

THE

Volume 85 • Issue 2 • Fall 2013

KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

Fall has arrived . . .



KFBPW

Kentucky
Federation
of
Business and Professional
Women's Club, Inc.

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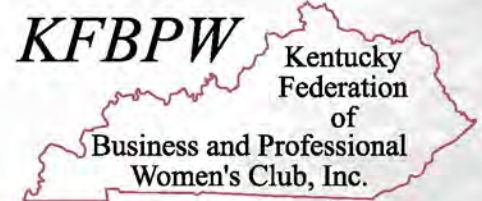
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Kentucky Cardinal Advertising

The Kentucky Cardinal accepts advertising but reserves the right to refuse to publish any and all ads submitted. Rates are for camera-ready copy. Mail or email ads to *The Kentucky Cardinal* advertising editor. All ads are to be paid in advance. Checks should be made payable to KFBPW with *The Kentucky Cardinal* in the memo.

Full Page.....	\$150
Half Page.....	\$85
Quarter Page.....	\$60
Eighth Page.....	\$35
Identical ad run in any three issues will receive a 10% discount.	

Deadlines for the Kentucky Cardinal

July 1 - September 15 - December 1 - March 15

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P RESIDENT'S M E S S A G E

Welcome to Fall! I love this time of year.

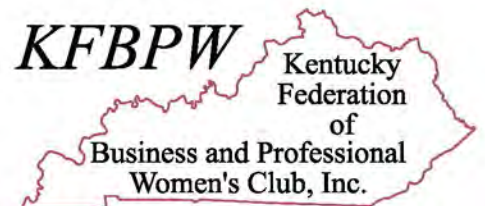
It's getting time again to plan your trip to Interim Board. It is on November 9th, in Lexington at the Four Points by Sheraton. The Registration form and a tentative agenda will be on the website as well as in this issue of The Kentucky Cardinal. We are trying something new this year by holding Interim Board in one day. I have planned for a guest speaker to talk to us about Financial Issues. I'm excited about what is planned. I would encourage everyone to attend. I would also encourage that at least one member from every club be in attendance as well. If you've never been to Interim Board, you are missing out on a great time!

We will still have our Foundation Event; however, it is different in how we have it planned. You will receive more information about that from members of the Foundation. Remember that the money raised during this event goes to a great cause. Start exercising those bidding hands ladies!

I hope to see you ladies at Interim Board.



Amanda Johnson



Officer REPORTS

Tammy Cundiff KFBPW President-Elect

I hope many of you are getting geared up to attend this year's Interim Board in November in Lexington. Amanda has a great day planned for you and I know I am looking forward to seeing many of you there. We hope that each and every local will be able to have someone there to represent you and bring back information to share with your club.

A third of our year is now complete, so I want to make a plea to many of you to start considering stepping up either on a local, regional, or state level to help support KFBPW with your time and talents. There are many positions that need filled each and every year. If you are willing to make this leap either for the first time or 2nd, 3rd, etc.... just let me, your regional director, or local president know and we will be more than happy to help you get a good start!!

Committee REPORTS

Kentucky Foundation Debrah Pierce, Chair

The Foundation Board of Trustees looks forward to seeing you at Interim Board in Lexington, Kentucky. We are currently in the process of planning the Foundation Fundraiser. You will receive more information about the fundraiser in the very near future.

We need your assistance to make the event a success. As you are aware, the funds raised will be used to award grants (scholarships) to deserving individuals as they work toward a college degree or getting a much-needed certification to continue in their chosen career.

Foundation Grant Applications for the Spring Semester are due to Tammy Owen, Scholarship Chair by October 31st. Follow the link to the Foundation Grant Application: bpwky.org/Documents/Leadership%20Manual/Forms/BPWKY_Foundation_Grant_Application.pdf

Sharon Taylor-Carrillo KFBPW Vice President

Hello everyone! I hope you had a great summer and you are all doing well. Fall is here, school has begun and National Business Women's Week (NBWW) is just around the corner. Make plans now for Interim Board. It will be in Lexington on November 9th and I hope to see you there.

I am here to help the Regional Directors in any way possible. Please contact me by email SharonLyrae@aol.com or call 615-319-6531 if you need anything.

Best Personal Wishes!



Bylaws Report Bonny Manning, Chair

The **Kentucky Federation of Business and Professional Women** ("KFBPW") request that each local organization ("LO") in the Federation **review their bylaws annually and forward** them to the state Bylaws Chair to review and submit to the **KFBPW President** Amanda for final approval.

bonnyman@me.com

The KFBPW Policy is to review LO bylaws annually to retain a copy of them in the KFBPW organization records.

The model local bylaws are available on the KFBPW website, www.bpw-ky.org.

You may use the model local bylaws as a template for your LO bylaws.

LO Presidents, please

- 1) **Submit LO bylaws** to state bylaws chair, bonnyman@me.com
- 2) **Include** the signed "**Bylaws Approval Letter**."
- 3) The LO bylaws document will be reviewed for completion and forwarded to the KFBPW President for final approval.
- 4) The signed Bylaws Approval Letter **will be returned to you for your records**.

As always, I am a phone call or an e-mail away for your questions, or to hear "hey, my LO bylaws are in order and are on their way to you." Thank you so much.

Region NEWS

South Central Region Tammy Cundiff, Director

Hello South Central!!! Fall is in the air.... The days are getting shorter and cooler. I have not yet made it around to all of you yet, but hope to in the next few months. If you need me, please do not hesitate to give me a yell. I do so enjoy visiting you all, but it seems my job has other plans at times. I am hoping you each will be able to send someone to Interim Board in November. There is always good information to take back to your clubs and share with the others.

Do not forget that National Business Women's Week is coming up. I know many of you will have some great activities going on. Please share your schedule of events with me if you will be celebrating the week. I will try to get an email out to each of you sharing what I hear, so we can share ideas.

West Region Tammy Owen, Director

Brownie and I were thrilled that so many officers attended our Officer Training in Madisonville. We had 15 in attendance. I would like to thank the Hopkins County BPW for assisting us with the venue! We have planned our 2014 spring meeting for March 29, 2014 so please add this date to your calendar. The meeting will be held in Hopkinsville. Interim Board is coming up November 9 and I encourage all members from the West Region to attend. I would like to invite all West Region local organizations to send me information on what events you have planned for NBWW October 20-26.



Congratulations to
Amy Nightingale and Jordan Bogges
Hopkinsville BPW 2013-2014 scholarship winners
Each received an \$800 scholarship to Hopkinsville Community College



Left to right Amy Nightingale, Ann Boseman –BPW Scholarship Chair, and Jordan Bogges

2013 INTERIM BOARD OF DIRECTORS

November 8th & 9th

at

Four Points by Sheraton
1938 Stanton Way
Lexington, Kentucky



TENTATIVE MEETING AGENDA

Friday, November 8, 2013

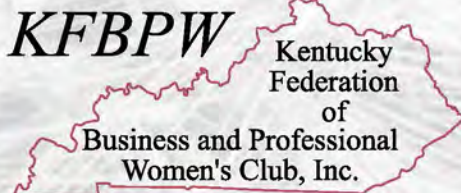
Executive Committee Meeting.....	7:00 p.m. - 9:00 p.m.
Kentucky BPW Foundation Meeting	7:00 p.m. - 9:00 p.m.

Saturday, November 9, 2013

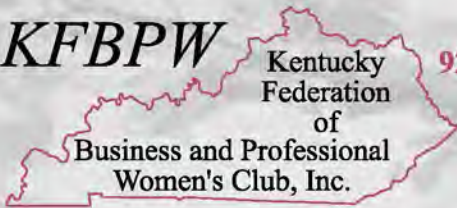
Registration	8:00 a.m. - 10:30 p.m.
Vendor Exhibits.....	8:00 a.m. - 3:00 p.m.
Continental Breakfast Buffet.....	8:15 a.m. - 8:45 a.m.
Financial Issues Workshop.....	9:00 a.m. - 10:15 a.m.
Business Session #1.....	10:30 a.m. - 12:00 p.m.
Lunch.....	12:00 p.m. - 1:00 p.m.
Foundation Event.....	12:30 p.m. - 1:30 p.m.
Legislative Roundtable.....	1:30 p.m. - 2:30 p.m.
Adjourn.....	2:30 p.m.

*** Please note: All times are Eastern Standard Time ***

For more information
please visit the KFBPW
web page at
www.bpw-ky.org



KFBPW



Kentucky Federation of Business and Professional Women's Club, Inc.

92nd INTERIM BOARD OF DIRECTORS REGISTRATION FORM

Kentucky Federation of Business & Professional Women's Clubs, Inc.
Four Points by Sheraton • 1938 Stanton Way, Lexington, Kentucky • November 9, 2013
Please type or print; use one form for each registrant.

Name _____ Phone _____

Address _____ City/State _____ Zip _____

E-mail _____ BPW Local _____

Check your classification/Board of Directors/voting status *(check all that apply)*

- | | |
|---|---|
| <input type="checkbox"/> KFBPW Executive Committee | <input type="checkbox"/> Current Local Organization President |
| <input type="checkbox"/> KFBPW Standing Committee Chair | <input type="checkbox"/> Other State Board Member _____ |
| <input type="checkbox"/> Committee: _____ | <input type="checkbox"/> Past State President & Year Served _____ |
| <input type="checkbox"/> Regional Director | <input type="checkbox"/> Member |
| <input type="checkbox"/> Assistant Regional Director | <input type="checkbox"/> Guest |
| <input type="checkbox"/> First Time Attendee at Interim Board | <input type="checkbox"/> New Member |

Registration Packages: NO REFUNDS WILL BE PROCESSED AFTER NOVEMBER 1, 2013

**Payment must be received with the registration form.
If not received, late payment will be accessed.**

Postmarked on or before October 25, 2013	Postmarked after October 25, 2013
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Full Conference Package

(Includes Continental Breakfast Buffet, Financial Issues Workshop, Board of Directors Meeting Luncheon, Foundation Fundraiser, Legislative Roundtable)

\$ 45.00 \$ 60.00

Total Enclosed: _____

Payment must be received with the registration form. If not received, late payment will be accessed.

Special meals (vegetarian, etc.) are available upon request. Please state preference. _____

I will be attending: *Please Note Four Points by Sheraton is located in the Eastern Time Zone*****

- | | |
|---|--|
| <input type="checkbox"/> Continental Breakfast Buffet | <input type="checkbox"/> Financial Issues Workshop |
| <input type="checkbox"/> Board of Directors Meeting | <input type="checkbox"/> Luncheon |
| <input type="checkbox"/> Foundation Fundraiser | <input type="checkbox"/> Legislative Roundtable |

Mail completed registration form and payment promptly by deadline date listed above *(keep a copy for your records)*.

Make check payable to **KFBPW**. Send check and form to: **Peggy Orberson, 144 Edgewood Dr., Stanford, KY 40484**

Please mark outside envelope: ATTN: KFBPW

Please direct any questions to: Peggy Orberson at peggy6@bellsouth.net or call 859-749-0704 (h)

Hotel reservations must be made directly with **Four Points by Sheraton** by **October 14, 2013**, to receive the discounted rate
Telephone 859-259-1311. Rates \$79.00 - for a single or double (plus tax) **Identify your affiliation with KFBPW for group rates.**

Franklin BPW

By Brownie Bennett, President

It's October Already??? August and September are gone and it was a great summer!

We had a successful "Fill the Pack" project with more monetary donations and supplies than ever! The Garden Spot Walk/Run was a tremendous success with almost 1100 runners/walkers including our own BPW team. There were BPW outings to concerts, musicals and a Family Picnic with fun, food and fellowship. We sponsored the "Women of Watercolor" exhibit at the Gallery on the Square as well as the annual Distinguished Young Woman Scholarship Program. We have recruited 5 new members and presented four Simpson County School's Chinese teachers.... CoCo, Grace, ChinChin, and Bertha (their American names) with honorary memberships. They were so excited and expressed their amazement with our organization's education, promotion and hard work for women's rights and causes! They hope to do the same in China one day! Made us so proud!

Plans for our NBWW activities include a Kick-Off Breakfast and Balloon Release, Awards Banquet, our "Healthy, Wealthy and Wise".... "Lunch & Learn" Series as well as lots of FUN activities for our members and families. *It's a great week to promote BPW in the community as well as recruit new members! We are so excited!*

Glasgow BPW

Dawn Boyter, President

The Glasgow BPW has had a great year so far! I can't believe we are already into the fall. I love the changing of all the seasons, but fall seems to be my favorite. I love the rich colors of the leaves and the cool days and evenings. Time to close the pool, but say hello to the hot tub!

We held our annual membership drive at the August meeting. The meeting was chaired by Tina Combs and was a western themed event. I acted as the sheriff for our club and all the members were the deputies helping me round up new members. We had a fun time line dancing and awarded gifts for the best dancer and best western attire. We signed up 2 new members that night and the promise of more to come.

By the time this article comes out, we will have completed our Arts, Crafts and Gifts Fair and Bean Soup fundraisers. We are super excited about those events this year. We will be sporting new t-shirts for our members and selling beans from the B&PW Soup Kitchen wagon. Hoping it is a great success!

Wishing everyone a safe and fun fall! Talk to you in the next Cardinal!

Hopkins County BPW

Wanda Crowe, PR Chair

Hopkins County BPW is looking forward to a great Kentucky Professional Women's Week in October! Chair Sharon Smith and her committee are planning our activities, which will include having our proclamation signed by Mayor David Jackson, new this year we're adding a movie night and our KPWW banquet will be held on Thursday.

At the banquet, we will make our Woman of Achievement, Woman of the Year and Business Equity awards presentations. Again this year, with Merle Norman Cosmetics, we will be raising funds with our "Purses with a Purpose" for the Hopkins County Health Department to help women with their cancer screenings. The past few years over 50 women have received care thanks to our efforts. Members Sharon Smith and Beth Moore will be on-air during Coalfield Comments that is simulcast on local radio stations WTTL-AM & WTTL-FM concerning our fundraiser and KPWW. We are also very pleased to announce our newest member, Brooke Archila with Madisonville Community College. Hopkins County BPW wishes every local a fabulous fall!

Licking Valley BPW

Mary Ann Lee, President

We hope everyone had a good summer. We are so excited to say our Cookbooks are at press and should be ready for Thanksgiving and Christmas. Let us know if you want any books for Christmas gifts.

With the Taste of Harrison Festival, we kicked off selling tickets for our Raffle of 20 items to be given away at our Awards Dinner. Which brings us to National Business Women's Week. Our Licking Valley BPW Club has been busy preparing for NBWW with the Proclamation signing, a live radio interview, breakfast, and many more things planned. Our Awards Dinner is October 23rd and all Raffle items will be given away then. Then we are on to our Annual Turkey Bingo November 2nd, followed by Interim Board.

As we look out our windows and see the beautiful leaves changing color, we hope you are doing the same, enjoying it and being thankful for the scenery. See you at Interim Board.

Paducah BPW, Inc.

Merryman Kemp, Secretary

Yes, Paducah BPW has been incorporated since the last Kentucky Cardinal.

As BPW locals in towns large enough to support a daily newspaper know, we often encounter difficulty in getting our activities into the newspaper. However, with our \$60,000 plus endowment to the local college in June, we did receive wonderful coverage. Then on July 10th we had a long article with a large color photo of our 2013-2014 President Pat Moriarty and one of our past presidents, Audrey Lee, on the occasion of our party for Pat as our 2012-2013 Woman of the Year.

In August, we submitted a proposed Proclamation to Mayor Gayle Kaler declaring August 26 Women's Equality Day in Paducah, Kentucky. West Kentucky News published a large picture of our group at City Hall where the Proclamation was presented to us at the City Commission meeting.

Danna Green of The Healing Garden presented a program titled Relaxation and Your Health. Ms. Green is a massage therapist.

We have had one committee meeting on long range planning (one year, five years, and ten years). Some excellent ideas are being explored, especially for the five and ten year goals.

Russell County BPW

Barbara Sharpe, President

In August, Russell County BPW hosted a guest speaker, Phil Carney, from Russell Springs Family Resource Center who spoke about the "Backpack" program at our Russell County Elementary Schools. It has been a huge success in helping to send food home for the weekend for kids who may not get any other food or nourishment for the weekend. There are a lot of kids who go hungry. This is just one of the ways to help. The club donated money to help feed the kids.

In September, our guest speaker was Heather Rogers, with American Cancer Society. She spoke about Women's Health and Breast care.

The club will be hosting an "Empowerment Workshop" on October 26, 2013 at The Cove restaurant, located in Russell Springs, from 8:00 – 3:00 CST. The event will help motivate women to achieve success both personally and professionally. The cost of admission is \$25.00. Everyone is welcome to attend. We are very excited about this event and hope to get a few new members from it. Be sure to watch for our next meeting/event! Contact me for any further details or questions.

Somerset BPW

Tammy Cundiff, President

Please remember our Women's Seminar on October 26th. There is an ad in this month's Cardinal with further info. This would be a great way to end National Business Women's Week!! We still have many tables still available.

Our club is working hard to increase membership. We have had only one official meeting so far this year, but are already at 32 members. Great Job ladies!!! Last month we were able to present the local Alzheimer's Association with a donation and learned some more of the new health care changes coming. This month we have a local doctor coming to speak with us on breast cancer.

Springfield BPW

Ginny White-Schatzke, President

Greetings from Central Kentucky! Officers were elected in June and installed at the August meeting. Rachel Fenwick was chosen as the Woman of Achievement during KPWW last year. She and Angela Young lead the ceremony using the angel as the basis of the program. Each officer was presented with an angel pin and figurine depicting her role in BPW.

In addition to the officers elected, we filled two appointed positions: Parliamentarian, Cherry Gibson and Executive Assistant, Alicia Hale O'Cull.

The club awarded a \$1,000 nontraditional scholarship to a deserving working woman, Jennifer Clark, who is attending ECTC in Springfield. Over the past few years, we have awarded a \$1,000 scholarship to a graduating high school female senior that has been involved in her community. Hannah Spaulding received the \$1,000 scholarship. In addition, we rewarded two additional \$500 scholarships to Candace Kimball and Callah Kimball.

Our club is busy preparing for the Kentucky Professional Woman's Week and BPW Annual Breakfast to be held Friday, October 25th at City Hall. In addition to honoring our Woman of Achievement, Woman of the Year, and Business Equity winners for 2013, we will honor all local workingwomen.

Woodford County BPW

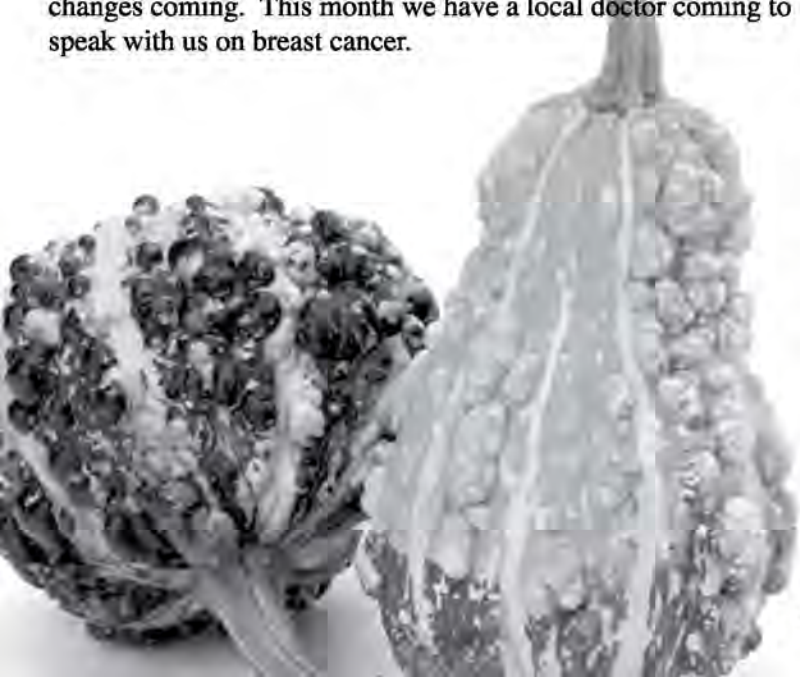
Ericka Turner, Recording Secretary

The Woodford County Chapter of BPW had four representatives attend the June 2013 State Meeting in Frankfort, KY, where a good time was had by all. Our local Officer Installation was held on July 9, 2013 at Addie's in Versailles, KY, where Jeanne Jones, Past State President, installed our 2013-2014 officers. We also recognized scholarship recipient, Kim McHatton and presented her the 2013 fall scholarship award. Ms. McHatton presently attends Midway College and is working towards her Bachelor of Science in Nursing.

A lunchtime fellowship meeting was held at Ginza's Japanese Restaurant for the August meeting where scholarship fundraising events were initiated with the Innisbrook Catalog distribution.

Don Vizi, Executive Director for the Woodford County Chamber of Commerce, was the guest speaker in September. The central topic of discussion involved the Woodford County BPW chapter's community service and becoming involved with the Chamber's programs for Women in Business. The chapter was recognized by the Homemakers of Woodford County for the contribution and support of the Backpack Project for 2013. This project helps to provide school supplies to 350 children in the Woodford County area.

The group plans to have more community events, fundraising and membership drives in the coming year.





KENTUCKY BUSINESS &
PROFESSIONAL WOMEN'S
FOUNDATION, INC.

Somerset BPW Presents

Self-Esteem & Communications Skills for Women

KFBPW

Kentucky
Federation
of
Business and Professional
Women's Clubs, Inc.



PRESENTER

Linda Eastman, CEO

The Professional Woman Network

An International Consulting Organization
on Women's Issues



TOPICS OF INTEREST

- Assertive vs. Aggressive Communication
- Dealing with Frustration and Anger
 - Stress Management

Saturday, October 26, 2013

10 a.m. – 2 p.m.

Somerset Christian School

\$20 per person before October 1 • \$25 per person after October 1

Corporate Sponsorships Available For \$120 (includes 8 tickets)

Catered Lunch Provided

Limited Vendor Space Available

Call Megan Damron at (606) 677-1222 or mdamron@bbandt.com
for tickets and more information.

Thank
you!

KFBPW

Kentucky
Federation
of

Business and Professional
Women's Club, Inc.



for awarding my company
Triple S of Madisonville, Inc.
dba Merle Norman Cosmetic Studio
the 2013 Kentucky State Business Equity Award

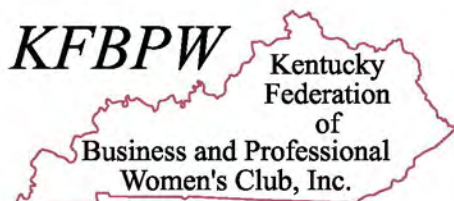


*Sharon Smith, Owner Merle Norman
Cosmetic Studio, Madisonville, KY*

I feel very humbled and honored to
receive this very distinctive award.

I have been in business for 19 years and
each year have tried to better my
community, especially the female
population, through events and
organizations to which I belong. I would
also like to thank the Hopkins County
Business and Professional Women's Club
for nominating me for this award. I am very
proud to be a part of this organization.





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THE KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

October

Breast Cancer Awareness and Domestic Violence Awareness Month

21-25 National Business Women's Week

26 KFBPW Executive Committee meeting (via Conference Call)

31 Deadline for BPW/KY Foundation Scholarship Application

November

1 Deadline for KY Nominations Chair notifies locals of February 15

5 Election Day

8 Executive Committee Meeting, Lexington, KY

9 KFBPW Interim Board of Directors Meeting, Four Points by Sheraton, Lexington, KY

December

1 Kentucky Cardinal deadline

6 Deadline for proposed Bylaws revisions to State Bylaws Chair