



THE KENTUCKY CARDINAL

KENTUCKY FEDERATION OF BUSINESS & PROFESSIONAL WOMEN'S CLUB, INC.

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January 2024

2023-2024 Officers

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President's Message



Laura Tyree
2023-2024 KFBPW President

Happy New Year! Thank you to all who attended the 101st Interim Board of Directors Meeting in my home town of Franklin. On Friday, a region planning session was held to plan for upcoming spring regional meetings. We also enjoyed hearing from our guest speaker, Jane Lewis. And some may have even found time to visit the gaming hall.

As we enter 2024, we need to prepare for our busy upcoming BPW schedule.

- It is time to start thinking about running for a state office. If you are interested, submit your paperwork to Lillian Bland, Nominations Chair, by February 15, 2024. The fillable nominations form can be found on the website at <http://www.bpw-ky.org>.
- Mark your calendars and make plans to attend Lobby Day 2024 in Frankfort on Wednesday,

February 15th. This is a wonderful opportunity to learn about the legislative process, meet with your Representative and/or Senator, plus observe the House and Senate in session. Meryl Ward, Issues Management/Legislation Chair, will be providing more information in January.

- I encourage each local to plan an Equal Pay Day event in your area in April.
- Region meeting schedules are as follows: West Region March 16th; South Central April 13th; and North Central April 20th. Directors, please get your meeting place and agenda locked in as soon as possible, and remember to include the Executive Committee.
- April 30th is the deadline for Kentucky Foundation Scholarship Applications. All applications must be postmarked by April 30th. The Grant Application can be found on the KFBPW website: <http://www.bpw-ky.org> under the Foundation tab.
- May 20, 2024 is the deadline for all local award submissions.
- Region Directors should submit Region Level Professional Development and Aspiring Professional winners (top 2 compete at state) to state chairs after each region meeting.
- The 100th State Conference will be held June 21-23. More information will be coming.

Again, I would like to wish you a very wonderful New Year!

Laura Tyree

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Officer Reports

Cathy Hughes

President-Elect

I hope this message finds you all well and that you've had a wonderful holiday season.

Now it's time to get down to business for the new year. Have you ever considered being more involved in KFBPW? Now is the time to step up and see what it's all about and to help us grow this organization. I am looking for committee chairs for the 2024-25 year. I am so looking forward to being your President and want a great team with me, so please reach out and let me know what you want to do. There is a Volunteer form on page 11 and 12 of this newsletter. Also, if you've considered serving as an officer, make sure to get your paperwork into the Nominations Chair as soon as possible. Deadline is February 15th.

Thanks for all you do for this organization, I am so proud to serve with you all!

Region News



West Region

Brooke Archila, Director

Our West Region Annual Meeting will be in Hopkinsville, KY on March 16! Our theme this time is "BPW: Gold at the End of the Rainbow." Wear your brightest colors and join us for a great time of fun, fellowship, and networking! Save the date! And watch your emails for further information!





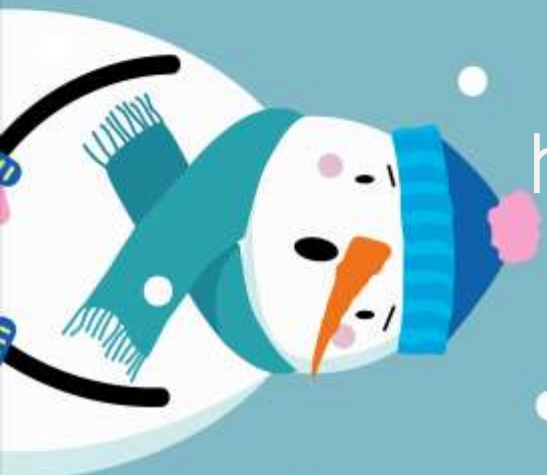
Ginny



Amanda



Laura



Sharon

Wishing you
joy of family,
happiness of friends
and
peace, health and
prosperity
in the coming Year



Cathy



Brooke



Patti



Committee Reports

ASPIRING PROFESSIONAL

Ally Clay, Chair

Aspiring Professional is a program designed to help young career individuals further develop their communication and public speaking skills. This will also help to build self-esteem while recognizing their professional, personal, and political achievements. The program seeks to educate participants about BPW through mentoring and encourage them to become members (or deepen their current commitment).

What are the criteria to compete?

- 41 years or younger, inclusive on the date of state competition.
- Have been employed or interned in business or a professional career path with at least one year of full-time work experience in that career area.
- Living, working, training, or continuing her/his education in the area served by the sponsoring local organization conducting the program.
- Support the KFBPW mission, vision, and legislative platform.
- Review the legislative platform and pledge that they will not speak against platform items in their capacities as Aspiring Professional Representatives.

What do competitors have to do?

- Have a 4-minute prepared speech on the topic chosen below.
- Have an interview with a panel of judges.
- Compete or be chosen to win at the local level, then compete at the regional level (top 2 go to state) and then come to State Conference to compete.

What is this year's topic?

With the high demands currently being placed on the workforce and maintaining other obligations, what do you feel can be done to achieve a healthy work life balance?

For more information, checkout the BPW website - www.BPW-KY.org or contact Aspiring Professional Chair Ally Clay at Altasia.clay@gmail.com.

BYLAWS

Debrah Pierce, Chair

Happy Holidays! Each Local Organization (LO) is requested to review and update their bylaws and submit the signed Bylaws Approval Letter (www.bpw-ky.org) to the KFBPW Bylaw Chair for approval by the KFBPW President. LO Bylaw Approval Letters are accepted through January 2024.

As a reminder, the LO Bylaws are required to be reviewed and approved annually. The copy of the signed approval letter

is retained in a permanent KFBPW file. Each LO is encouraged to review their 2023-2024 Bylaws and to submit the signed bylaw approval letter.

The KFBPW Bylaws Committee is accepting proposed amendments to the KFBPW Bylaws. See ARTICLE: XXIII: AMENDMENTS, Section I, for the specific procedure as follows:

Section 1. These bylaws may be amended at an annual conference by a two-thirds vote. Amendments may be proposed only by the Executive Committee, Board of Directors, by region, by a local organization, or by a Bylaws Committee.

As a member of the Federation, you have an opportunity to propose an amendment to the Federation bylaws through the local, region or state avenue.

Take this opportunity to learn a new bylaw drafting skill and to participate in the governance of your BPW Federation. Send questions and concerns to : Debrah Pierce, piercedv@aol.com.

KENTUCKY FOUNDATION

Diane Crony-Turner, Board of Trustees Chair

Greetings from KBPW Foundation Board of Trustees! My, this year has flown by. The KBPW Board of Trustees met on Tuesday, October 24, 2023 to review scholarship applications for the fall semester. We were able to award a total of \$3,000.00 for two students that want to become RNs, totaling \$6,000.00.

If you were unable to attend the KFBPW Interim Board in November, the Foundation raised \$1,790.00 from contributions, bags, fudge, and auction items. The Foundation fundraiser event was fun and everyone had a great time.

We are asking members to make a donation to the Foundation Promise Campaign. All the Promise Campaign monies go to assist in awarding scholarships twice a year.

If you would like to make a donation, make check payable to KBPW Foundation Promise Campaign and mail to: KBPW Foundation, c/o Patti Fallin, Treasurer, 107 S. Harrig St., Madisonville, KY 42431. Just a reminder the KBPW Foundation is a 501(c)3 Foundation, meaning donations are tax deductible.

If you know of someone attending college, have them to go to bpw-ky.org under Foundation tab for scholarship application and submit to Brooke Archila, Scholarship Chair, and mail to 184 Holiday Pl., Madisonville, KY 42431. The deadline is April 30, 2024.

Reminder, we have the Betty Hinz Fund available for communication workshops and events. Applications with budgets should be submitted to crony0803@gmail.com at least a month before the event and earlier if possible.

KBPW Foundation Board of Trustees wishes everyone a Happy New Year.



Local News

CAMPBELLSVILLE BPW

Karrell Wilkerson, Vice President

Campbellsville members have been busy since summer attending local meetings focusing on investments and other Community Civic meetings. We are celebrating our 94th year as a club. The first business meeting was held in Merchant Tower (see photo).



We co-hosted a Women in Business Luncheon with 183 ladies in attendance with door prizes and gift basket from local merchants. Our speaker was Devanny King, Director of Women's Business Center of Kentucky at Swan's Landing Event Center. Music was performed by Campbellsville University students.

In November, Kellie Jones from Taylor County Long Term Disaster Relief Program, spoke on the effects of the 2021-22 tornados. We take pride in participating in the Campbellsville Kentucky National Guard send off by assisting and coordinating gift bags for the families during the ceremony. We sponsor a local Angel Tree child and will participate in Slippers for Seniors project. January will bring us to our Feed Me Friday program with a speaker from the Green River Ministries Homeless Shelter. As most, we looked forward to our Christmas Dinner graciously hosted in Secretary Karen Gardner's home and catered by another female entrepreneur. We wish you a Happy New Year. God Bless!

FRANKLIN BPW

Ally Clay, President

Franklin BPW has been busy in the last few months with KPWW/NBWW activities, our Christmas party, and helping other organizations in our community. In the past couple of months, we've worked and donated lunch for a local organization that provides weekly hot meals to those less fortunate, participated in local Christmas Parade, and assisted in wrapping all the presents donated to our local Boys and Girls Club. We also supported our local 4H by sponsoring and presenting an award at their annual banquet.

We were so happy and excited to recognize the wonderful women in our community during our local eye opener event and KPWW celebrations. We also provided opportunities for our membership to meet and greet through a book club meeting, Ladies Day participation, luncheon, and trip to the Women's Monument in Tennessee!

FORT HARROD BPW

Rosalind Turner

The Fort Harrod Business and Professional Club has been busy the past few months learning more about the medical services available in our area and how to deal with medical emergencies such as strokes. The club has had several speakers from Ephraim McDowell James B. Haggin Hospital to offer advice, tips and other helpful information. Especially appreciated were discussions on warning signs and what to do medical emergencies.

The club has continued its focus on community service with its nonstop efforts to help those less fortunate. Members have continued to contribute nonperishable food items for the blessings boxes. These donations are available for anyone who is in need of food. The club continues to donate gently used shoes for Waterstep, which uses funds from the donations to fund safe drinking water projects all over the world.



Beginning in November, members began to collect and donate coats for the local Coat Rack. The coats are left at designated racks in the community that are accessible 24 hours a day to anyone in need of a warm coat.

HERITAGE BPW

Peggy Orberson, President

Greetings from Heritage BPW: We've accomplished a lot in spite of the rainy/cold weather. Our KPWW events included recognizing our honorees at a reception and attending church with a member. We also had proclamations recognizing the week, a coffee social, and other activities.

Programs included very interesting speakers from the Legislative Research Commission and a breast cancer survivor. **December wouldn't be complete without our annual candy making and fun get together, our nut sale fundraiser, bell ringing, and the Jingle Bell Jog table that we man.**

In January and February, we hope to catch our breath and hear from our Aspiring Professional candidate, and a fellow member talking about her experience with her heart health. We will also be making plans for Equal Pay Day Activities.

Everyone stay warm and see you at Region and State meetings!



Local News

HOPKINS COUNTY BPW

Brianna Crowley, President

Hopkins County BPW has been very busy since last we corresponded. We had a fantastic KPWW week. Our banquet was sponsored by member Cindy Kelley; we celebrated our Emblem Luncheon at a local woman-owned restaurant; and we played bingo for family night. Proclamations were issued from the City of Madisonville and Hopkins County Fiscal Court and we highlighted our Sheroes on our Facebook page. We also collected funds for our local health department, which will be used to help women receive necessary mammograms.

In November, we had a very interesting program on Fraud. Our Speaker covered several types of fraud and scams that he is seeing in our small rural county. It was a very informative training and we had lots of questions.

Thank you to Julie Franklin for hosting our annual Christmas party. A good time was had by all and a lively round of Dirty Santa added to the fun-filled evening. As club president, the charity I chose to assist this Christmas is the Dolly Parton Imagination Library.

I hope everyone had a wonderful Christmas and New Year's spent with family and friends.

HOPKINSVILLE BPW

Diane Crony-Turner, President

In December we had members to participate in Christmas at the Bend event at Jeffers Bend Environmental Center with over 150 participants. The children as well as adults took pictures with Santa and had fun participating in other events.

Hopkinsville BPW lost member, Karen Drennan on Friday, October 6, 2023. Hopkinsville is requesting members to continue to be in prayer for the KFBPW membership and all clubs who continue to experience the loss of members. Be in prayer for the world, nation, federal, state, and local government officials that they make the correct decisions, schools, students, teachers, bus drivers, cafeteria workers, care givers, our local communities, doctors, nurses, etc.

Hopkinsville BPW Members wish everyone a Happy New Year.

RUSSELL COUNTY BPW

Barbara Sharpe, President

The Russell County Local hosted their semi-annual BPW Vendors Fair in December and it was a huge success! We had 25 different vendors selling different products. The vendors were excited and are already asking about participating in the next one. Our next Vendors Fair will be on March 16, 2024. This is one of the best fundraising activities that we do to provide funds for our college scholarships. There will not be a monthly meeting in December, but we will pick back up in 2024! **I'm excited to see what the new year brings. With all of the hustle and bustle of shopping, gift giving, eating and visiting, let's not forget the true meaning of CHRISTmas.** Happy New Year to everyone from the Russell County BPW!

WOODFORD COUNTYBPW

Laura Gray

Ring out 2023 and ring in 2024, means reflecting on the accomplishments of the Woodford County BPW. Our group has been busy every month this year and our focus has been helping others, supporting our members, and creating opportunities for each of us to grow and give.

After a very successful October honoring and celebrating outstanding women, we headed into November by enjoying fellowship at the Keeneland Thoroughbred Club in Lexington. Our delicious luncheon was made even better with our guest speaker Karen Weaver of Military Missions. She outlined her **group's goals and encouraged members to support our military** with donations such as individually wrapped snacks, handi-wipes, cans of tuna, and a huge list of products most of us take for granted being right at our finger tips. Our donations are **then mailed to soldiers in much appreciated "care packages."**

December means our annual get together at Quida Michel's beautifully decorated Holly Hill Inn where we enjoy a delightful lunch and games including an ornament exchange.

Ring in 2024 will begin with a meeting and guest speaker from Cinderella's Closet.

Hurray for another wonderful membership in WCBPW.





Local News

SOMERSET BPW

Rikiyah Pryor, President

As we approached the end of another year, the Somerset BPW wanted to take a moment to wish you all a happy and healthy holiday season! During this time of year, it is important to take a moment to reflect on the things that truly matter in life: family, friends, and the relationships we have built along the way.

We are so proud to have had a successful online auction that more than covered our scholarships for next year! We also took time to fellowship with one another at a local, women-owned restaurant in downtown Somerset for Christmas. We challenge you to give back this season, shop local and women-owned if you can, and remember to take time to slow down and show yourself some self-care this season!

As we look ahead to the new year, we are excited to see all that this organization will accomplish. May the spirit of the holidays bring you joy and peace, and may the coming year be filled with health, happiness, and success.

SPRINGFIELD BPW, INC.

Margaret Goatley, President

At our November 28th meeting at Mordecai's Restaurant, the Springfield BPW honored our 3 award winners – Springfield Physical Therapy as Business Supporting Women, Mary Lynne Fenwick as our Woman of the Year, and Kimberly Harmon (the first female to serve as **General Manager at Maker's Mark Distillery**) as our **Woman of Achievement**. The club provided appetizers for a reception to honor these worthy local recipients. We had a wonderful crowd of 60 including many guests of our 3 award recipients. Four people paid their dues and joined our club that evening!

We continue planning our Wine Tasting fundraiser for May 18, 2024.

Wishing all our BPW friends a Happy New Year!



Campbellsville BPW Community Projects

BPW members working with National Guard to take Ind pics and group to be given to families on 12-9-2023.



Karen Gardner, BPW secretary with Kelly Jones, TC Disaster Relief (Karen was Case Mgr for project and Kelly lead and developed our county's first TCDRP)



BPW working to prepare for Women in Small Business Luncheon
BPW organizing 91 gift bags for National Guard Units families to be given at military ceremony on 12-9-2023





Happy New Year!!

From Hopkins County BPW



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AND LOVING IT

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& living happily ever after

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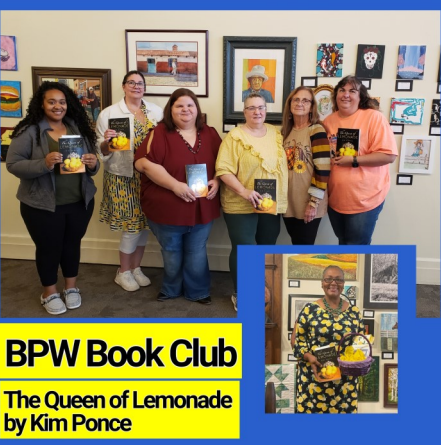
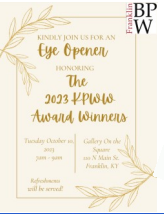
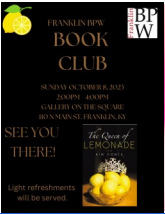


Retired
& living happily ever after

Patti Fallin
107 S. Harrig St.
Madisonville, KY 42431
270-860-5957
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KPWW Photo Recap



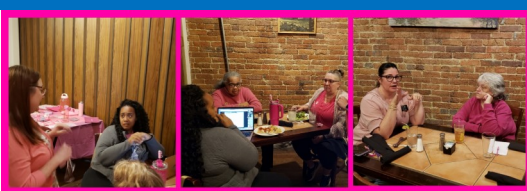
BPW Book Club
The Queen of Lemonade by Kim Ponce



Women's Day Program on Saturday, Oct. 7th
Great program on TIME!!
Speaker Annie Bland was awesome.



On October 10th the Eye Opener for the Franklin BPW was held at the Gallery on the Square.



The KPWW Winners were also announced



Lunch Reception at the Brick Yard Café on Monday, Oct. 9th
Breast Cancer Info., Door Prizes and special gifts for attendees wearing PINK.

Trip to Nashville
To see the Women's Monument and tour the Parthenon



Boo Fest



VOLUNTEER FORM 2024-2025

Below is a brief description of the duties associated with the committees that comprise the KFBPW Leadership Team. Please complete the form provided and indicate your areas of interest.

STANDING COMMITTEES

Aspiring Professional: Coordinate and promote the Aspiring Professional Program on the state level; assist in developing AP programs on local and regional levels; assist regional aspiring professional candidates in preparing for program at State Conference.

Bylaws: Review and approve amendments to local organization bylaws; review the amendments bylaws approved at the annual state conference to determine if any mandatory changes to the local organization bylaws are required; prepare and/or present any proposed state bylaws amendments to the state conference body; inform local organizations of any and all required changes to local bylaws.

Finance: Develop and monitor the annual budget for KFBPW.

Issues Management/Legislation: Responsible for developing KFBPW's legislative platform; Understand and educate members about KFBPW's state legislative platforms; Educate and inform local organizations about the KFBPW issues; Organize program(s) or project(s) around those issues; Identify and inform locals of pending and prospective state and national legislation of particular interest to women and how it relates to our legislative platform and public policy issues; Educate and involve members in the legislative process.

Membership: Responsible for membership retention, recruitment and mentoring; Develop a membership campaign for membership recruitment and retention; Develop and establish a program to provide the opportunity to connect women as both mentors and protégés to share career knowledge and professional experience(s). This position is as much as you can make it!

Professional Development Program: Assist locals in developing and coordinating a Professional Development program and/or competition focusing on increasing women's communication and leadership skills.

Public Relations: Communicate our message and activities to the public by interacting with the media and other organizations and by funneling information and local organization news to media outlets.

SPECIAL COMMITTEES, TASK FORCES & APPOINTMENTS

Database Manager: Update and maintain KFBPW membership database; Create monthly membership report; Generate mailing list for *The Kentucky Cardinal*; Generate mailing labels, membership reports, etc. as requested by local organizations and state leadership.

Kentucky Foundation Board: Willing to serve on the Board of Trustees for a three year term. The Foundation Board is responsible for selecting and awarding scholarships and grants; Solicit funds for scholarships from KFBPW members and locals as well as businesses; hold fundraising events at Interim Board and State Conference.

Interim Board Contact: Coordinate and plan all activities surrounding Interim Board of Directors meeting.

Internal Auditor: Provides the independent check of the financial records of the state organization.

Kentucky Cardinal Editor: Prepare, with input from KFBPW President, all issues of the Kentucky Cardinal for publication; Coordinate advertising sales for *The Kentucky Cardinal*; Urge locals to solicit for advertising and/or obtain advertising contacts; Follow up on all contacts.

Kentucky Professional Women's Week Chair: Organize nominations from local organizations for Woman of Achievement, Women of the Year, and Businesses Promoting Women Award candidates for presentation at State Conference meeting; obtain judges to make selection for state winner.

Legal Advisor: Advise president and Board of Directors on any necessary legal matters.

Social Media Administrator: Coordinate, create, and place content for the federation's social media platforms including Facebook, Twitter, Instagram, YouTube, and LinkedIn; Manage online social media messaging and conversations; Work with the Executive Team about content development, topics, and opportunities

State Convention Contact: Coordinate and plan all activities surrounding the KFBPW State Conference.

Webmaster: Maintain website for KFBPW information, activities and other uses as defined by the Executive Committee.

Return this form to Cathy Hughes, 1107 S. College St., Apt 58B; Franklin, KY 42134. If you have any questions, please contact Cathy at mamahughes1978@yahoo.com or via cell phone at (270) 791-3688

Thank you in advance for volunteering your time and talents!!!

.....

Name _____

Address _____

Phone(s) _____

E-Mail _____

Areas of Interest (check as many as you wish)

- | | | |
|---|---|---|
| <input type="checkbox"/> Aspiring Professional | <input type="checkbox"/> Bylaws | <input type="checkbox"/> Finance |
| <input type="checkbox"/> Issues Management/Legislation | <input type="checkbox"/> Membership | <input type="checkbox"/> Professional Development |
| <input type="checkbox"/> Public Relations | <input type="checkbox"/> Database Manager | <input type="checkbox"/> Kentucky Foundation |
| <input type="checkbox"/> Interim Board Contact | <input type="checkbox"/> Internal Auditor | <input type="checkbox"/> KY Cardinal Editor |
| <input type="checkbox"/> Kentucky Professional Women's Week | <input type="checkbox"/> Legal Advisor | <input type="checkbox"/> Social Media Administrator |
| <input type="checkbox"/> State Convention Contact | <input type="checkbox"/> Webmaster | |

Other areas of interest _____

Calendar of Events - 2024

January

10 State Bylaws Chair forwards proposed revisions to the Executive Committee

February - Black History Month

2 National **Wear Red** Day for Women's Heart Disease Awareness

15 **Deadline** for state office nominations

March - Women's History Month

15 *Kentucky Cardinal* deadline

19 West Region Meeting -Hopkinsville

TBD Equal Pay Day

31 Easter Sunday

April - Autism Awareness Month

13 South Central Region Meeting - Russell County

20 North Central Region Meeting - Woodford County

30 BPW/KY Foundation Scholarship Application deadline

30 Contributions Due to Foundation Treasurer for award recognition

May - Military Appreciation Month

20 **Deadline** for All Local and Regional Award Submissions; Regional PDP/AP information to State Chairs

27 **Deadline** for State Committee Chairs to send list of clubs submitting reports to State President for certificate preparation

June

3 **Deadline** for State Committee Chairs to submit **FINAL** list of Award Winners to State President for preparation of awards

20 KF BPW Executive Committee Dinner

21-22 KF BPW Annual Conference - TBD

