



# THE KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

## State Conference Review

What a great time everyone had at State Convention in Bowling Green! There were 55 members in attendance, representing 16 local organizations.

Friday afternoon, members went healthy with two workshops. We learned how to sleep and what we need to do to lose weight! There was also a free Health Fair. Incoming Officers also received training on their responsibilities and what may be expected of them. The Friday afternoon business session began at 5 pm and a slate of officers were nominated. Friday Night, the BPW/Kentucky Foundation gave us a little history into our 90 years with board members portraying women who have made an impact. Thanks to the generosity of BPW member donations and the auction, over \$7000.00 was raised for the BPW/KY Foundation!

Saturday began with the Aspiring Professional Speak-off. Two candidates delivered outstanding speeches. Although both young ladies are winners, Trish Herron, South Central Region, was selected as KFBPW's 2011 Aspiring Professional. Then Pamela Shaw taught us to master our communication skills as we learned about different personality styles and how each style responds to different options and approaches of co-workers.

During the Saturday business session, the 2011-2012 Officers were elected. Incoming President Suzanne Forshee also presented her Leadership Team for 2011-2012.

At the Awards Luncheon, 140 certificates and 23 awards were presented (see Award list on page 10). The officer installation was very special as all KFBPW officers, standing and special committee chairs, regional and local leadership were 'linked' together in the 'chain' ceremony.

## From a Member's Prospective...

I recently attended the State Conference in Bowling Green and I ask that you let me share a personal perspective. On Friday, I watched as friends greeted friends, new attendees were warmly welcomed, and women of many ages, from different walks of life came together as a "sisterhood" from all over the state. I experienced joy in taking part in the Foundation fund raiser and felt the endorphins flowing as we all laughed together. On Saturday, I witnessed more warmth, smiles and laughter but, also, tears. Mostly tears of joy, some tears of empathy, but, mainly, a sharing of just being who we are . . . a group of women with common goals of wanting to support each other and help those women in our state and our communities less fortunate than we. I was struck by the big hearts and souls of the BPW Sisters, and I remembered not just why I joined BPW but why I have stayed.

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# President's message



*Suzanne Forshee*

**G**reetings BPW Sisters! It's hard to believe that we've celebrated the success of another year and quickly started the next! I would like to commend Immediate Past President Janis Turner on an excellent year!

I'm looking forward to an exciting year as we continue to grow our membership, add new clubs, and watch the Professional Development and Aspiring Professional programs continue to develop. Many thanks go to Mary Beth Jessie and Bonny Manning who both spent many hours over the past year building the foundation for our new programs. I would love to see a representative for each program from every local during regional meetings next spring.

It is extremely important for each local organization to be represented at Interim Board, Regional Meetings, and State Conference. Please try and allocate funds within your operating budget to cover expenses for your President or a Representative to attend all of these events. Attending these key meetings will eliminate the possibility of your local missing out on

pertinent information. I've found that the knowledge and ideas gained attending these meetings were invaluable to my local as we planned new events.

We will not have an awards luncheon during Interim Board again this year. I would like to utilize this time during Interim Board for training that I hope you will find beneficial. Remember that you have the option to extend the Kentucky Professional Women's Week into a month long celebration to coincide with Women's History month in March. As we are still in the planning phases for Interim Board, if you have any specific requests for training please let me know and I will do my best to facilitate the request.

I have set a lofty goal of recruiting 100 new members this year – our strength is in numbers! If you need help with Membership drives this year please contact Immediate Past State President Janis Turner. Her love and devotion to the organization is a great asset and I know that she would be happy to help every local organize and host a Membership drive this year. But new members aren't the answer to everything – we need to retain the members we have by ensuring they feel connected to the organization and that they are gaining knowledge through programs we can offer and have fun! Joanne Story is our Mentoring chair for this year and she has a wealth of knowledge on how to retain members. I know that she is also more than willing to help any local that may need her assistance.

Please remember to send your membership dues along with the appropriate processing forms/documentation to Diane Croney-Turner as soon as they have been received. Diane will forward all the necessary information to Database Manager Millie Lotter. This should help us keep more accurate records, and provide updates to the Leadership team on current members. We are also asking that each local remit \$25 to the state for event liability coverage annual fees, along with \$10 for State Conference dues to Diane as soon as possible. Please keep in mind that each local is also responsible for \$150 in advertising for the Kentucky Cardinal annually. Advertise your fundraisers, your business or award winners. We have been able to lower the cost associated with publishing the Cardinal by producing electronic mailings. You can also opt to receive all editions electronically by letting Millie Lotter know at [mdlotter@insightbb.com](mailto:mdlotter@insightbb.com) and she will be sure to update the database for the appropriate change.

I am trying an additional means of communication this year by utilizing a blog. You can follow me at <http://bpwmontherun.wordpress.com/> and sign up to receive updates when I make a new post. I hope that everyone will find this to be a beneficial way to receive communication in addition to emails.

Sorry to be so lengthy, but there was a lot of important information to share since Conference. It is also important to remember that this is your organization and we need your input.

Let's roll our sleeves up and work together this year and have a very productive year.....one foot in front of the other to build a stronger federation.

*Suzanne*

# THE QUEST FOR IMPERFECTION

By Penelope Trunk

**W**e are imperfect people leading imperfect lives in an imperfect world. We see evidence of this imperfection everyday in the mirror: whether it's a receding hairline, wrinkles on our face, or the five pounds we've wanted to lose. We are reminded of this imperfection periodically on the roadways: we get a flat tire, our car breaks down, or we are rear-ended. We are taught this imperfection occasionally by nature: a tsunami wrecks a village, a tornado tears apart a town, or a hurricane decimates a city.

Even though we experience imperfection and accept it all around us, we still fall victim to our own perfectionist streaks from time to time. In her column for Yahoo! Finance, Penelope Trunk spots the dangers of perfectionism and advises readers to break the perfection habit.



"How much for the mirror?"

## The Debilitating Drawbacks of Perfectionism

### *A Hypercritical Attitude*

Perfectionists suffer from an almost neurotic adherence to absurdly high standards. They agonize over the simplest of details, and they are intolerant with the slightest of errors. Even worse, perfectionists may impose their exacting standards on others. For persons reporting to a perfectionist, the inability to match their manager's lofty expectations can be intensely frustrating. Sensing their work will be judged as too slow or too sloppy (no matter much effort they put in), workers may be tempted to quit trying.

### *Paralysis by Analysis*

Perfectionists may freeze up in the face of a project because they refuse to start until they see a chance of attaining perfection. Endlessly deliberating, they neglect action. By over-thinking, they rob themselves of initiative, and they may begin procrastinating.

### *Fear of Failure*

Perfectionists have an irrational fear of failing. Instead of taking healthy risks, perfectionists focus all of their energy on maintaining a veneer of flawless performance. They are apt to squander time minimizing or hiding imperfections rather than capitalizing on their strengths.

## Insights on Attaining Imperfection

### *Discern between Essentials and Non-essentials*

A typo on the front page headline of the New York Times—essential. A typo on the agenda of an internal team meeting—non-essential. For those with the perfectionist bent, a healthy balance comes by recognizing which tasks require top-notch excellence and which tasks simply need to be completed adequately.

### *Cut Yourself (and Others) Some Slack*

Mistakes are a natural part of life. Try as hard as we'd like, we still fail from time to time. Practice doesn't make perfect. Practice gives us an outlet for mistakes, and mistakes teach us how to be better.

### *Embrace Uncertainty*

Perfectionists are prone to delay decisions until every last piece of information has been gathered and scrutinized. For those paralyzed by perfectionism, progress comes by making room for uncertainty. Decisions will always be accompanied by a degree of the unknown, and, as such, it is vitally important for a leader to be comfortable taking action.

Perfection is a destination no one will ever reach. Excellence is a journey open to all. Strive to do your best, and realize the reality of imperfection.

To peruse the full text of Penelope Trunk's article "Breaking the Perfection Habit," visit Yahoo Finance! online:  
<http://finance.yahoo.com/expert/article/careerist/30301>

# Meet Your 2011-2012 KFBPW Officers



## **Suzanne Forshee** **KFBPW President**

During my 9 years as a BPW member, I have held various local and state positions. I am a member of Franklin BPW in Franklin, and have most recently served as Recording Secretary for the 2010 – 2011 year.

I am employed as a Category Manager for Fruit of the Loom in Bowling Green, Kentucky. My community involvement

beyond BPW has extended to United Way, an officer for Parent Teacher Organizations within the local school system, Simpson County Junior Miss, and pianist for my church.

I have been married to my high school sweetheart, Scott, for more than 22 years and we currently reside in Franklin, Kentucky. We are the proud parents of two children, Zac and Allie. Zac is 19 and is a junior at the University of Kentucky where he is majoring in Computer Science Engineering. Allie is 13 and will be an 8<sup>th</sup> grader this fall at Franklin-Simpson Middle School.



## **Jerilyn Hippler** **KFBPW President-Elect**

I want to say a big Thank You to all of you for voting for me to be able to be your President-Elect for the upcoming year. Most of you know how passionate I am about this organization and how I want it to grow and thrive. Not only am I passionate about this organization but each one of you mean the

world to me and I want to see each local organization have the tools needed to make each one be the best it can be.

I have been a member of the Franklin BPW for 17 years. I've previously served on the BPW/KY Executive Committee, serving two terms as Recording Secretary, just completed my second term as Vice President, starting my second term as President-Elect and looking forward to being your President next year. Prior to being on the Executive Committee, I served on various committees, served three years on the Foundation Board of Trustees and as Chair of that committee for one year and am currently Immediate Past President for the Franklin B&PW club.

I live in Franklin, KY with my husband Scott and dog Abby. I am the proud mother of Hayley and her husband Steven, proud Step-mother to Brent, Kylie and Jordan and am especially proud of my three grandchildren Alden, Avery and Emma. I have been a licensed independent insurance agent for the last 5 ½ years working in the Employee Benefits industry. I also sell individual health, dental, vision, and other supplemental products. My hobbies include being a mother, grandmother, playing golf, and spending time with my crazy friends.

I look forward to serving on your Executive Committee and welcome any comments or concerns that may arise. Please make sure to put me on your newsletter mailing list. I'm only receiving about three newsletters from across the state. I want to see what all of your clubs are doing. Thank you for all you do for BPW!



## **Amanda Ishmael** **KFBPW Vice President**

I am very proud and excited to be your Vice President for the upcoming year. I have been a member of the Licking Valley BPW for five years. In 2006, I competed in the Young Careerist at the Regional level and won.

I live in Cynthiana, KY. This next school year I will be teaching 7<sup>th</sup> grade Math at Sharp Middle School. I got promoted over the summer from 6<sup>th</sup> grade to 7<sup>th</sup> grade! I am also the Math Curriculum Chair at the school.

My hobbies include reading, watching movies, and hanging out with my family and friends.

I look forward to this year and working with the Region Directors and their Assistants. The easiest way to reach me is via e-mail at: [sharpmissishee@hotmail.com](mailto:sharpmissishee@hotmail.com). If I can be of any assistance to any of you, don't hesitate to send me an e-mail.



## **Millie Lotter** **KFBPW Recording Secretary**

I joined Henderson BPW in 1987 at the insistence of Susan Schmidt, a Henderson member and Past State President. Since then, I have held the local offices of Treasurer, Recording Secretary, Corresponding Secretary, Second Vice-President, First Vice-President and President. Several of these positions have been held more than once.

On the state level, I have served as Northwest Region Director and Assistant Director, GED Chair, BPW/USA Foundation Chair, and Recording Secretary. I have served as President-Elect and was State President in 2005-2006. I also served as Executive Assistant for Past State President Sandra Anderson and Past State President Diane Croney-Turner, and have served as Database Manager for two years.

Professionally, I was an elementary school teacher. I retired in 2004, but am still active in my profession. My personal life includes a husband, three children and three grandchildren, and two more expected in November of 2011. Our family has resided in Henderson, Kentucky since 1979.







**Diane Croney-Turner**  
**KFBPW Treasurer**

I would like to thank everyone for their support the past six years I have served on the Executive Committee. I would like to now ask for your continued support as Treasurer and I am honored to serve Kentucky Federation of Business and Professional Women's Club, Inc.

I am an active member of the Hopkinsville Business and Professional Women's Club where I have been a member since April 1994. I am employed by Pennyrile Allied Community Services, Inc., as Finance Director and have been an employee for 36 years. I also serve as Finance Director on a management team for West Kentucky Allied Services, Inc. I am a member of Virginia Street Baptist Church where I serve as church clerk, children's choir director and sing in two choirs.

I serve on several boards and have served as Program Coordinator for Focus 21<sup>st</sup> Century Minority Leadership Program for 11 years.

I live in Hopkinsville with my husband Charles. I am the 3rd child of ten children.



**Cathy Hughes**  
**KFBPW Executive Assistant**

I am proud to be serving as your Executive Assistant this year. I have been a BPW member for 10 years now, serving in almost every officer position on the local level and serving as your KFBPW Recording Secretary twice, I have also served on several committees both locally and with the state federation.

I live in Franklin with my wonderful husband of almost 13 years, Jason and my beautiful daughter Ruby whom most of you have met by now. I have been an Account Manager for Van Meter Insurance Group for 2 years. I am also very active in our local 4-H organization and enjoy helping with our local Junior Miss every year.

Please remember I still need to get your local officer listings and committee chair listings in as soon as possible. I am here to assist you in anyway I can this year, so please give me a call or email me if you need anything.



**Patti Fallin**  
**KFBPW Parliamentarian**

During my 26 years as a BPW member, I have held various local, regional, and state positions, including 2003-2004 BPW/KY President. I am a member of Hopkins County BPW in Madisonville

I am employed as a Drafter for Big Rivers Electric Corporation in Henderson, Kentucky, where I currently reside with my dog Winston. My community involvement has extended to the United Way, Red Cross, March of Dimes, Habitat for Humanity and Big Brothers/Big Sisters. Currently I am chair of the Hopkins County Junior Miss Scholarship program, a program that empowers outstanding high school women by providing scholarship opportunities, developing life skills, and encouraging positive values.



**President**

**Suzanne Forshee**  
121 Hunters Crossing  
Franklin, KY 42134  
Office: 270-781-6400  
Cell: 270-776-3773  
Fax: 270-438-4025  
E-Mail: suzforshee@gmail.com

**Recording Secretary**

**Millie Lotter**  
420 Westfield Lane  
Henderson, KY 42420  
Home: 270-827-2677  
Cell: 270-823-2103  
E-Mail: mdlotter@insightbb.com

**President-Elect**

**Jerilyn Hippler**  
1219 Autumn Oaks Dr  
Franklin, KY 42134  
Cell: 270-776-3238  
Fax: 888-398-8769  
E-Mail: jerilyn.hippler@gmail.com

**Treasurer**

**Diane Croney-Turner**  
26 Harton Place  
Hopkinsville, KY 42241  
Home: 270-885-1425  
Office: 270-886-6341  
Cell: 270-881-0265  
Fax: 270-885-6078  
E-Mail: diane.c@pacs-ky.org

**Vice President**

**Amanda Ishmael**  
P.O. Box 773  
Cynthiana, KY 41031  
Home: 859-235-8347  
Office: 859-472-7000  
Cell: 859-588-0719  
E-Mail: sharpmissishee@hotmail.com

**Parliamentarian**

**Patti Fallin**  
2729B Green River Road  
Henderson, KY 42420  
Home: 270-827-8741  
Office: 270-844-6009  
Cell: 270-860-5957  
E-Mail: pfallin@insightbb.com

**Executive Assistant**

**Cathy Hughes**  
610 Kerry Court  
Franklin, KY 42134  
Cell: 270-791-3688  
Office: 270-745-1771  
Fax: 270-467-1277  
E-Mail: highesj@bellsouth.net

**"Leaders strengthen credibility by demonstrating that they are not in it for themselves; instead, they have the interests of the institution, department, or team and its constituents at heart. Being a servant may not be what many leaders had in mind when they choose to take responsibility for the vision and direction of their organization or team, but serving others is the most glorious and rewarding of all leadership tasks."**

**~ James Kouzes and Barry Posner**

# Committee Reports



## BYLAWS COMMITTEE

Beth Moore, Chair

Well, it is a new year in the Kentucky Federation of Business and Professional Women! It was great to see all who attended the state conference in Bowling Green. Several people who have become “old friends” were missed. Sue Mock and Karen Hunter of Hopkinsville and Meryl Ward of Middlesboro all come to mind immediately. I hope they will be at the next statewide meeting, along with you if you missed the conference.

I appreciate President Suzanne Forshee for her confidence in me as Bylaws Chair. I have previously noticed that not many people clamor for the bylaws position - I am shocked. I do enjoy the work of maintaining the bylaws of an organization. But, several of you will probably have to remind me of my enjoyment if there are state bylaws revisions this year!

I am currently in the process of updating the Bylaws Information for the KFBPW website. All local organizations presidents need to check the website for that information or contact me. My preferred phone number is (270) 824-8610 and email address is [beth.moore@kctcs.edu](mailto:beth.moore@kctcs.edu)

My second task is to request members to serve on the Bylaws Committee this year. I will be in contact with my choices for membership shortly. I expect all those asked will gladly serve this year.

I look forward to obtaining a copy of your local organization’s revised bylaws for approval by the Bylaws Chair and President Suzanne Forshee. Keep this important endeavor foremost in the business of your local organization.

## KENTUCKY BPW FOUNDATION

Debrah Pierce, Chair

The Kentucky Business & Professional Women’s Foundation, Inc. thanks you for your continued support of the Foundation’s fund raising initiatives. Your generosity never ceases to amaze me. 2010-2011 donations from KFBPW local organizations and members totaled \$7000.

The funds raised by the Foundation funds scholarships for Non-traditional students. This year the foundation awarded \$7,400 in scholarships. There are a number of ways that you can contribute to this very worthwhile cause: Local Organizations can make annual contributions, individuals can contribute to the foundation through the Promise Campaign or you can purchase valuable items at the Interim Board and State Conference Event and Silent Auction.

Scholarship grant applications are due by October 30th and should be sent to Joanne Story, Scholarship Chair. The Scholarship Grant Application can be found on the KFBPW

Page 6 Website ([www.bpw-ky.org](http://www.bpw-ky.org)).

## MEMBERSHIP

Janis Turner, Chair

I’m looking forward to serving as your Membership Chair this year. Last year we had a growth of approximately 140 members. We are on the right track for another year of growth. Let’s see if we can increase our membership by 200 new members this year.

A few avenues which will help us attain our goals

1. Strong Membership Drives
2. Establish a Mentoring Program (Joanne Story, Chair)
3. Networking with current members and other ladies in your communities
4. Every member Invites SIX Potential Members to your local monthly meetings this year (If only one decides to join, think of the growth we would have in our footprint)

Please let me know if I can be of assistance to you. I would love the opportunity to assist you with your membership drive .

If any of our locals are struggling with their membership, please let me know as well. Your leadership team is committed to assist you with building and retaining your membership.

I would be happy to assist with mailings to your current and past members.

## PUBLIC RELATIONS

Phyllis Hargrave, Chair

Happy BPW New Year to All!

I am excited to serve as your 2011-2012 Public Relations Chairperson. The first thing President Suzanne asked me to do was to develop a standardized measurement for both the PR and Newsletter Awards for all Locals to use.

Two separate spreadsheets have been developed and are available for review and use via the [www.bpw-ky.org](http://www.bpw-ky.org) web site. Click on **Awards** and look for the Public Relations and Newsletter Awards to find the scorecards for each award.

Copies of these two forms are also being emailed to Local Presidents. I can also email copies to anyone who wants to see them.

These spreadsheets offer Locals a wide variety of ways to earn points towards the State Awards that will be presented at the June 2012 Conference. They will also help Locals to see how active they are promoting themselves and their members.

I look forward to discovering all the many ways locals are using their PR skills and their Newsletters to make BPW more visible in Kentucky.

# Committee Reports

## PROFESSIONAL DEVELOPMENT

Bonny Manning, Chair

The 2011-2012 BPW new year, with President Suzanne Forshee, leading the Kentucky Federation of Business and Professional Women's Clubs, Inc. (KFBPW), is an opportunity for each member to take time to update existing skill sets and to learn new ones.

Participating in the KFBPW Professional Development Program (PDP) is a time to redefine your value to the current job market. Taking this opportunity to evaluate any personal and professional goal, helps you identify any area needing improvement.

Completion of the 10-module training and public speaking series demonstrates your desire to take responsibility for your own training, something viewed favorably by employers.

ALERT: Local Organization (LO) Presidents, this program is a value to your members and will benefit their training and self development. Consider partnering with the Chamber of Commerce in your area for presentation of the program, or with a community college in your area for space and/or participants.

Check out the Kentucky Federation website for an executive summary of the PDP program at [www.bpw-ky.org](http://www.bpw-ky.org).

Contact me to assist you to implement the program, [bonnyman@me.com](mailto:bonnyman@me.com).

## MENTORING

Joanne Story, Chair

I am excited and encouraged pursuant to the opportunity to serve as KFBPW Mentoring Chair. I am truly honored to be able to work with each local in developing a comprehensive, workable Mentoring Plan. As we enter the 2011-2012 BPW year, we will have the opportunity of sharing our knowledge, skills and understanding by mentoring those who need our help. I intend to be a resource to local clubs both to enhance existing Mentoring Programs and to establish new ones. I hope to assist each local in setting up a successful program including the outcomes and benefits, possible pitfalls to avoid, the qualities and skills of successful mentors and mentees, the steps to implement a program, and the roles of mentors.

### ***MENTORING SPIRIT***

**S** - SUCCESS  
**P** - PATIENCE  
**I** - INVOLVEMENT (100%)  
**R** - REALITY AND HARD WORK  
**I** - ISSUES IMPORTANT TO WOMEN  
**T** - TOLERANCE AND TENACITY

## KENTUCKY CARDINAL ADVERTISING

Sharron Belcher and Bettie Wallace, Co-Chairs

Ladies, we have an obligation to sell ads for our Cardinal. Please don't wait until the last issue to get ads sold. As they say, "Why put off until tomorrow what you can do today."

Let's get busy and make our Cardinal better than ever before.

## NOMINATIONS

Susan Campbell, Chair

I want to sincerely thank everybody for their support in my election as Nominations Chair at the terrific State Conference in Bowling Green.

It is my desire to serve you to the best of my ability. If I can be of service at any time, don't hesitate to let me know.

## PRO-RATED MEMBER DUES SCHEDULE

Month Joined in:	Dues to be paid to State:	
	Regular	Student
June	\$22.00	\$13.75
July	\$20.00	\$12.50
August	\$18.00	\$11.25
September	\$16.00	\$10.00
October	\$14.00	\$ 8.75
November	\$12.00	\$ 7.50
December	\$10.00	\$ 6.25
January	\$ 8.00	\$ 5.00
February	\$ 6.00	\$ 3.75
March	\$ 4.00	\$ 2.50
April	\$ 2.00	\$ 1.25

# Local Club News

## Berea BPW

Zayda Flanery, President

I am looking forward to serving Berea BPW this coming year as their President. Our group has big ideas and we are planning to implement some of our ideas this year. Membership will be the main focus.

Berea is planning a busy summer. Our August speaker will be Sharon Cain from FAHE (Federation of Appalachian Housing Enterprises, Inc.). The agency she is working for is very important in this region to the people it serves and we are looking forward to hearing about its many successes.

Our local has been given a great fundraising opportunity. On August 5<sup>th</sup> and 6<sup>th</sup>, our local will be setting up a booth to sell quilt tickets at the quilt extravaganza in Berea. People from all over Kentucky and surrounding areas will be attending.

One of the most exciting events of our year is always the Rudolph auction. We have started planning for the auction to be held December 6<sup>th</sup> at the Smokehouse Grill in Berea. Flyers and advertising will be distributed. We hope many B&PW members will attend.

## Princeton BPW

Bettie Wallace, President

I want to tell everyone how much we enjoyed the State Conference. We are looking forward to the leadership of our new President Suzanne Forshee.

The annual Tiny Miss and Master Beauty Pageant will be held in August. This is a good fund-raiser for our organization. Our program chair, Jennifer Nelson, has secured a good list of programs for the coming year that will be a great help to our members. We continue to seek new members and advance the cause of BPW.

## Paducah River City BPW

Tammy Owen, President

I would like to say congratulations to every member of the Paducah River City on our awards received at the state convention. The Paducah River City BPW club received the Membership: Highest Increase award, and the Overall Membership award. We could not have done this without the participation of ALL members!!! New officers were elected in April and installed at our June meeting. New officers for the year are: President: Dr. Tammy Owen, President-Elect: Rayla Bridges, Secretary: Laura Schaumburg, and Treasurer: Crystal Reid. We are excited about our partnership with The Paducah Sun, and the selection of the 2011 Woman of Achievement program. The Paducah Sun and the Paducah River City BPW will be accepting nominations for outstanding business women until August 26, 2011. There will be a luncheon to honor our nominees and the recipient of the Woman of Achievement Award during National Business Women's Week in October. Our emphasis for the next year will be the launch of the Aspiring Professional and the Professional Development programs.

## Hopkins County BPW

Wanda Crowe/Nena Matheny, PR Committee Co-Chairs

New officers were elected in April and installed at our May meeting. Sharon Smith is our new local president and she is excited about the upcoming year. Sharon has many ideas and plans for our club to increase membership and become more visible in the community. In June we presented our annual BPW scholarship to recipient Nadine Montz. Nadine works part-time, volunteers with our Junior Miss program, and attends Madisonville Community College. Five members attended the KFBPW state conference in Bowling Green. Our members serving at the state level: Patti Fallin holds the appointed office of KFBPW Parliamentarian, Kentucky Cardinal Editor, and Website manager; Beth Moore is KFBPW Bylaws Chair. Members have volunteered for local committee chair/committee member assignments and we are ready for the challenges of the new year.

## Glasgow BPW

Betty Driver, President

As President, I selected "Life is But a Journey" as our theme this year. We have a lot to celebrate as we travel each day on the road of life.

Officers installed at the May 5th meeting are: Betty Driver, President; Sherrie Burgess, President Elect; Annetta Hunter, Vice President; Dawn Boyter, Treasurer; Debbie McCandless, Recording Secretary; and Krissie Coe Fields, Parliamentarian. They are excited about leading the club this year and their ultimate desire is to make the club the best it can be.

Ten members attended the State Convention in Bowling Green, with our own Janis Turner, KFBPW President, presiding. We received several certificates and awards. Needless to say, we were very proud of Janis and our club. We have many people who tirelessly give their time, energy and talents to serve in various ways at local, regional, and state level.

Our journey will include mentoring the WKU-Glasgow Club. The first of two membership drives was held May 9th - 11th at WKU. For the first quarter, we are laying the foundation by focusing on the needs of our organization, kicking off the Professional Development Program, Membership, and gearing up for our long standing, Arts, Crafts, and Gifts Fair.

## Somerset BPW

Sandy Stokley

The Somerset Business and Professional Women's club took to the road recently for their June travel month. About 50% of the membership enjoyed a delicious meal at O'Charley's in nearby Danville Ky. Following dinner, the ladies enjoyed a delightful play at the Pioneer Playhouse. The Pioneer Playhouse is very unique in that it is an outdoor playhouse, so you literally get to watch the drama unfold under the stars. Following the play, the ladies shook hands and took pictures with the talented cast of 39; a suspense filled drama mirroring Alfred Hitchcock and Monty Python. The group plans to travel for more food, fun and fellowship in July.



# Local Club News

## Paducah BPW News

Audrey Lee, President

Paducah BPW is holding its Second Annual Women Celebrating Women event on July 28. The event proved so popular last year that it has more than doubled in size in the participants this year so we moved to a bigger facility.

The event is multipurpose. The idea was to give women a night out on a hot summer night, a cool glass of lemonade, snacks and other things. The club wants to promote women in business and entrepreneurs as well as businesses that cater to women. Small business owners were invited as well as financial planners, the local colleges and health specialists. The idea is to focus on women's health, finances and education.

Participants will include Zumba, the University of Kentucky County Extension, Beijo Handbags and Soul Purpose products, Adelle's Canning Made Perfect, White Financial Consulting, Murray State University, local restaurants and other non-profit organizations.

The event serves as one of our biggest efforts on membership. In addition, some vendors will be donating proceeds from any sales to our scholarship fund.

All BPW clubs are invited to attend. It will be at Cherry Civic Center from 5 p.m. to 8 p.m. on Thursday, July 28.

## NOTICE

To all Members who have not paid their 2011-2012 membership dues - May Day Was Pay Day

State Dues are \$25.00 for regular members and \$15.00 for student members. If you have not received your dues invoice, contact your Local President or contact Millie Lotter, Database Manager for a duplicate invoice. When submitting dues, send them to Treasurer Diane Croney-Turner. Include name, address, phone numbers (home, work, cell and fax) and email address so we can enter the correct information in the database. Membership submittal forms are available on the Website - [www.bpw-ky.org](http://www.bpw-ky.org). Also, indicate if you prefer the electronic version of the Kentucky Cardinal versus a mailed copy.

Members who have not paid by August 1 will be dropped from the state membership roster. For questions, contact Millie Lotter at [mdlotter@insightbb.com](mailto:mdlotter@insightbb.com).

# Regional News

## GREETINGS FROM THE WEST REGION

Kylie Garrett, Director

"WOW" is the only way to describe the state meeting this past June. It was a wonderful weekend of fellowship, food, activities, inspiration and information. The West Region was represented so well and brought home many awards and recognitions!!

Congratulations to all state award winners from the West Region:

Regional Award - West Region - Becky Barrick, Kylie Garrett

BPW/KY Foundation Award - Glasgow BPW

Issues Management - Glasgow BPW

Membership Overall and Highest Increase - Paducah River City BPW

Best Newsletter - Franklin BPW

Cardinal Award - Glasgow BPW

Mentoring Award - Glasgow BPW

Mentoring Individual Award - Becky Barrick, Glasgow BPW

Kentucky Professional Women's Week - Hopkins County BPW (Medium)

Kentucky Professional Women's Month - Hopkinsville BPW (Medium), Glasgow BPW (Large)

Woman of the Year - Merryman Kemp

Remember to put Interim Board on your calendar - November 4<sup>th</sup> and 5<sup>th</sup>. Also make plans to attend the state meeting in June 2012 and help President Susanne meet her challenge of 90+ members in attendance for our 90th state meeting!!!

We hope everyone has a wonderful summer and has an exciting start to a new year in BPW !!!



L-R: Diane Croney-Turner, Treasurer  
Kylie Garrett - Director  
Susan Campbell - Assistant Director  
Absent from photo - Dr. Tammy Owen - Secretary

# Congratulations to our State Convention Award Winners

## **Kentucky Foundation**

Glasgow BPW

## **Kentucky Cardinal**

Glasgow BPW

## **Kentucky Professional Women's Week**

Small Club     Licking Valley BPW  
Medium Club    Hopkins County BPW  
Large Club      BPW/River City, Inc.

## **Kentucky Professional Women's Month**

Small Club     Woodford County BPW  
Medium Club    Hopkinsville BPW  
Large Club      Glasgow BPW

## **Woman of the Year**

J. Merryman Kemp, Paducah BPW

## **Business Equity**

Maysville Community & Technical College,  
Licking Valley BPW

## **Woman of Achievement**

Ann Sleet, Danville BPW

## **Mentoring Award**

Glasgow BPW

## **Issues Management**

Glasgow BPW

## **Legislation**

Licking Valley BPW

## **Giraffe Award**

Licking Valley BPW

## **Membership - Highest Increase**

Paducah - River City BPW

## **Membership - Overall**

Paducah - River City BPW

## **Plus 5**

Lily Jo Morris  
Joanne Story

## **Newsletter**

Franklin BPW

## **Public Relations**

Licking Valley BPW

## **Aspiring Professional**

Trish Herron, South Central Region

## **Regional Excellence Award**

West Region – Becky Barrick & Kylie Garrett

## **President's Excellence Award**

Tammy Cundiff, Somerset BPW

**Imagine**  
With all  
**Believe**  
YOUR mind.  
With all  
**Achieve**  
YOUR heart.  
With all  
YOUR might.

# INTERIM BOARD 2011

**November 4th & 5th**

***Barren River Lake State Resort Park  
1149 State Park Road  
Lucas, KY 42156***

<http://parks.ky.gov/findparks/resortparks/br/>

The Resort is located only 12 miles from Glasgow, KY and near Kentucky's famous cave area, which includes Mammoth Cave National Park, the longest cave system in the world. Driftwood Restaurant, located inside the resort, boasts an excellent array of entrees and KY Proud products. Other features of the resort in November include outdoor walking and jogging trails and 18 Hole Golf Course.



**LOUIE B NUNN CUMBERLAND PKWY via EXIT 43 on I-65  
Take the US-31E exit, EXIT 11, toward GLASGOW/  
SCOTTSVILLE  
Turn RIGHT onto US-31E S, Drive 11.2 m  
Turn RIGHT onto STATE PARK RD & Follow the Signs**

**KFBPW** Kentucky  
Federation  
of  
Business and Professional  
Women's Clubs, Inc.

Interim Board Contact:  
**Chair, Betty Driver  
215 Hidden Forest Road  
Glasgow, KY 42141**

**bbdriver@glasgow-ky.com  
270.651.6477  
270.590.8490**

*Ben Rogers and Brian Driver*  
for all your legal needs.

1-800-523-6281  
270-651-2258  
Fax: 270-651-1716

**“Rogers and Driver Attorneys At Law supports the Glasgow B&PW Women’s Club,  
especially, Brian’s mother, Betty Driver, President.”**



Glasgow B&PW officers are from left, Dawn Boyter, treasurer; Annetta Hunter, vice president; Betty Driver, president; Sherrie Burgess, president-elect; Debra McCandless, secretary; and Krissie Coe Fields, parliamentarian.

**ROGERS & DRIVER**  
**ATTORNEYS AT LAW**

102 East Public Square  
Glasgow, Kentucky

[rogersanddriver.com](http://rogersanddriver.com)

*Car Wreck Injuries*  
*Work Injuries*  
*Wrongful Death*  
*General Practice*





# Calendar of Events

## July

- 29-30 Women's Professional Empowerment Alliance Celebration  
Sponsored by BPW Minnesota  
Hilton Minneapolis/St. Paul Airport Mall of America, 3800 American Blvd East, Bloomington, Minnesota

## August

- 13 KFBPW Executive Committee meeting (Conference Call)

## September

- 15 *Kentucky Cardinal* deadline

## October

- All Month Breast Cancer Awareness and Domestic Violence Awareness Month  
17-21 National Business Women's Week  
29 KFBPW Executive Committee meeting (Conference Call)  
31 **Deadline** for BPW/KY Foundation Scholarship Application

## November

- 1 **Deadline** for KY Nominations Chair to notify locals of February 15 deadline  
4 Executive Committee Meeting, Barren River Lake State Resort Park, Lucas, KY  
4-5 KFBPW Interim Board of Directors Meeting, Barren River Lake State Resort Park, Lucas, KY  
8 Election Day

## December

- 1 *Kentucky Cardinal* deadline  
1 **Deadline** for proposed Bylaws revisions to State Bylaws Chair

## January, 2011

- 1 State Bylaws Chair forwards proposed revisions to the Executive Committee  
14 KFBPW Executive Committee meeting (Conference Call)

## February

- 15 **Deadline** for state office nominations

## March

- All Month Women's History Month  
All Month Kentucky Professional Women's Month  
10 KFBPW Executive Committee meeting  
15 *Kentucky Cardinal* deadline  
31 North Central Region Meeting - Harrodsburg

## April

- 14 West Region Meeting – Franklin  
20 Equal Pay Day  
21 South Central Region Meeting - Middlesboro  
30 BPW/KY Foundation Scholarship Application deadline

## May

- All Month Military Appreciation Month  
1 **Deadline** for All Local and Regional Award Submissions; Regional PD/AP information to State PD and AP Chairs  
6 **Deadline** for Committee Chairs to submit list of clubs who submitted reports for awards at State Conference to State President for certificate preparation  
20 **Deadline** for Committee Chairs to submit final list of Awards Winners to State President for preparation of awards  
31 KFBPW Executive Committee Dinner, Holiday Inn University Plaza, Bowling Green, KY 42103

## June

- 1-2 KFBPW Annual Conference, Holiday Inn University Plaza, Bowling Green, KY 42103

## KFBPW Local Organization Presidents – 2011-2012

*2010-2011 Presidents are in Red*

Local President	Name	Address	Home Phone	Business Phone	Cell Phone	Fax	E-Mail Address
Berea	Zayda Flanery	563 Red Lick Road, Berea, KY 40403	859-986-7420	606-256-5923	859-339-9291	606-256-3472	zayda25@yahoo.com
BPW/River City, Inc.	Jennifer Morrison	9700 Ormsby Station Rd, Ste. 200; Louisville, KY 40223		502-815-5131	502-939-3436		jennifer.morrison@usi.biz
Campbellsville	Monica Hamilton	975 Christensen Lane; Campbellsville, KY 42718	270-469-6190	270-465-4196			monica.hamilton@taylorcountybank.com
<i>Central City</i>	<i>Helen Arnold</i>	<i>406 Ash Street; Central City, KY 42330</i>	<i>270-543-3881</i>				<i>harmold@oxfordresources.com</i>
Danville	Mimi Becker	235 Maple Ave., Danville, KY 40422	859-236-1896		859-691-0316		mimi.becker@burgin.kyschools.us
Fort Harrod	JoEtta Wickliffe	824 Hideaway Circle E. #322; Marco Island, FL 34145	239-642-4927				yankwick@embarqmail.com
Franklin	Marsha Herndon	213 Stephens Hill Rd.; Franklin, KY 42134			270-776-4332		marsha@marshaherndon.com
Glasgow	Betty Driver	215 Hidden Forest Rd., Glasgow-KY 42141	270-651-6477		270-590-8490		bbdriver@glasgow-ky.com
Hopkins County	Sharon Smith	2620 Wesco Drive; Madisonville, KY 42431	270-825-4606	270-821-4519	270-871-3744	270-821-1932	mmsmith@bellsouth.net
Hopkinsville	Dorothy Tolliver	10565 Jefferson Davis Hwy.; Pembroke, KY 42266	270-886-2101	270-885-3179		270-885-3692	
Lawrenceburg	Donna Seeberger	340 Eagle Drive; Lawrenceburg, KY 40342	502-839-3368	502-564-5620	859-797-5273	502-564-5219	donna.seeberger@ky.gov
Licking Valley	Carla Hamey	122 Wilson Avenue; Cynthia, KY 41031	859-234-9753	859-234-7133		859-234-7139	carlahamey@hotmail.com
<i>Mayfield</i>	<i>Dorothy Carlisle</i>	<i>4345 State Route 131; Mayfield, KY 42066</i>	<i>270-658-3739</i>	<i>270-247-6800</i>		<i>270-251-9786</i>	<i>carlisle@wk.net</i>
<i>Middlesboro</i>	<i>Meryl Ward</i>	<i>20 Ennismore Drive; Middlesboro, KY 40965</i>	<i>606-248-2251</i>	<i>606-248-2251</i>		<i>606-337-3138</i>	<i>Brandy.miracle@ky.gov</i>
Owensboro (Contact)	Lisa Prendergast	2203 Venetian Way; Owensboro, KY 42301	270-691-0502	270-683-4513	270-925-0853	270-683-4565	MLPrender73@bellsouth.net
Paducah	Audrey Lee	825 Madison Street; Paducah, KY 42001	270-444-9151	270-575-7285	*270-210-5195	270-575-7055	Audrey.lee@ky.gov
Paducah River City	Dr. Tammy Owen	4810 Alben Barkley Drive; Paducah, KY 42002		270-534-3476		270-554-6222	tammy.owen@kctcs.edu
Princeton	Bettie Wallace	11240 S. Jefferson Street; Princeton, KY 42445	270-365-2324		270-625-0341		bettiewallace1781@att.net
Russell County	Lindsey Wilson	P. O. Box 203; Russell Springs, Ky. 42642		270-866-3111	270-566-0201	270-866-3112	lindsey.wilson.m9sn@statefarm.com
<i>Shelby County</i>	<i>Elizabeth Nichols</i>	<i>1313 W. Washington St. #3; Shelbyville, KY 40065</i>		<i>502-647-3774</i>	<i>502-321-3292</i>		<i>elizabeth.nichols08@gmail.com</i>
Somerset	Tammy Cundiff	1126 S Hwy 27; Somerset, KY 42501		606-676-0000	502-639-0263	606-679-6808	tammy@tammycundiff.com
Somerset Samothrace	L.J. Morris	Send all correspondence to: Joanne Story, SCC Samothrace Faculty Sponsor Professor; Somerset Community College 808 Monticello Street; Somerset, KY 42501					joanne.story@kctcs.edu
Springfield	JoAnne Mudd-Miller	P.O. Box 295 Springfield, KY 40069		859-336-3903	859-481-3209		jojoweakley@yahoo.com
Stanford	Peggy Orberson	144 Edgewood Dr, Stanford, KY 40484	606-365-9408		859-749-0704	606-365-9408	peggy6@bellsouth.net
WKU - Glasgow Samothrace	Emilee Bailey	114 Sporrان Way; Glasgow, KY 42141	270-576-6081				emilee.bailey@topper.wku.edu
Woodford County	Brenda Richards	P.O. Box 4146, Midway, KY 40347	859-846-4471	502-875-5983		502-875-4110	br6555@att.com

## 2011-2012 KFBPW Executive Committee

State Office	Name	Address	Home Phone	Business Phone	Cell Phone	Fax	E-mail Address
President	Suzanne Forshee	121 Hunters Crossing, Franklin, KY 42134		270-781-6400	*270-776-3773	270-438-4025	suzforshee@gmail.com
President-Elect	Jerilyn Hippler	1219 Autumn Oaks Dr, Franklin, KY 42134			270-776-3238	888-398-8769	jerilyn.hippler@gmail.com
Vice President	Amanda Ishmael	P.O. Box 773, Cynthia, KY 41031	859-235-8347	859-472-7000	859-588-0719		sharpmissishee@hotmail.com
Recording Secretary	Millie Lotter	420 Westfield Lane, Henderson, KY 42420	270-827-2677		270-823-2103		mdlotter@insightbb.com
Treasurer	Diane Grony-Turner	26 Harton Place; Hopkinsville, KY 42240	270-885-1425	270-886-6341	270-881-0265	270-885-6078	diane.c@pacs-ky.org
Parliamentarian	Patti Fallin	2729B Green River Rd, Henderson, KY 42420	270-827-8741	270-844-6009	270-860-5957	270-844-6023	pfallin@insightbb.com
Executive Assistant	Cathy Hughes	610 Kerry Ct., Franklin, KY 42134		270-745-1771	270-791-3688	270-467-1277	highesj@bellsouth.net

## 2011-2012 KFBPW Regional Leadership

Regional Leadership	Name	Address	Home Phone	Business Phone	Cell Phone	Fax	E-mail Address
North Central Director	Violet Clark	5913 Whispering Hills Blvd., Louisville, KY 40219	502-968-8785		502-296-5766		Vclark2009@gmail.com
North Central Assistant Director	Mimi Becker	235 Maple Ave., Danville, KY 40422	859-236-1896		859-691-0316		mimi.becker@burgin.kyschools.us
South Central Director	Wanda Washington	363 Sharon Dr.; Campbellsville, KY 42718		270-465-9636		270-403-3570	wanda@teamtaylorcounty.com
South Central Assistant Director	René Poitra	390 Forest Trail Drive; Berea, KY 40403	859-986-5816	502-564-5625	859-404-1230		riley1971@windstream.net
West Director	Kylie Garrett	2763 Bristletown Rd, Glasgow, KY 42141	270-678-7197	270-651-7255	270-670-1315	270-651-7055	kylie.garrett@topper.wku.edu
West Assistant Director	Susan Campbell	111 Deerfield Dr.; Princeton, KY 42445	270-365-3870	270-365-5588	270-963-0892		susanc49@att.net

## 2011-2012 Kentucky Foundation Board of Trustees

Name	Address	Home Phone	Business Phone	Cell Phone	Fax	E-mail Address
Debrah Pierce, Chair	1009 Fox Hollow Drive, Lawrenceburg, KY 40342	502-839-8777	502-582-3056	502-445-8169	502-582-1079	piercedv@aol.com
Donna Seeberger, Vice Chair	340 Eagle Drive, Lawrenceburg, KY 40342	502-839-3368	502-564-5620	859-797-5273	502-564-5219	donna.seeberger@ky.gov
Brenda Baker, Secretary	400 Clubside Drive, Stanford, KY 40484	606-365-9362	606-365-4264	859-749-2247	606-365-7243	brenda.baker@pbkbank.com
Peggy Orberon, Treasurer	144 Edgewood Dr, Stanford, KY 40484	606-365-9408		859-749-0704	606-365-9408	peggy6@bellsouth.net
Joanne Story, Scholarship	380 Beauchamp Blvd., Somerset, KY 42503	606-561-5338	606-451-6654	606-875-3200	606-451-6944	joanne.story@kctcs.edu
Diane Grony-Turner	26 Harton Place; Hopkinsville, KY 42240	270-885-1425	270-886-6341	270-881-6078		diane.c@pacs-ky.org
Betty Dozier	104 Woodford Village Dr., Versailles, KY 40383-1441	859-873-5370				
Zayda Flanery	563 Red Lick Road, Berea, KY 40403-9644	859-986-7420	606-256-5923	859-339-9291	606-256-3472	zayda2@yahoo.com
Suzanne Forshee	121 Hunters Crossing; Franklin, KY 42134		270-781-6400	*270-776-3773	270-438-4025	suzforshee@gmail.com

## 2011-2012 KFBPW Leadership Team

### *Standing Committees*

<b>Committee</b>	<b>Chair</b>	<b>Address</b>	<b>Home Phone</b>	<b>Business Phone</b>	<b>Cell Phone</b>	<b>Fax</b>	<b>E-Mail Address</b>
Aspiring Professional	Cathy Hughes	610 Kerry Ct., Franklin, KY 42134		270-745-1771	270-791-3688	270-467-1277	highesj@bellsouth.net
Bylaws	Beth Moore	600 Buntin Schoolhouse Road, Manitou, KY 42436	270-249-3739	*270-824-8610	270-871-5725	270-824-8642	beth.moore@kctcs.edu
Finance	Brenda D. Gunn	1528 Garland Avenue, Louisville, KY 40210	502-585-5390				MsGunn3051@insightbb.com
Issues Management	Donna Seeberger	340 Eagle Drive, Lawrenceburg, KY 40342	502-839-3368	502-564-5620	859-797-5273	502-564-5219	donna.seeberger@ky.gov
Legislation	Violet Clark	5913 Whispering Hills Blvd., Louisville, KY 40219	502-968-8785				Vclark2009@gmail.com
Membership	Janis Turner	100 Victorian Way; Glasgow, KY 42141	270-651-4954	270-651-3543	270-576-3560	888-832-9724	jturner@pbibank.com
Professional Development	Bonny Manning	P. O. Box 4909, Louisville, KY 40204	*502-895-7096	502-553-4372			bonnyman@me.com
Public Relations	Phyllis Hargrave	1411 Vixen Court, New Albany, IN 47150-9658	812-944-4411		502-468-7208		uofl_fan@insightbb.com

### *Special Committees and Task Forces*

<b>Committee/Task Force</b>	<b>Chair</b>	<b>Address</b>	<b>Home Phone</b>	<b>Business Phone</b>	<b>Cell Phone</b>	<b>Fax</b>	<b>E-Mail Address</b>
BPW/KY Foundation Board	Debrah V. Pierce	1009 Fox Hollow Drive; Lawrenceburg, KY 40342	502-839-8777	502-582-3056	502-445-8169	502-582-1079	pierced@aol.com
Database Manager	Millie Lotter	420 Westfield Lane, Henderson, KY 42420	270-827-2677		270-823-2103		mdlotter@insightbb.com
Expansion Task Force	Becky Barrick	2833 Bristletown Rd, Glasgow, KY 42141	270-651-2509	270-651-7255	270-646-8848	270-651-7055	awards@glasgow-ky.com
Interim Board Contact	Betty Driver	215 Hidden Forest Rd., Glasgow-KY 42141	270-651-6477		270-590-8490		bbdriver@glasgow-ky.com
Internal Auditor	Peggy Orberson	144 Edgewood Dr, Stanford, KY 40484	606-365-9408		859-749-0704		peggy6@bellsouth.net
Ky Cardinal Editor	Patti Fallin	2729B Green River Rd, Henderson, KY 42420	270-827-8741	270-844-6009	270-860-5957	270-844-6023	pfallin@insightbb.com
Ky Cardinal Advertising Co-Editors	Sharron Belcher	714 West Main Street; Princeton, KY 42445	270-365-4447	270-625-4916			sharronlb@bellsouth.net
	Bettie Wallace	11240 S. Jefferson Street; Princeton, KY 42445	270-365-2324		270-625-0341		bettiewallace1781@att.net
KY Professional Women's Week	Megan Damron	47 Haynes Knob Rd.; Somerset, KY 42501-5723	606-382-5975	606-677-1222	*606-271-0619	606-679-4537	mdamron@bbandt.com
Legal Advisor	Audrey Lee	825 Madison Street; Paducah, KY 42001	270-444-9151	270-575-7285	*270-210-5195	270-575-7055	Audrey.lee@ky.gov
Mentoring	Joanne Story	380 Beauchamp Blvd., Somerset, KY 42503	606-561-5338	606-451-6654	606-875-3200	606-451-6944	joanne.story@kctcs.edu
Nominations	Susan Campbell	111 Deerfield Dr.; Princeton, KY 42445	270-365-3870	270-365-5588	270-963-0892		susanc49@att.net
State Convention Contacts	Pam Womack	325 Boat Ramp Road, Franklin, KY 42134	270-586-8097	270-586-4261	270-776-1033	270-586-0278	pva1995@gmail.com
	Brownie Bennett	623B Sunnyside Drive, Franklin, KY 42134	270-586-8911	270-586-4481	270-776-5783	270-586-0600	bbennett852@hotmail.com
Website	Patti Fallin	2729B Green River Rd, Henderson, KY 42420	270-827-8741	270-844-6009	270-860-5957	270-844-6023	pfallin@insightbb.com