club year. With membership at a minimum, we feel that we can claim quality if not quantity. Our programs have included a visit by Diane Croney-Turner, President-elect of BPW/KY who gave us information concerning state and national federations; Evan Whitmer, grandson of member Hallie Whitmer; Daniel Taylor, manager of the Muhlenberg Co. Airport; Dr. Freddie Mayes, chairman of the Muhlenberg County Long Term Disaster Relief Committee; and Gail Johnson, educator. Our programs have been interesting and informative. We plan to celebrate National Business Women's Week with an Open House on Sunday, October 19, at the library. Joyce Stevens and friends will supply the music and Judith Rhoades will be our featured speaker. Ingrid Doss has donated a Kentucky Horse quilt to be given away during the week and donations are being taken for it by members. Our officers for 2008-09 are Donna Slaton, President; Alberta Love, Vice-President; Helen Arnold, 2nd V-President; JoAnne Moore, Secretary; Hallie Whitmer, Treasurer; and Anne Bunch, Parliamentarian.

BPW River City, Inc. Shantha Diaz, President – Elect Chair 2008

This year marks the 80th Anniversary of **National Business Women's Week, October 20 – 24, 2008** sponsored by Business and Professional Women/USA (BPW/USA). The week offers BPW/USA and its local organizations a chance to acknowledge the accomplishments of working women and to showcase the organization.

The objectives of National Business Women's Week (NBWW) are:

- 1) To promote full participation and equity for women in the workplace;
- 2) To publicize the achievements of business and professional women on the local, state and national level;
- 3) To publicize the objectives and programs of BPW/USA as they relate to all workingwomen.

BPW/River City has some exciting events planned for the week of October 20th. All events will be held in the Kentucky International Convention Center.

Tuesday, October 21, 2008, Prayer breakfast 7:30 – 9:00 AM.

Wednesday, October 22, 2008, Young Careerist Luncheon

Thursday, October 23, 2008, our signature event, the Woman of Achievement (WOA) award banquet and Silent Auction!

Keynote speaker for prayer breakfast and YC Luncheon will be Anne Barab (www.annebarab.com). Anne was our recent keynote speaker at the National BPW/USA Conference held in Atlanta, GA in July.

Please contact L'Tonya Smith at L'Tonya.Smith@anthem.com or call 502-889-2881 for information about reservations / sponsorship opportunities.

BPW Glasgow Monica Conrad, President

The September membership drive was a huge success for our club! Vice President Mary Beth Jessie and her membership committee organized a wonderful program that resulted in TEN new members. Four additional guests are preparing their membership forms. We are now looking forward to Arts & Crafts and NBWW. Our Bean Soup fundraiser, led by Janis Turner, will be on Friday, November 7th. Sherrie Burgess is working hard to organize the Samothrace Club at Western Kentucky University Glasgow Campus. Club members are working the awareness drive at WKU this week and will be spreading the message about BPW and its benefits to our membership and our community. We hope to have the new club chartered by the first of the year. Members are also preparing for the Interim Board Meeting at Barren River Lake State Resort Park in November. Our club will be asking our fellow southern region clubs to assist in making this meeting a huge success for BPW/KY. We hope to see you there!

LOCAL NEWS

BPW Franklin **Sharon Taylor, President**

Wow!!!! What a great time to be a BPW member. All the change that is happening and we are a part of it.

Franklin BPW has been busy recruiting and promoting BPW. August 9th was the Franklin Garden Spot Run. The Franklin BPW was out at 5:30 a.m. bright and early to get runners registered for the event.

August 26th we celebrated Equality Day. We received a proclamation from the Mayor for this day honoring the day Women received the right to Vote! We also held a Voter registration to get women (anyone) registered to vote and provided lunch for those who registered to vote. Our first person to register was Elizabeth Taylor, a BPW member preparing to vote for the first time.

September we joined forces with the Franklin Kiwanis club for a pancake breakfast that was held on the 20th of September at the Antique Car Show on the square. We are preparing for NBWW and have events for everyday that week.

"Well-behaved Women never make history" and in Franklin we are not well-behaved women. "WE ARE Building Powerful Women, One woman at a time."



Garden Spot Run 8-9-08



*Elizabeth Taylor
registering to vote*

BPW Shelbyville News **Theresa M. Settle, President**

BPW Shelbyville has had some very interesting speakers over the summer months. We've had someone speak to us regarding human resource issues and career strategies, had a very lively discussion with our State Representative concerning equal pay and proposed changes regarding legislation, and information concerning the economic trends with regard to investing and the stock market from a financial broker and consultant. We are excited concerning National Business Women's Week in October and are planning a trade fair in November among the members of our group. We have many more events planned and look forward to meeting fellow BPW members at the Regional and State levels.

BPW Owensboro **Sandy Dawdy, President**

Sherion Roberts and her team are working on plans for National Business Women's Week. We will be choosing women for Woman of Achievement, Woman of the Year, Glass Ceiling Award, and Business Equity Award. Last year, Susan Tierney, Daviess County Circuit Court Clerk was our Woman of Achievement and was also BPW/KY's Woman of Achievement. We'd like to see this year's candidate "bring home the gold" again. We will again be partnering with the Messenger-Inquirer for "Women In Business" by having pictures and bios of many of our members.

Co-Chairs Martina Temple and Patti Acquisto are going great guns for our WOMENomics® scheduled for Feb 21, 2009. We are teaming with Daymar College and are excited about this opportunity. The topic will be "Workforce Diversity: Involving Everyone To Get Work Done".

We are in the process of moving to a larger area at the community college for Jennifer's Closet, an organization formed to donate slightly used business clothing to women who need help with their attire while applying for a job. Clothing is donated as well as shoes, purses, and jewelry.

You can see we are staying very busy here in Owensboro and are looking forward to some great events.

BPW Hopkinsville **Karen Lamb, President-Elect**

The Hopkinsville Club has been very busy the past few weeks. We are in the process of planning, as most locals are, for National Business Women's Week. There are many exciting activities scheduled for that week along with a kickoff luncheon on Sunday, October 12th after attending church with our local president Janice Cayce. The Woman of the Year, Woman of Achievement, and Business Equity for 2008 will be announced.

We have also had some great speakers at our meetings. Last month state Senator Joey Pendleton spoke about happenings in the state senate and encouraged each of us to vote and let our local, state and national representatives know what our concerns are. If an issue is overlooked or not voted on the way the voters feel, it is probably due to the fact that it was not made known to the ones representing the voters. This month we had the chief of the Hopkinsville Police Department Guy Howie and CPL Louis Sumner joined us for an informative session on gangs in our community. The best plan is to be informed and educated on your community.

Awards, Inc. - Elizabeth Porter Gifts supports our local Glasgow BPW Club



L-R: Becky Barrick - President-Elect, Betty Driver - Treasurer, Sandy Leitao - Secretary, Monica Conrad - President, Janice Turner - BPW/KY Vice-President, Mary Beth Jessie - Vice-President (Krissie Coe Fields, not pictured)

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2008 Calendar of Events

October

- All Month Breast Cancer Awareness and Domestic Violence Awareness
- 20-24 National Business Women's Week
- 21 Deadline to submit NBWW award information
- 24 Mid-Year Reports due from Local Presidents to State President for Interim Board
- 31 Deadline for BPW/KY Foundation Scholarship Application

November

- 1 Deadline for KY Nominations Chair to notify locals of February 15 deadline
- 4 Election Day
- 20 Executive Committee Meeting, Barren River, Glasgow, KY
- 21-22 BPW/KY Interim Board of Directors Meeting, Barren River, Glasgow, KY

December

- 1 Kentucky Cardinal deadline
- 1 Deadline for proposed Bylaws revisions to State Bylaws Chair