



KEBPW

KENTUCKY FEDERATION OF
Business and Professional Women's Clubs, Inc.

THE
**KENTUCKY
CARDINAL**
KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

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2009-2010
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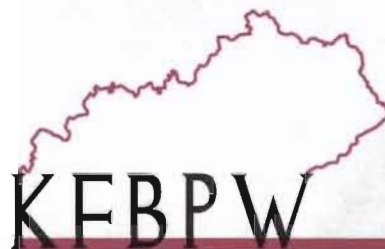
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THE
KENTUCKY
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KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.



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Kentucky Cardinal Advertising

The Kentucky Cardinal accepts advertising but reserves the right to refuse to publish any and all ads submitted. Rates are for camera-ready copy. Mail or e-mail ads to The Kentucky Cardinal advertising editor. All ads are to be paid in advance. Checks should be made payable to KFBPW with Kentucky Cardinal in the memo.

Full Page.....\$150
 Half Page.....\$85
 Quarter Page.....\$60
 Eighth Page (Business Card).....\$35
 Identical Ad Run in Any Three Issues.....10% Discount

Deadlines for The Kentucky Cardinal

July 1 - September 15 - December 1 - March 15

PRESIDENT'S MESSAGE

KFBPW

KENTUCKY FEDERATION OF
Business and Professional Women's Clubs, Inc.

Changes.... this is a year filled with changes. Kentucky Business and Professional Women's Clubs, Inc. (KFBPW) has mailed the letter of disassociation with BPW/USA Foundation. With disassociation come many changes.

The 88th KFBPW Interim Board of Directors meeting will be held Friday, November 13 – Saturday, November 14. We are offering an early bird registration package for \$70.00 if postmarked by October 15th. Payment must be included in order to be registered. Contact co-chairs are Karen Hunter and Sue Mock of Hopkinsville. Room rates are indicated on the registration form and the deadline for the room block is October 30th. When booking your room, identify your affiliation as "ILCORBPW" for group rates. First timers and the local with the most members in attendance will be recognized. Other surprises await you so you will have to be in attendance to witness the rest. Vendors will be available for your shopping needs on Friday and Saturday.

We are requesting at least one representative (or more) from each local attend Interim Board. A town hall meeting is scheduled for Friday, November 13, 2009 at 4:00 p.m. CST. This time will be used to hear issues and concerns as we continue to make positive changes. We need to hear from you in order to move the Federation in a new direction. This is a TEAM effort.

The Young Professional and Individual Development Task Forces are working on a new look for the two programs. With the disassociation, the programs have to be redeveloped. This is the planning year and ideas will be presented during the town hall meeting. The final redeveloped programs will be voted on at State Conference and implemented in the 2010-2011 program year. If you have any suggestions contact Mary Beth Jessie, Young Professional Chair or Bonny Manning IDP Chair.

The Federation is requesting that all locals begin working on your bylaws. Every local must submit bylaws due to the disassociation with BPW/USA to Beth Moore, By-Laws Chair, by December 15, 2009. Ms. Moore will have comments at the town hall meeting on bylaws and new Model local bylaws will be voted on during the Interim Board meeting. Let's all work hard to get bylaws submitted by the deadline. You can visit the KFBPW website at www.bpw-ky.org for a copy of the State Bylaws. Model Local Bylaws will be posted as soon as they are approved.

Kentucky Professional Women's Week (KPWW) will be held Monday, October 19, 2009 – Friday, October 23, 2009. Remember the name has been changed. All information is on the website at www.bpw-ky.org under downloads; leadership



President
Diane Cronley-Turner

manual under Kentucky Professional Women's Week. The guidelines and forms for Woman of the Year, Woman of Achievement, and Employer of the Year/Business Equity Awards can be found there, and are due to Sandra Anderson, KPWW Chair by Saturday, October 24, 2009. We would like for all locals to submit your local individuals or organization winners to the KPWW Chair by the deadline. Winners will be announced at the Interim Board Award Luncheon on Saturday, November 14, 2009.

The Executive Committee is requesting all locals to e-mail us with your KPWW scheduled events. We will try to attend as many as possible. If you will e-mail me at diane@pacs-ky.org, I will forward the information to the EC members.

State Logo/State Name: From this time forth, use Kentucky Federation of Business and Professional Women's Club, Inc. (KFBPW). The EC committee (Patti Fallin, developer) has voted on a logo for letterhead and other items. The logo is available on the website.

The EC committee had new name tags printed after the disassociation. The name tags are available and can be purchased for \$10.00 each. If you are interested in purchasing a new name tag, contact Janis Turner at (270) 651-4954 or e-mail jturner@pbibank.com. A KFBPW supply store is being developed and KFBPW items will be available for purchase at Interim Board. We will keep you posted when the website has been developed.

With disassociation, state membership dues increased to \$25.00 per year. The federation voted at State Conference to go back to **May Day Pay Day scenario**. All member dues will be due in May of each year. If a new member joins mid-year, dues will be prorated until May. Debrah Pierce is serving as Membership Chair this year. We would like to see each local increase your membership by at least five new members. At State Conference the club installing the most new members will receive an award. Let's all work to strengthen the organization.

Looking forward to seeing each of you at Interim Board, November 13 – 14, 2009, Holiday Inn, Hopkinsville, KY.

The "5 Big" Challenges in Life

By Dr. John C. Maxwell

Successful people do not have less challenging lives than those who do not succeed. In fact, they may go through even greater challenges. What causes the separation? Successful people respond to difficulties differently. It's easy to have a great attitude when things are going our way. Attitude doesn't become the difference maker until challenges arise.

In this edition of *Leadership Wired*, we'll look at "The Big 5," a list of the top challenges experienced by leaders, and we'll discuss steps to develop an appropriate attitude toward each challenge.

THE BIG 5

1. Discouragement

Over the course of my life, I've discovered that every leader gets discouraged. Plans fail, dreams drift out of range, or goals suffer setbacks. However, not every leader responds to discouragement the same way. Attitude dictates whether a discouraged leader will give up or get up.

Dealing Effectively With Discouragement

a) *Get the Right Perspective.*

Seldom are circumstances as bad as they feel in the darkest moments. Try to put hard times in the proper perspective by distancing from them emotionally.

b) *See the Right People.*

Relationships either build us up or tear us down. Leaders surround themselves with encouragers who lend support and lift the load.

c) *Say the Right Words.*

Dr. Martin Lloyd Jones says this in his excellent work, *Spiritual Depression, Its Cause and Cure*: "Most of your unhappiness in life is due to the fact that you are listening to yourself rather than talking to yourself." Thoughts stream into our minds beyond our control. Instead of succumbing to whichever thoughts happen to pop into our heads; we can purposefully fix our minds on the positive.

2. Problems

Just as every leader gets discouraged, so every leader runs into problems. When facing problems, adjusting your attitude can be a precursor to adjusting your situation. Remember: change on the outside always follows the change on the inside.

Principles for Handling Problems

a) *Define What A Problem Is*

A problem is something I can do something about. If I cannot do something about a situation, it is a fact of life, not a problem.

b) *Anticipate Problems*

A problem anticipated may be an opportunity, but a

problem not anticipated is a simply a problem.

c) *Embrace Each Problem as a Potential Opportunity.*

Problems are wake-up calls for creativity. They sharpen us by testing our reasoning and drawing out our creative juices.

3. Change

Change is an unavoidable and often unwelcome part of life. Change pushes us away from comfort by refusing to let us settle. By constantly forcing us to adapt, change sparks growth in our lives.

Coming to Terms with Change

a) *Determine that Change Will Be an Ongoing Part of Life.*

Years ago, Alfred P. Sloan made the statement that the key to success in management does not lie in your ability to adjust to change; it lies in your ability to anticipate change. When we see change coming we can move along with it rather than being blindsided by it.

b) *Make a Commitment to Pay the Price for Change.*

Along the journey, a leader must make sacrifices to stay abreast of change. If change doesn't cost you, it's not real change.

c) *Decide What You Are Not Willing to Change.*

Leaders have a general openness to change, but they refuse to be swayed in their convictions such as faith, values, and family.

4. Fear

Fear has the ability to exaggerate itself and spread throughout our life. When fear grips us, we are frozen and incapable of action. Worrisome thoughts fill our mind with distractions, and we are powerless to be productive.

How to "Fix" Your Fears

a) *Discover the Foundation of Fear.*

Fears are more often based on feelings than facts. To control fear, search for its underlying emotion. More often than not, you'll find fear has no rational root.

b) *Accept Fear as the Price of Progress.*

Whenever we venture into new territory, we are met with the fear of the unknown. We must be willing to step outside of our comfort zone and face the fear of the unfamiliar.

c) *Feed the Right Emotion, Starve the Wrong One.*

Many times we cannot hope to avoid the emotion of fear. Despite our best efforts to have courage, fear settles into the pit of our stomach like a rock. We may never eliminate fear, but we can refuse to let it dominate. If we act according to hope and optimism, eventually our action will transform our emotions.

5. Failure

I have seen many leaders with self-sabotaging traits stemming from an unhealthy perspective toward failure. Some leaders live with a nagging sense of impending failure. They don't believe they are good enough to succeed, and sooner or later they fulfill their self-expectations of failure. Other leaders refuse to take risks. By sticking to safe paths, they assure themselves of failing to have significant impact. Still other leaders allow failures to derail them. They see failure as a personal indictment rather than a step in the ongoing process of their growth as a leader.

How to Profit From Failure

a) *Change Your Vocabulary.*

Every good leader I've ever met has had the amazing ability to turn a setback into a springboard for greater effectiveness. In his book, *Leaders on Leadership: Interviews with Top Executives*, Warren Bennis interviewed 70 of our nation's top performers in numerous fields. None of them used the word "failure" to describe their mistakes. Instead they referred to "learning experiences," "tuition paid," "detours" or "opportunities for growth."

b) *Keep a Sense of Humor.*

Give yourself margin to make mistakes. Laugh at your failures rather than languishing in them.

c) *Make Failure a Learning Experience*

We should never walk away from failure empty-handed. Each failure comes with lessons attached, and we can learn invaluable principles from them.

The Big 5 Recap:

1. **Everybody Gets Discourage**
2. **Everybody Has Problems**
3. **Everybody Resists Change**
4. **Everybody Feels Fear**
5. **Everybody Experiences Failure**

Attitude, the difference maker, is the one thing that enables a leader to rise above these challenges.

"This article is used by permission from Dr. John C. Maxwell's free monthly e-newsletter 'Leadership Wired' available at www.maximumimpact.com." This information cannot be used for resale in any manner.

Suzanne Forshee, Vice President

This year has gotten off to a running start; I'm not even sure where the time has gone. This year brings exciting changes to our organization. We have the opportunity to recreate ourselves in a new and exciting way - a way that I'm hoping will allow us to grow our membership in Kentucky and offer new and improved programs to all the members

As we move through this transition, please know that I'd love to hear what you're working on and how things are going within your local. Also be sure to visit the KFBPW website regularly as information is being updated there on a regular basis. You can even find a recommendation for our new logo to be used during the upcoming Kentucky Professional Women's Week.

I would like to encourage you all to try and plan to attend the Interim Board of Directors meeting November 13 - 14 in Hopkinsville. There will be an abundance of information shared regarding the transition and of course there will be some fun activities along with some shopping. Hope to see ya there!

OFFICER REPORT

Janis Turner, President-Elect

It's hard to believe that Kentucky Professional Women's Week (KPWW) is already upon us. I hope everyone has a great week and that we are able to reach all working women in our communities to share the benefits of becoming a KFBPW member. It's a wonderful time to celebrate the accomplishments of our locals.

I have been working with Becky Barrick with Awards Inc. to establish our KFBPW store. She will be at our Interim Board in November selling some of our new items. Please be sure to let us know if you would like to see a particular item placed on our website.

Please make plans to attend our Interim Board Meeting in Hopkinsville. Your vote is very important. As we have said many times this year, this is a year of changes.

Designers Welcome

The Federation is in the process of designing a new emblem. If anyone would like to submit an emblem design, we are open to all ideas. The deadline for submission is October 31, 2009. The EC committee will choose three designs and present them at Interim Board to be voted on at State Conference in June 2010.

Soliciting Bids

The Federation is requesting bids for updating and securing the State website. The Federation would like to be able to accept credit cards for paying dues. We also would like to have the database accessible to members only so they can view, download and update information. If you or someone you know would like to bid on this, contact Diane Crony-Turner at (270) 886-6341 (work).

COMMITTEE REPORTS



Bylaws Committee Report

By Beth Moore, Chair

Committee: Patti Fallin, Betty Hedges, Bonny Manning

It is September already! It is hard for me to believe that it has been three full months since our State Conference in June. However, I feel that I have certainly been busy in those three months. The new Kentucky Federation of Business and Professional Women

Bylaws and Policy documents are both posted on the KFBPW website. Please go there, print, and review those documents.

Currently, I am working on the "Model Bylaws for Local Organizations." When that document is ready, I will ask President Diane Croney-Turner to send this out to all local organization presidents. All of these documents are in Word format. I suggest that each local organization Bylaws Chair or local organization President download these documents. Then add the extra information that is pertinent only to your local organization. Of course, you then need to forward your Local Organization Bylaws to me as Bylaws Chair for review!

I look forward to seeing many of you at Interim Board Meeting in Hopkinsville, KY in November. Hurray—you will get to visit western Kentucky for this meeting. I hope that you are excited about that.

I am also excited that this is my third and final year as Bylaws Committee Chair. I hope that at least one of you is looking forward to filling this chair next year!

Kentucky Business and Professional Women's Foundation

By Debrah Pierce, Chair

The Kentucky Business and Professional Women's Foundation, Inc. is busy planning its Fall Fund Raiser which will be held at Interim Board in Hopkinsville, KY. Start tuning up your vocal cords and get ready to participate in the Foundation's "Karaoke Kontest and Silent Auction" on Friday evening, November 13th following the Town Hall Meeting.

The winner of the "Karaoke Kontest" will be determined by the number of \$1 votes cast for each contestant. A valuable trophy will be awarded to the winner of the contest. So.....what do you need to do? Send the name of your act to me at piercedv@aol.com, bring a CD with your music, and get ready to have some fun!

Each local organization is asked to bring **two** items for this year's **Thanksgiving/Christmas themed auction**. All proceeds raised at the Fund Raiser will help fund Scholarships awarded by the Foundation.

Kentucky Business and Professional Women's Foundation, Inc.

By Joanne Story, Foundation Scholarship Chair

The Board of Trustees of the Foundation awards Scholarships and Grants to women facing challenges in college or the workforce. What better way to spend our money than to invest in women who are so desperately trying to improve themselves. We encourage each KFBPW club to focus on the greater rewards: the FUTURE OF WOMEN sponsored through this wonderful Scholarship Program. Join this prestigious team and contribute to Kentucky's future by supporting the Kentucky Business and Professional Women's Foundation. Help us increase scholarships to deserving, qualified, outstanding women so that they may play a vital role in continuing the legacy of WOMEN SUPPORTING WOMEN! With each new day we are given the opportunity to be strengthened by our past and challenged by our future.

"A Gift Of Love" Promise campaign contribution levels for KFBPW members are: Friends of the Foundation - \$1000; Nike - \$500; Torch - \$200; and Scroll - \$50. Information on Corporate/Business sponsors will be discussed at Interim Board.

"LIVE SIMPLY, GIVE GENEROUSLY, CARE DEEPLY AND SPEAK KINDLY"

Legislation Committee Report

By Donna Seeberger and Phyllis Hargrave, Legislation Co-Chairs

Please be aware of the on-going issues to provide affordable Health Insurance coverage for all Americans. This legislation will affect all of us in one way or another. Let your Legislators know how you feel about these possible changes. We need to keep ourselves informed and up to date on these issues. Take a couple of minutes - go to www.congress.org and sign up to receive notices of congressional activities to help you stay up-to-date on these and other issues.

Donna attended Woodford County's September meeting where Representative Carl Rollins spoke on Education Reform. Rep. Rollins spoke about future education plans and goals for Kentucky. Do you know that Kentucky still has one of the worse high school dropout rates in the US? Summits are being held to obtain more insight as to what we can do to encourage our kids about the importance of continuing their education. Children who drop out of school early don't realize this is going to affect them for the rest of their lives.

Phyllis and I will have more information to share with all of you at Interim Board in November. Hope to see you there.

COMMITTEE REPORTS



Kentucky Federation Revised ID Program Professional Development Program

By Bonny Manning, Chair

The former Individual Development Program ('IDP') is taking on a fresh, updated appearance as the Kentucky Federation's *Professional Development Program (PDP)*

The "modules" will be referred to as 'sessions' and each session title is being renamed in an effort to bring 'a 2005 program' into the 2010 / 2011 workplace. Many aspects of the existing program are different either by virtue of the workplace alteration or by the role each of us are asked to play in this changed work force.

KFBPW is eager to provide a training and development program which meets the needs of the membership in all aspects, and looks forward to receiving the feedback of the members at the Interim Board meeting.

Nominations

By Susan Campbell, Chair

I look forward to hearing who will be seeking office at the state level. Deadlines are not until February 15th but it is not too late to start thinking about running for office. Should you need nomination forms, contact me:

Susan Campbell
111 Deerfield Dr. N.
Princeton, Ky. 42445
susancampbell@timesleader.net

2009 INTERIM BOARD

2009 INTERIM BOARD OF DIRECTORS CONFERENCE NOVEMBER 13-14, 2009

CONFERENCE REGISTRATION INFORMATION

Registration is required for anyone attending any event scheduled as part of the Interim Board of Directors meeting. KFBPW name badges serve as your pass to conference activities and are distributed to registrants at the KFBPW registration desk.

Credentials must be presented at the registration desk prior to 8:00 a.m. Saturday. Only members of the Board of Director who have paid their registration fee and are in good standing are eligible to vote in the business session. Members and guests are welcome to attend and speak, but cannot vote. Board members are:

- KFBPW Executive Committee
- KFBPW Parliamentarian (without vote)
- Chairpersons of Standing Committees
 - Bylaws
 - Finance
 - Foundation
 - Issues Management
 - Individual Development
 - Legislation
 - Membership
 - Public Relations
 - Young Professional Task Force
- Regional Directors
 - Assistant may serve as alternate in absence of Director, or if Director is delegate in another capacity
- Local Presidents (2009-2010 year)
 - authorized representative allowed
- Kentucky Cardinal Editor
- KY Foundation Board of Trustees Chair

- Past National President
 - JoEtta Wickliffe
- Immediate Past State President
 - Debrah Pierce
- Emeritus Board Member
 - Ledean Hamilton

Early bird registration is available until October 15th. All registrations postmarked after November 1st must include a late fee of \$10.00.

REASONS TO ATTEND!!!

- Enjoy good food, good friends and great (???) music, while donating to KFBPW Foundation. Surprises are in store for all.
- Experience "Shoppertainment" first-hand as we visit the exhibit and vendor booths set up especially for us.
- Participate in the Town Hall meeting about transition issues.
- Have a Voice in the business and decision making of the Kentucky Federation. Representation from each and every Local Organization is needed!
- Kentucky Professional Women's Week Awards Luncheon, honoring Business Equity Nominees, Women of Achievement, and Women of the Year. Make sure your nominee is submitted for consideration!
- Be informed and inspired by keynote speaker Alissa Young.
- Special gifts for each local organization with
 - At least two members registered for the full conference
 - Most members in attendance
 - Most first-time attendees.

REFUND POLICY

Cancellations must be made in writing to: Karen Hunter, Interim Board Contact Co-Chair, P. O. Box 227, Hopkinsville, KY 42241. For a full refund, cancellation requests MUST be postmarked no later than November 7, 2009. No refunds will be processed after November 7, 2009.

SUGGESTED ATTIRE

Business attire is requested during the business session and Awards Luncheon on Saturday. Friday night's Foundation Fundraiser will be casual so come dressed to have fun! If you are participating in the "Karaoke Kontest", you may want to dress for the occasion!

KBPW FOUNDATION FUNDRAISER

Whether we are a rapper wannabe, a country crooner, or a rock god, our love of music and singing unites us and binds us emotionally if only for a moment. To those who sing karaoke, it isn't enough to sing along to the radio or a CD. The satisfaction is in singing the song ourselves, with our own unique voice, talent and stylings. The majority of us will never be professional singers, but for a moment on stage behind the mic, we can live the dream.

Come live your dream at the Foundation's "Karaoke Kontest" Friday evening and get ready to have some fun! Participants (groups as well as individuals) are asked to contact Debrah Pierce at piercedv@aol.com to let her know the name of your act. You will need to provide your own CD of your music. Come dressed in your stage attire! There will be a prize – a valuable trophy – awarded for the best Karaoke performance! The winner will be determined by the number of \$1 votes cast for each act.

Listen to the great (?) music (maybe not great but at least it will be fun!) and enjoy the mix of good food and good friends while donating to our state Foundation. Each local is asked to bring two items to donate for the Foundation Auction. All items should have a Thanksgiving/Fall or Christmas theme. All proceeds raised will help fund scholarships awarded by the Foundation.

HOTEL RESERVATIONS

Reservations will be processed in order of receipt. THE ROOMS WILL BE BLOCKED UNTIL OCTOBER 30, 2009. Reservations beyond that date will be on a space and rate available basis. The room rate is \$88.99 per room per night for single or double and \$100.12 per room per night for a king executive. Rates DO include the sales and occupancy tax. Reservations will need to be guaranteed with a credit card OR a first night deposit. Cancellation of reservations must be made by 6:00 p.m. date of arrival. Check in is 3:00 p.m. and check out is 12:00 noon.

Call the hotel directly at 800-475-4329 or 270-886-4413 to make your room reservations. TO BE SURE YOU GET THE CONFERENCE RATE, IDENTIFY YOUR AFFILIATION BY USING THE CODE - ILCORBPW.

KEYNOTE SPEAKER



This year is a year of change for KFBPW. Most people do not like change and have a hard time dealing with it. On Saturday, the keynote speaker at the Kentucky Professional Women's Week Awards Luncheon will be Alissa Young. Ms. Young will be speaking to us on change and encouraging us to deal with change in a positive manner as well as inspiring us to move forward.

Ms. Young is a native of Hopkinsville, Kentucky. She graduated from Christian County High School in 1985 and went on to attend Murray State University to pursue a degree in Communication. She graduated from Murray State University in 1989 with her Bachelor's Degree in Radio-TV Broadcasting and in 1993 with her Master's Degree in the field of Organizational Communication. Currently, Alissa is serving as Dean of Academic Affairs at Hopkinsville Community College. She also holds the title of Professor of Communications. She is an Alumni member of Focus 21st Century Leadership Training Class. She is a graduate of the Kentucky Community and Technical College System President's Leadership Seminar and the National Institute for Leadership Development. Alissa serves on local boards and committees and is an active member of her church. She is the daughter of Willie and Linda Pearson, and she is married to Mark Young.

INTERIM BOARD CONFERENCE HOTEL

The Holiday Inn, 2910 Ft. Campbell Blvd., Hopkinsville is located just off the Edward T Breathitt Pennyrile Parkway. Take Exit #7A (US 41A North) off the Pennyrile Parkway and turn North onto Fort Campbell Boulevard. The Holiday Inn is located on the right about 1/2 mile from exit.

Hotel amenities include: On-Site Health and Fitness Center; Sauna and Whirlpool; Indoor Pool; Laundry Services; Business Services; Free Parking; Handicapped Rooms/Facilities;

Guest rooms have coffee makers, hair dryers, irons and ironing boards, courtesy newspaper, high speed and wireless internet access.

TENTATIVE MEETING AGENDA

Kentucky Federation of Business and Professional Women's Clubs, Inc. Interim Board of Directors Meeting November 13 – 14, 2009

Friday, November 13, 2009

Executive Committee Meeting	10:00 – 2:30 p.m.
KBPW Foundation Meeting	10:00 – 2:30 p.m.
Registration	1:00 – 6:00 p.m.
Vendor Exhibits	3:00 – 8:00 p.m.
Town Hall Meeting	4:00 – 5:45 p.m.
Networking	6:00 – 6:30 p.m.
Dinner followed by KBPW Foundation Event	6:30 – 9:00 p.m.

Saturday, November 14, 2009

Breakfast (On Your Own)	7:30 – 8:00 a.m.
Registration	7:30 – 11:30 a.m.
Vendor Exhibits	7:30 – 11:30 a.m.
Business Session #1	8:00 – 11:20 a.m.
Awards Luncheon	12:00 – 2:00 p.m.

Please note: All times are Central Standard Time.

Congratulations!

Martha Sullivan, Board Secretary

for the Medical Users

Software Exchange,

recently spoke in England to the MUSE group.

Licking Valley BPW is proud of you.



KBPW
KENTUCKY FEDERATION OF
Business and Professional Women's Clubs, Inc.

88th INTERIM BOARD OF DIRECTORS REGISTRATION FORM

Kentucky Federation of Business & Professional Women's Clubs, Inc.

Holiday Inn ♦ Hopkinsville, Kentucky ♦ November 13 - 14, 2009

Please type or print; use one form for each registrant.

Name _____ Phone _____

Address _____ City/State _____ Zip _____

E-mail _____ KFBPW Local _____

Check your classification/Board of Directors/voting status (check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> KFBPW Executive Committee | <input type="checkbox"/> Current Local Organization President |
| <input type="checkbox"/> KFBPW Standing Committee Chair | <input type="checkbox"/> Other State Board Member _____ |
| <input type="checkbox"/> Committee: _____ | <input type="checkbox"/> Past State President & Year Served _____ |
| <input type="checkbox"/> Regional Director | <input type="checkbox"/> Member |
| <input type="checkbox"/> Assistant Regional Director | <input type="checkbox"/> Guest |
| <input type="checkbox"/> First Time Attendee at Interim Board | <input type="checkbox"/> New Member |

Registration Packages: NO REFUNDS WILL BE PROCESSED AFTER NOVEMBER 7, 2009

Payment must be received with the registration form.
If not received, late payment will be assessed.

Full Conference Package

(Includes Friday Town Hall Meeting, Friday Board Dinner at the Foundation Fundraiser Event, Saturday Board of Directors Meeting, Saturday Kentucky Professional Women's Week Awards Luncheon)

Postmarked on or before October 15, 2009	Postmarked on or before November 1, 2009	Postmarked after November 1, 2009
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\$ 70.00	\$ 80.00	\$ 90.00
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Saturday-Only Conference Package

(Includes Saturday Board of Directors Meeting, and Saturday Kentucky Professional Women's Week Awards Luncheon)

\$ 50.00	\$ 60.00	\$ 70.00
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Registration Only - No Meals

(Includes Friday Town Hall Meeting, Friday Night Foundation Fundraiser Event (no dinner) and Saturday Board of Directors Meeting)

\$ 40.00	\$ 50.00	\$ 60.00
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Additional Guest Meals:

Friday Board Dinner at Foundation Fundraiser
Saturday KPWW Awards Luncheon

\$ 20.00
\$ 30.00

Total Enclosed: _____

Payment must be received with the registration form. If not received, late payment will be assessed.

Special meals (vegetarian, etc.) are available upon request. Please state preference. _____

I will be attending:

- Friday Afternoon, Town Hall Meeting
 Friday Board Dinner/Foundation Fundraiser
 Saturday Board of Directors Meeting
 Saturday Kentucky Professional Women's Week Award Luncheon

Mail completed registration form and payment promptly by deadline date listed above (keep a copy for your records).
Make check payable to KFBPW. Send check and form to: Karen Hunter, P.O. Box 227, Hopkinsville, KY 42241
Please mark outside envelope: ATTN: KFBPW Please direct any questions by e-mail to: khunter@higgins-ins.com or call 270-886-3939 (w)

Hotel reservations must be made directly with Holiday Inn by October 30, 2009, to receive the discounted rate.
Telephone 1-800-475-4329 or 270-886-4413. Rates (includes tax) \$88.99 - for a single or double; \$100.12 - for a king executive.

Identify your affiliation with the code ILCORBPW for group rates.

LOCAL NEWS

Berea B&PW

By René Poitra, President

This is going to be an exciting year for Berea B&PW and the other clubs in the state of Kentucky. We are very much looking forward to the challenges and rewards that we will encounter with the new year. Listed below are the new officers for the 2009-2010 year.

President.....René Poitra
Vice Presidents.....Arritta Morris and Bea Riley
Treasurer.....Barbara Belcher
Secretary.....Linda VanWinkle

Our meetings have been held at the Smokehouse Grill in Berea. We meet the first Wednesday of the month. We all enjoy dinner at 6:00 pm and our speakers are scheduled at 7:00 pm.

The months ahead of us will be very busy with the following events and activities taking place. September 18-20th we will be selling cookbooks and Bybee Pottery at the annual Spoonbread Festival. In October we will be showing "Iron Jawed Angels" at the Madison County Public Library. We will have a reception following the movie along with information for recruiting new members. The biggest event of the year is December 1st when we have our Rudolph Auction at Boone Tavern. A traditional Christmas Dinner will be served at 6:00 pm and the auction will start at 7:00 pm. Please mark your calendars, we would love to see you there.

I hope everyone is looking forward to the changing of the trees and all the fall colors. Let's make this the best year ever!

BPW/River City, Inc.

By Sue Woods, President

BPW River City has been very busy so far this year. We have continued many of the programs that we have done in the past.

Our Leadership committee has doubled the number of places that we will visit this year. Some of the venues will include Family Scholar House, RiverBend Winery, and Sullivan University. We are very proud of our Leadership program.

We are developing plans for our first Kentucky Professional Women's Week (KPWW) which will be held at the Kentucky International Convention Center during the week of October 19-23. The week will include a kick-off breakfast on Tuesday morning, a Rising Flame (formerly Young Careerist) Speak-off Luncheon on Wednesday, and a Woman of Excellence (formerly Woman of Achievement) banquet on Thursday. The Woman of Excellence banquet will also include a silent auction where we hope to raise money for our Foundation.

We had a fabulous meeting in August where our Foundation presented scholarships to mature women returning to college and also grants for breast cancer research.

We are still ironing out the details for our Professional Development Program (PDP)—formerly known as IDP. We are working hard to have the program available in mid November.

Glasgow B&PW

By Becky Barrick, President

Greetings from Glasgow B&PW! Our Club has had a successful membership drive and continues to have new members join our club. We are hosting our annual Arts and Crafts fair on September 26th in downtown Glasgow. It is always an exciting day. Many plans have been made for wonderful activities to be held in October for the Kentucky Professional Women's Week. Our annual Bean Soup fundraiser planning is ongoing and it will be held in November. Our book club continues to be an exciting activity and our fitness program is scheduled to kick-off in October. As you can see, Glasgow B&PW does not let any grass grow under our feet! We are working hard to make this one of the greatest years ever.

Hopkins County B&PW

By Algia Morrow, President

Hopkins County has gotten off to a good start. The first thing we did was to change our name. Our new name is Hopkins County Business and Professional Women.

We've also held our first Junior Miss Program in 15 years. It was a huge success. All of the young ladies were beautiful and very talented. I was glad I was not a judge. The winner was Katherine Kelley. I wish all of the young ladies who participated in the program good luck and much success for their futures.

We have two new members to welcome, Cheryl Tucker and Tammy Sanders. We are so happy and very excited to have them with us.

Our next project will be KPWW week. We have a committee in place to plan the week. I am sure it will be an interesting and fun filled week.

Have a Great Fall Season!

Hopkinsville B&PW

By Karen Hunter

Happy Fall to All!!! Hope everyone is enjoying the cooler temperatures as well as the color changes in the leaves. What a beautiful time of the year!

The Hopkinsville Club has been busy working on our Kentucky Professional Women's Week to be held on October 19th – 23rd. We will begin celebrating with our Awards Luncheon and end with our Fun Night. We have several exciting things going on in between those two events.

Mark your calendars for NOVEMBER 13th and 14th, 2009. Interim Board will be held at the Holiday Inn in Hopkinsville this year. You know we always have a GOOD TIME when we have a meeting in our town. KFBPW President Diane Croney-Turner and her Contact Co-Chairs Sue Mock and Karen Hunter along with the Hopkinsville Club are planning an informative time as well as fun too! Please make plans to attend this year. We would love to see you all! You never know what you might miss by not attending.

We hope all Clubs have a wonderful KPWW week and we do hope to see you in November 2009!

LOCAL NEWS

Licking Valley B&PW

By Karen Galde, President

Officer Installation was held on May 27. New officers are: Karen Galde - President; Martha Sullivan - President Elect; Pam Slone - Vice President; Carla Harney - Secretary; Wanda Ishmael - Treasurer; Amanda Ishmael - Parliamentarian; Sonja Olin - Executive Assistant. It is nice to have Martha and Pam step up into leadership roles.

September 12th was Taste of Harrison County. Licking Valley had a booth to sell raffle tickets and take voter registration. Winners will be drawn at the Kentucky Business Women's Week Banquet.

Upcoming events include Kentucky Business Women's Week Banquet on October 20, a New Member Tea in November, and our annual Turkey Bingo in November.

Guest speaker topics at the monthly meetings thus far included Relay for Life and Finances 101 for Women. We have also shared Health facts at each meeting. So far the topics included Asthma, Diabetes, and Ovarian Cancer.

Regular meetings of Licking Valley Business and Professional Women are held on the 2nd Wednesday of each month at 12 noon at Biancke's Restaurant in Cynthiana.

Paducah B&PW

by Audrey B. Lee, President

Fall is upon us and Paducah Business and Professional Women are getting back into the swing of things after a summer of a smaller group due to vacations, injuries and illness. Please keep Jean Elkins and Merryman Kemp in your prayers as they face some medical issues. They are founts of history and know how about our group.

Plans are in full swing for new member recruitment, Kentucky Professional Women's Week and new contacts.

Paducah B&PW will be trying out some new meeting spaces beginning in October. The group has met for years at a retirement center. Feedback from our recruitment efforts included comments about being seen as an old women's group so we are researching new meeting places.

The historical significance of the club will be emphasized during Kentucky Professional Women's Week. We also are giving a scholarship to the local high school for a business major rather than only focusing on scholarships to the local colleges.

Adjusting to the disassociation from a national group, Paducah is using the American Association of University Women's website as a source for advocacy and legislative issues. We look forward to Interim Board to learn about plans for the new KFBPW organization.

Princeton B&PW

By Susan Campbell

The Princeton Business and Professional Women have been busy with plans for three major fund-raisers. The first was our Tiny Miss and Master Pageant which was very successful under the leadership of Carol Evans.

One recently completed was at the Black Patch Festival where we offered chances on \$152 and a donated blanket. The results were terrific and the club made over \$300.

The third, in the planning stages, is the annual Home Tour. This project is chaired by Maggie Gammon and Ginnie Oldham. It is held annually the first Sunday in December.

We look forward to seeing everybody at Interim Board in Hopkinsville.



Russell County B&PW

By Alice Roy, President

During KPWW week Russell County B&PW will be running ads promoting our club on our local radio stations each day and in the newspaper. A luncheon is planned where the Woman of the Year will be honored and will receive a plaque. A speaker or musician will be our entertainment.

In October we will have our annual pot luck masquerade party for Halloween. In December, we have a Christmas party with gift exchange.

This past year we had a chili supper, inviting candidates running for local offices. They were given an allotted amount of time to let the guests know their platform if elected.

Our main fundraiser for the scholarships we give is our annual 'Food Extravaganza', held in the spring. Members prepare two or more dishes along with the recipes. Local restaurants and caterers are invited to participate as well. Along with sampling all the food, the guests take home a CD with all the recipes. This has been very successful and not so much work for one person with everyone taking part.

Russell County B&PW has their regular monthly meeting the 4th Tuesday. We invite everyone to join us.

LOCAL NEWS

Somerset B&PW

By Megan Damron, President

Somerset Business and Professional Women are gearing up for an exciting Kentucky Professional Women's Week! We invite everyone to join us!! The events are as follows: On Sunday, October 18th, Breakfast with President Megan at her house at 8 a.m. From 1pm – 5pm there is the Fall Home Tours Fundraiser featuring homes in Pulaski County. On Monday, October 19th, a Prospective Member Luncheon will be held at Bob Evans Restaurant at noon. Tuesday, October 20th is Publicity Day. Wednesday, October 21st, we will Read to Children at Nancy Elementary School from 8:30am – 9:30am. Our regular meeting at First Southern National Bank featuring Woman of Achievement presentation and Sally Murphy Scholarship presentation is Thursday, October 22nd starting at 5:30pm. Friday, October 23rd is Yellow Ribbon Day in honor of our military. On Saturday, October 24th at 7:30pm, we will have a Family Outing and Halloween Train Ride in Stearns, KY on Southfork Railway.

Please feel free to join us for any or all of our KPWW events. If you need additional information, please call Megan Damron, President, at 606-271-0619 or via email at mdamron@bbandt.com.

Congratulations to the 2009 - 2010 Central Region Officers

Karen Galde

(Licking Valley BPW) Treasurer

Amanda Ishmael

(Licking Valley BPW) Director

René Poitra

(Berea BPW) Assistant Director

Western Kentucky University at Glasgow Samothrace

By Christy Williams, President

Once again we are rolling toward success. We have established our scholarship in honor of a wonderful educator and long time member of Glasgow B&PW. It is called the Golda Pensol Walbert Scholarship. The scholarship will be presented every year to a deserving woman who is furthering her education. We are so excited to have this up and running. Our fundraising for the scholarship will begin next week. We have gained five new members and we are excited about all they bring to our club. Watch out for all our upcoming events because we are just beginning.

Woodford County B&PW

By Brenda Richards, President

The Woodford County Club has been very busy the past few weeks. We are in the process of planning for Kentucky Professional Women's Week. We are planning several activities for that week with a kickoff prayer breakfast at the home of Past State KFBPW President Betty Dozier.

The August meeting was held at the Hotel Harry's restaurant in Versailles and the Immediate Past State President Debrah Pierce installed our new officers for the 2009-2010 club year. The agenda for the coming year was put in place and we feel it will meet the needs of the members.

At the September meeting state Representative Carl Rollins spoke about the work being done in the state legislature. The members gained insight on proposed changes in the education arena.

At the October meeting we will be selecting our scholarship winner, which will help a non-traditional woman with her education.

We are planning to see you all at the 88th Interim Board in Hopkinsville.



**Pennyrile Allied Community
Services, Inc.
And
John Tedder, Executive Director**



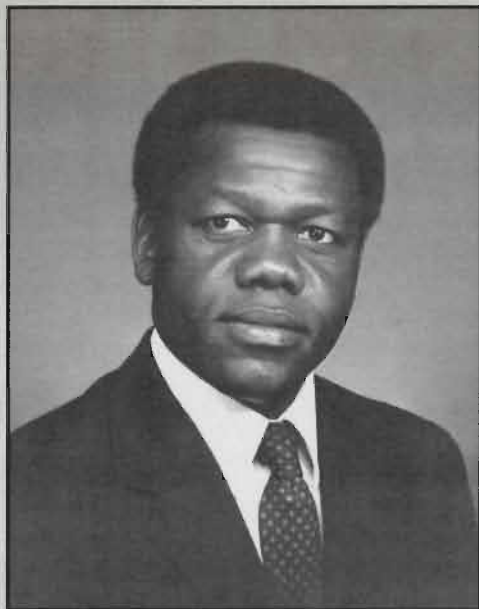
**Congratulates
Diane Croney-Turner
2009-2010 President
Kentucky Federation of Business and
Professional Women's Clubs, Inc.**

Congratulations Diane

on being elected

2009-2010

*President of the Kentucky Federation
of Business and Professional Women's Clubs, Inc.*



Husband - Charles Turner



Mother, Brothers, Sisters - Sitting: Carnell Croney,
Mother – Nannie Croney, Timothy Croney
Standing: Wanda Croney Jones, Susan Croney Angulo, Diane
Croney-Turner, Dr. Tresa Croney White,
Shelia Croney, Leisa Croney Russell and Randolph Croney



Nieces & Nephews -

Front Row: Michael Croney, Lisa Croney and Timiah Croney
Second Row: Dianna Croney, Kyrian Wisdom,
Susie Croney, ChaHaji Wisdom
Back Row: Kasey Angulo, Nannie Croney,
Houston Croney and Kyria Croney

We love you and are so proud of you!
Your family



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KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

2009 Calendar of Events

October

All Month

Breast Cancer Awareness and Domestic Violence Awareness Month

19-23

Kentucky Professional Women's Week

24

Deadline to submit KPWW award information

31

Deadline for KY Foundation Scholarship Application

November

1

State Nominations Chair to notify locals of February 15 **Deadline**

3

Election Day

13

Executive Committee Meeting, Holiday Inn, Hopkinsville, KY

13-14

KFBPW Interim Board of Directors Meeting, Holiday Inn, Hopkinsville, KY

December

1

Kentucky Cardinal deadline

1

Deadline for proposed Bylaws revisions to State Bylaws Chair

January, 2010

1

State Bylaws Chair forwards proposed revisions to the Executive Committee

February

15

Deadline for state office nominations